



Green Bay Youth Baseball T-Ball Rules (4/5/6)

www.greenbayyouthbaseball.org

Games

1. Our overall goal is to prepare the kids for the next level of baseball. Along the way, we, as coaches, need to make the T-Ball experience as fun as possible while introducing them to the fundamentals of the game (i.e. catching, hitting, throwing, running the bases, sportsmanship, and teamwork).
2. The goal for each game is to get each player 2-3 at bats. There will be no outs called (everyone is safe at first base). There will be no official score kept. Each player on the team hits the ball each inning and stops at first base. No advancing on overthrows. The last batter of the inning hits the ball and clears the bases no matter where the ball is hit. Coaches will need to help direct traffic around the base paths.
3. It is important to do as much instruction as possible with the players. For example, teach them to run through first base instead of stopping on the base. Also, it is important that the players get in the habit of throwing to first base on every play, even though the runners will be standing on the base 90% of time.
4. Try to keep the game moving along as quickly as possible. Hustling in / out between innings is a must. From experience, it is very helpful to have some dugout organizational skills (i.e. batting order, fielding position organization, etc.).
5. It is encouraged to progress players past using the tee. Generally, each kid should receive up to four coach pitches before bringing out the tee. Good judgement and game time management should be part of the decision to throw "a couple more" to someone who is close to hitting it. Simple math is 10 minutes per half inning.

Bats

1. Only USA stamped bats are allowed. NO EXCEPTIONS. Bats can be 2 ¼" or 2 5/8" in diameter.

Recommended Field Positions

1. (2) Pitchers – one on each side of the mound (be sure to discuss who gets what ground balls to avoid collisions)
2. (1) Catcher (OPTIONAL) – after a play at first base, the first baseman will throw to the catcher to get the ball back near the tee for the next batter.
3. The rest of the players can be spread out throughout the infield in some order (it is a good idea to explain positions on the field (i.e. 2nd base, 3rd base, center field, right field) so they get used to baseball terminology.

Coaches / Assistant Coaches

1. At Bat: (1 coach at the plate instructing the batter on proper form and hitting technique, 1 coach at first base and third base each directing traffic, and 1 coach or mom in the dugout getting the next batters ready to bat and control the activity in the dugout). The dugout person is key to keeping the pace of the game going. Have all players that are going to batting that inning get their helmets on and ready to go.
2. In The Field: (coaches can be spread throughout the outfield to help explain what to do when a ball is hit). Keeping some of the kids from digging a hole to China may be a challenge but try to keep them involved and discuss what they should do if the ball happens to get hit to them.