



WATERLOO YOUTH HOCKEY ASSOCIATION
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Waterloo Youth Hockey Association

COVID-19 Returning to Play Protocol

*Subject to change**

WYHA will post this RTP Protocol on its website, and require all participants to sign acknowledging they have read all this information, understand, and agree to comply with the details of this document prior to participation of every WYHA program. This document has created with the direction and recommendations of the Black Hawk County Public Health, Young Arena Management, Mid-West Amateur Hockey Association, USA Hockey, and other youth sport entities.

We're thankful to be involved in returning our athletes to the ice and providing a sports environment through these unprecedented times. This plan is put into place to mitigate risks to the best of our ability, but does not eliminate all risks.

Remember that we can all contribute to helping eliminate COVID-19 by doing three things:

1. Practice good physical distance
2. Washing of hands and use of hand sanitizers
3. Wearing masks out in public areas when possible

During this time there are several key guidelines the WYHA will follow:

1. No more than 36 participants – excluding coaching staff – will be allowed to attend a single on-ice session. If and when possible, this number will be lower.

Section 1: Before Leaving for Facility:

Players can NOT participate if

1. All participants and guardians must have a mask with them.
2. Participant(s) must have their temperature taken at home before leaving for the arena, if above 100.3 they cannot participate.
3. Participant(s) must not be showing any symptoms of illness, with or without fever to participate:

- a. Cough, shortness of breath, difficulty breathing.
- b. Chills, severe body aches/pains, extreme fatigue, headache, sore throat, new loss of taste/smell.
- c. They have a possible, or confirmed, exposure to COVID 19, as identified by health official, by a close contact. Students/staff will stay home for 14 days after their last exposure to monitor for development of symptoms.
- d. All reports of exposure, positives, and symptoms should be reported to the President of the WYHA

Section 1A: Illness During or Before Session:

1. Participant(s) who exhibit symptoms:
 - a. Participant(s) who exhibit signs of illness as listed above, with or without a fever, will immediately report those symptoms to their coach/activity leader and will be asked to put on their mask.
 - b. Participant(s) with symptoms of illness as listed above, will be isolated from other students until they are picked up.
 - c. Parents/guardians will be contacted to pick up their ill child immediately.
 - d. Staff/coaches/activity leaders will disinfect any items the ill student has touched as soon as possible.
 - e. Staff/Coaches leaders will complete the online injury report form for all players who are sent home for symptoms of illness. The Executive Director will then follow up with Black Hawk Public Health.
2. Staff who exhibit symptoms:
 - a. Put on a mask, if not wearing one already, and will stay at least 6 feet apart from any other staff or students.
 - b. Leave the area as soon as feasible
 - c. Another adult will disinfect the area or any items the ill person has touched.

Section 1C: When to Return to Play Following Symptoms:

1. Participants/staff will not return to activity until they meet Black Hawk County guidelines. Black Hawk Public Health will be following up with the player/coach *and* will be the deciding entity to classify the student/coach as being recovered.
2. If they have had a positive test for COVID 19, they can return to activity after these three things have happened:
 - a. No fever for at least 72 hours (without the use of medicine that reduces fevers) AND
 - b. other symptoms have significantly improved (for example, cough or shortness of breath have improved) AND
 - c. at least 14 days have passed since symptoms first appeared
3. If they have tested positive for COVID 19, but had no symptoms, they can return to activity if:
 - a. 14 days have passed since being tested AND

- b. Black Hawk Public Health or primary care physician has determined the individual can be released at the end of the 14 days based on conversations to determine if any symptoms have appeared

Section 2: When Entering Facility:

1. Players must be accompanied by one parent or legal guardian at check-in
 - a. Each participant may be subject to a body heat scan prior to start of each skate or workout.
2. All participants, parents, legal guardians, and/or WYHA staff are required to have a mask with them when entering the Young Arena or facility for a WYHA sanctioned event.

Section 3: Viewing of On-Ice Session by Parent or Legal Guardian

1. Only 3 parent/legal guardians during the WYHA sanctioned event and subject to change based upon building requirement.
2. Social distancing of 6 feet must be practiced at ALL TIMES.
 - a. Building staff and WYHA staff reserve the right for any violation of this rule to be asked to leave the facility. It is your duty as a WYHA participant's parent/legal guardian to be respectful of this request.

Section 4: On-Ice and Off-Ice Protocol

1. Players are required to come dressed in their bottoms (jock, socks, pants, shins, and hockey socks at the bare minimum).
2. Participants must have their own water bottles
 - a. Players under NO CIRCUMSTANCE are allowed to share water bottles
 - b. All players are required to have a water bottle with their first and last name clearly printed on the bottle.
3. WYHA will utilize station-based development sessions to ensure proper distance at all times.
4. Coaches and staff will be aware and cognizant of social distances at all times during any training session.
5. At the conclusion of each ice session players will be dismissed one-by-one by the lead coach. To ensure safe social distancing

Section 5: Following Completion of Session

1. Participants are required to exit the premises in a timely manner to minimize "hanging out"
2. Participants should disinfect helmets, sticks, and skates following each session.
3. Wash cloths (jerseys, pant shells, socks, and gloves) with high temperature after each training session.

Section 7: Notification of COVID-19 Exposure

1. WYHA will notify group of players and coaching staff that someone has symptoms, and/or has tested positive
 - a. WYHA will not divulge specific name of said participant, family member, or staff member.

Section 8: Refunds

1. WYHA will provide pro-rated refunds under certain circumstances and at the discretion of the Board of Directors: with the exception of Sponsorship funds or Peeler Funds.

Black Hawk Public Health will perform all contact tracing, follow up and determine necessary closures, delays, and isolation recommendations for individuals.

Gloves will be worn by staff members when checking temps, cleaning/disinfecting belongings used by others and touching materials used by others.

A FINAL NOTE: As a participant, parent, or legal guardian you have a responsibility to minimize your social contact when away from the arena throughout the rest of the summer. Anytime you go out to a restaurant, work, to a friend's house, etc. you are increasing the risk of becoming infected and bringing that with you to the arena and infecting others. While there are certainly essential things you must do while not at the arena, you have a responsibility to minimize this risk.