

### **Fall Lacrosse Schedule**

Players will have NINE (9) 75-minute advanced training sessions included as part of the Fall Season Membership. This will be "next-level" type training by former NCAA coaches & current D1 collegiate players.

#### **Practice Schedule:**

- **Mondays \*:** 9/9, 9/16, 9/23, 9/30, 10/7, 10/14, 10/21 & 10/28
  - **Triumph 2021's @ 6:40 pm -7:55 pm** \* (+ Tuesday 9/3 @ 5:15 pm-6:30 pm)
  - **Triumph 2020's @ 7:55 pm -9:10 pm** \*(+ Wednesday 9/4 @ 5:15 pm-6:30 pm)
- **Tuesdays:** 9/3, 9/10, 9/17, 9/24, 10/1, 10/8, 10/15, 10/22 & 10/29
  - **Triumph 2023's @ 6:40 pm – 7:55 pm**
  - **Triumph 2022's @ 7:55 pm – 9:10 pm**
- **Wednesdays:** 9/4, 9/11, 9/18, 9/25, 10/2, 10/9, 10/16, 10/23 & 10/30
  - **Triumph 2024/2025/2026 @ 6:45pm - 8:00 pm**
- **Practice is every week, beginning Tuesday, September 3, 2019 -thru- Wednesday, October 30, 2019.** Thursday nights will be the allocated night for "pre-tourney" team practice. Every fall tournament includes one (60-minute) pre-tourney practice - to prepare for that weekend's upcoming event. - For Example: A player registered for Fall Season and signed-up to play in Boo Bash on 10/26, will have a practice on Mon, Tues or Wed AND Thurs 10/24

**All Fall Practices are indoor @ Michigan Lacrosse Co**

**Location: Michigan Lacrosse Training Center ♦ 6102 Gotfredson Rd ♦ Plymouth, MI**

**Fall Player Membership Fee: \$270 (includes 12 + hrs of advanced training)**

All Sept & Oct Tournaments are **optional** pay-to-play / ala carte selections. Please select during registration.

**Here is the list of available tournaments** (can be selected individually during registration). Note: Not all events are available for every team. Some events are High School only or U14 & HS only

Sept. 8 – U of D Titan Women's Lax 6v6 @ University of Detroit (\$90)

Sept. 22 – CMU 7v7 @ Central Michigan University (\$100)

Oct. 6 – GVSU Anchor-Up 7v7 @ Grand Valley State (\$100)

Oct. 13 – Fall Brawl by Lax Bash @ Hope Sports Complex- Lansing (\$95)

Oct.26 (**Youth**) & Oct.27 (**HS**) – Boo Bash Lax Festival @ Seymour Lake Park -Oxford (\$120)

Nov.2 & 3 – Top Draw Showcase in Schaumburg, IL (\$225)