



USA Rugby updates to **Return to Play**

Guidelines:

<http://assets.usarugby.org/docs/medical/USAR-R2P.pdf?v=1600550561783>

- Coaches and administrators are now required to wear masks, earlier versions only recommended social distancing
- Stage 3 now allows non-contact intrasquad scrummage (scrummage between members of the same club)
- Stage 4 now allows limited contact intrasquad scrummage as well as limited-contact inter-squad scrummages. No scrums, rucks, mauls or lifting in line-outs.
- Eliminated the ban on shared equipment, but does encourage sanitizing often of equipment and hands

Different regions within Mid-America are in varying stages. Different States, Counties and Cities are in varying stages. Make sure you are in compliance with your State, County and City guidelines, not just Return To Play.



Fall 2020 Competition Guidelines

Below are some guidelines to make sure your club is adhering to during Fall 2020 training, scrimmages or friendly play.

- 1) ALL CLUBS must adhere to Return to Play, State, County, and City Guidelines and Ordinances. <http://assets.usarugby.org/docs/medical/USAR-R2P.pdf?v=1600550561783>
- 2) **Any Club having Competitive Play (Formal or Friendly play of multiple teams) MUST be in Stage 5 of “Return To Play Guidelines”**
- 3) Mid-America GU recommends that clubs who play a friendly competition take off a week between playing again. (On a week / off a week)
- 4) Referees - if a referee is requested for a Friendly match they must be requested through MARRS Chairman - Aaron Haehn, at least 2 weeks prior to a match. Referees will not be assigned otherwise.
- 5) Payment of Referee - is the responsibility of the HOME club to pay referee at the time of the match, for match fee and mileage (\$70 / match and \$0.35 / mile)
- 6) Use of “ Club Referee” is allowed and that referee may forgo payment, must must be registered with USA Rugby
- 7) ALL PLAYERS, COACHES & REFEREES who are practicing must be registered with USA Rugby for a minimum of a “Training Membership” - this is to protect your Club, Players, Facilities and the GU

- 8) ALL PLAYERS, COACHES & REFEREES who are participating in a competitive friendly match must have “ Senior Membership with USA Rugby. -this is to protect your Club, Players, Facilities and the GU
- 9) ALL Clubs who are Training or Playing any matches must have their club registered with USA Rugby in order to have Liability Insurance Coverage
- 10) Any Clubs scheduling matches must report the competition to their respective GU Directors.
- 11) It is highly recommended that all Coaches, Club Admins and Players complete the World Rugby Covid-19 Education Modules <https://playerwelfare.worldrugby.org/?documentid=module&module=37>
- 12) Covid-19 Infection is not covered by USA Rugby Insurance, regardless of timing, return to play protocols or government mandate.
- 13) It is the responsibility of Club Coach / Admin to collect a detailed list of all participants/staff/visitors at any training session, friendly or competition.

For more Information on Return to Play in the Mid-America GU please consult the USA RUGBY RETURN TO PLAY GUIDELINE or contact GU President - Sean Cox (scotchcox@yahoo.com) 267-257-0488