

BROOKWOOD BRONCOS

College Recruiting Seminar



The Reward

- Scholarships are earned not given
- Most Scholarships are not full rides (Mostly earned at the FBS level)
- The Lower the Division the fewer scholarships they have. **(FBS 85, FCS, 63, D2 36, D3 0, NAIA 24)**
- It is all about timing



Academics

- Grades are important
- Grades help pay for school (Especially lower divisions)
- I recommend always aim for 3.0
- Sign up for the NCAA Clearinghouse/NAIA Clearinghouse
- SAT & ACT are no longer required, but I do recommend



MAKING THE GRADE

The % of College and Universities
that can recruit you based
on your CORE GPA.

4.0 GPA = 94% of Schools

3.5 GPA = 72% of Schools

3.0 GPA = 51% of Schools

2.5 GPA = 21% of Schools

2.0 GPA = 8% of Schools

The other key factor will be; does
the college coach believe you
can play and help their program.

HOW DO YOU MEASURE UP?

The Honest Truth

- Set reasonable expectations
- Help us Help You
- Camp & Visit Schools who show interest
- I believe there is a school for every student-athlete



HOW DO YOU MEASURE UP AGAINST COLLEGE FOOTBALL PLAYERS?

Find out where you stand compared to the average height and weight of college football players by position and division.

Average Quarterback

NCAA DI-FBS
HT: 6'2"
WT: 207 lbs

NCAA DI-FCS
HT: 6'1"
WT: 199 lbs

NCAA DII
HT: 6'3"
WT: 198 lbs

NCAA DIII
HT: 6'0"
WT: 189 lbs

NAIA
HT: 6'1"
WT: 195 lbs

NJCAA
HT: 6'1"
WT: 195 lbs



Average Running Back

NCAA DI-FBS
HT: 5'10"
WT: 202 lbs

NCAA DI-FCS
HT: 5'9"
WT: 196 lbs

NCAA DII
HT: 5'9"
WT: 190 lbs

NCAA DIII
HT: 5'9"
WT: 190 lbs

NAIA
HT: 5'9"
WT: 191 lbs

NJCAA
HT: 5'9"
WT: 194 lbs



Average Linebacker

NCAA DI-FBS
HT: 6'1"
WT: 223 lbs

NCAA DI-FCS
HT: 6'0"
WT: 217 lbs

NCAA DII
HT: 5'11"
WT: 210 lbs

NCAA DIII
HT: 5'11"
WT: 207 lbs

NAIA
HT: 5'11"
WT: 209 lbs

NJCAA
HT: 6'0"
WT: 209 lbs



Average Defensive Back

NCAA DI-FBS
HT: 5'11"
WT: 189 lbs

NCAA DI-FCS
HT: 5'11"
WT: 183 lbs

NCAA DII
HT: 5'11"
WT: 181 lbs

NCAA DIII
HT: 5'10"
WT: 175 lbs

NAIA
HT: 5'11"
WT: 181 lbs

NJCAA
HT: 5'11"
WT: 186 lbs



Average Tight End

NCAA DI-FBS
HT: 6'4"
WT: 241 lbs

NCAA DI-FCS
HT: 6'3"
WT: 228 lbs

NCAA DII
HT: 6'3"
WT: 224 lbs

NCAA DIII
HT: 6'2"
WT: 211 lbs

NAIA
HT: 6'2"
WT: 222 lbs

NJCAA
HT: 6'2"
WT: 221 lbs



Average Wide Receiver

NCAA DI-FBS
HT: 6'0"
WT: 190 lbs

NCAA DI-FCS
HT: 6'0"
WT: 183 lbs

NCAA DII
HT: 6'0"
WT: 181 lbs

NCAA DIII
HT: 5'11"
WT: 175 lbs

NAIA
HT: 6'0"
WT: 181 lbs

NJCAA
HT: 6'0"
WT: 185 lbs



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Average Linebacker

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NCAA DII
HT: 5'11"
WT: 181 lbs

NCAA DIII
HT: 5'10"
WT: 175 lbs

NAIA
HT: 5'11"
WT: 181 lbs

NJCAA
HT: 5'11"
WT: 186 lbs



HOW DO YOU MEASURE UP AGAINST COLLEGE FOOTBALL PLAYERS?

Average Defensive Lineman

NCAA DI-FBS
HT: 6'3"
WT: 270 lbs

NCAA DI-FCS
HT: 6'2"
WT: 259 lbs

NCAA DII
HT: 6'2"
WT: 252 lbs

NCAA DIII
HT: 6'0"
WT: 246 lbs

NAIA
HT: 6'1"
WT: 251 lbs

NJCAA
HT: 6'1"
WT: 247 lbs



Be Your Own Brand

- Twitter is important
- Make your username your real name
- Coaches see what you retweet or like
- Build a resume, literally.
- First and last impressions are equally important
- Build relationships



THE IDEAL SOCIAL MEDIA PROFILE FOR HS ATHLETES



USE YOUR REAL NAME

**PROFILE PIC
OF YOU IN
YOUR UNIFORM**

**MAKE SURE
YOU'RE ABLE TO
RECEIVE DIRECT
MESSAGES**

**PROFESSIONAL
HANDLE**

**HAVE LINK TO
YOUR HUDL**

**HAVE CURRENT
TOWN AS YOUR
LOCATION**



**FOLLOW
COACHES
AND TEAMS**

IMPORTANT

**WHEN YOU "LIKE"
SOMETHING, YOU'RE
TELLING THE WORLD
YOU ENDORSE THAT,
WHICH COLLEGES AND
COACHES CAN SEE. BE
CAREFUL WHAT YOU LIKE**

BIO SHOULD HAVE

- **HIGH SCHOOL [SPELL IT OUT]**
- **GPA [ACT/SAT SCORES ALSO GOOD]**
- **C/O [CLASS OF] 2022, 2023, ETC.**
- **YOUR POSITION**
- **OTHER SPORTS AND ORGANIZATIONS**
- **HEIGHT/WEIGHT**
- **LIMIT USE OF EMOJIS IN BIO**
- **RANKINGS FROM 247, RIVALS, ESPN, ETC.**

Highlight Tape

- Film Doesn't lie
- Top 10-15 Plays
- Show versatility
- Include Twitter account
- Height/Weight/Gpa should be listed
- List accolades (All-state, All-region, All-County, etc)



Recruiting Calendar Periods

- **Quiet Period-** In person recruiting on college campus only. No in person recruiting off-campus.
- **Dead Period-** Means what it sounds like. No in person recruiting allowed on or off campus. College coaches usually do no recruiting at all during this time.
- **Evaluation Period-** In person and off campus recruiting is allowed but they aren't allowed to make contact with student-athlete.
- **Contact Period-** Colleges are allowed to make in person, off campus recruiting contacts and evals.



FBS Calendar Periods

Quiet, Dead, Eval, Contact

NOV

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DEC

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31						

JAN 2024

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FCS Calendar Periods

Quiet, **Dead**, **Eval**, **Contact**

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FEB

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D2/NAIA Calendar Periods

Quiet, **Dead**, **Eval**, **Contact**

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JAN 2024

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FEB

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Transfer Portal

- Why do student-athletes transfer ?
- What does this mean scholarship wise?
- How does this affect High School athletes ?
- How can you handle the portal as a high school athlete/parent?



Committing

- Spots are limited, Ask if your offer is committable
- Do they have your intended major?
- Is playing time an important factor?
- Will this school and coaches help prepare you for after college?
- Recruit the coaches just as they recruit you



NIL

- What is Name Image Likeness ?
- The truth behind NIL
- How does NIL work for high school athletes? ?



