



SYH 2023-2024 PRACTICE SCHEDULE

PRACTICES START WEEK OF 10/16

MONDAY

TEAM	Start-Finish
------	--------------

10UG/12UG	6:15-7:15
-----------	-----------

TUESDAY

TEAM	Start-Finish
------	--------------

8U (ALL TEAMS)	5:00-6:00
----------------	-----------

10U (CO-ED TEAMS)	6:00-7:00
-------------------	-----------

12U (CO-ED TEAMS)	7:15-8:15
-------------------	-----------

14U (CO-ED TEAMS)	8:15-9:15
-------------------	-----------

WEDNESDAY

TEAM	Start-Finish
------	--------------

LTS/L2P/6U (STARTS 11/1)	3:45-4:30
-----------------------------	-----------

10U (ALL) Skills	4:30-5:30
------------------	-----------

12U/14U Skills	5:45-6:45
----------------	-----------

THURSDAY

TEAM	Start-Finish
------	--------------

8U	5:00-6:00
----	-----------

10U (ALL TEAMS)	6:00-7:00
-----------------	-----------

12U (ALL TEAMS)	7:15-8:15
-----------------	-----------

14U (ALL TEAMS)	8:15-9:15
-----------------	-----------

SATURDAY

TEAM	Start-Finish
------	--------------

LTS/L2P/6U (STARTS 11/4)	8:00-8:45
-----------------------------	-----------

NOTES

This schedule lists the girls and co-ed teams. Please take note which team your player(s) are on as there are solo and whole group practices. Sign up on our website/Sports Engine to have your players' teams calendars automatically added to your family iCal.