

Lowell Softball 8U League Rules

Spring 2026

Revised 4/2026

8U is instructional and coaches may mutually adjust rules to promote learning and enjoyment. Coaches should agree upon any changes to rules ahead of time

Umpires: Coaches will be the umpires for their team when they are on offense.

General

1. Age Limit: The league will follow the USA Softball age chart.
2. An 10" SOFTIE softball will be used. **(11" SOFTIE balls still provided)**
3. Teams can field 6-10 players.
4. Game will be 1 hour 30 minutes. Start time 6PM. This may include practice time.

Uniforms and Gear

1. All girls on a team should have similar shirts.
2. Girls will not be allowed to play in any game without sneakers or cleats. No sandals, no metal spikes, and no jewelry.
3. Catchers must wear their full equipment behind the plate.
4. Face guards (cages) are required on helmets worn by all offensive players.
5. Pitchers, 1st basemen, and 3rd basemen **MUST** wear a Fielder's Mask. All other infielders are encouraged to wear a Fielder's Mask.

Pitching & Hitting

1. Combination of Player/Coach Pitch.
2. Players will pitch from 30'. **(May move up if they can't reach.)** A coach will step in and finish after 4 balls.
3. Batter will receive a maximum of 8 throws. If they do not hit they are out.
4. One base on every hit.
5. 4 missed swings = strikeout
6. No walks
7. 3 outs or 4 runs per inning or batting the complete order, whichever comes **FIRST**.
8. Leading is allowed at pitcher's release. No stealing.

Weather

1. If bad weather is expected the day of the game, the commissioners will make a decision 2 hours prior to the game.

Conduct

1. Players, coaches, managers or spectators will not make disparaging or insulting remarks aimed toward an opposing player.
2. This is a recreational league and there shall be no protests.
3. All coaches are held responsible to their board of directors for their actions.
4. Any problems will be investigated by the Board of Directors.
5. NO SMOKING within 90' of the field.