Dragon Wrestling Club
2022-23' Season Information

Beginners Program (Available K-6th)

- Who: this program is intended for first time wrestlers who are interested in learning the basic fundamentals of wrestling
- When: 11/2/22 through 11/30/22
- Where: NPHS Wresting Room
- Practices: Monday and Wednesday 6:00-7:00pm
- Registration at https://www.dragonwrestlingclub.com/home
- Cost $30 (includes DWC T-shirt)
- For insurance purposes all wrestlers will need to register for a USAW card (additional $40, link on DWC site)
- Season ends with an intramural dual match
- $110 Optional Gear Package available on https://www.dragonwrestlingclub.com/home

Dual Competition Team (Available K-6th)

21-22' Indiana State Champions

- Who: this program is intended more experienced wrestlers who are interested in continuing to advance their wrestling skills while representing the Dragon Wrestling Club in tournaments throughout Indiana

- **!NEW!** Two competition teams, Red and White, will compete this year
- When: 11/1/22 through 1/15/23
- Where: NPHS Wresting Room
- Practices: Tuesday and Thursday 6:00-7:30 pm
- Registration at https://www.dragonwrestlingclub.com/home
- Cost $50 (includes DWC T-shirt)
- For insurance purposes all wrestlers will need to register for a USAW card (additional $40, link on DWC site)
- $110 Mandatory Gear Package available on https://www.dragonwrestlingclub.com/home

Folkstyle/Freestyle/Greco Program (Available K-12th)

- Who: this program is open to open to all wrestlers interested in continuing to develop their wrestling skills
- When: 1/15/23 through 5/7/23
- Where: NPHS Wresting Room
- Practices: Tuesday and Thursday 6:00-7:30 pm, additional times and dates available based on participation
- Registration at https://www.dragonwrestlingclub.com/home
- Cost $40 (includes DWC T-shirt)
- For insurance purposes all wrestlers will need to register for a USAW card (additional $40, link on DWC site)
- $110 Optional Gear Package available on https://www.dragonwrestlingclub.com/home