



SKILLS FOR HOCKEY

VALUES FOR LIFE

Summer Hockey Development Skills and Development Camp - Session 1

Daily Schedule

Time	Activity	Location
7:10 AM* *Monday July 27 th Only	Registration	Rutland Arena
8:00 to 8:45 AM	Power Skating	Rutland West Arena
9:00 to 10:00 AM	Work Out	Rutland Arena
10:15 to 12:30 PM	Ice Session	Rutland West Arena

*Rutland Twin Arena, 645 Dodd Rd, Kelowna, BC V1W 5H1

PURSUIT OF EXCELLENCE
WWW.PURSUITOFEXCELLENCE.CA
#6 - 3185 VIA CENTRALE
KELOWNA BC V1V 2A
250-491-4160