

2026 Midwest AAA Invite Tournament Rules and Regulations

Team Conduct & Games Preparation

- Coaches/chaperones are responsible for the conduct of players and damages that occur at venues/tournament facilities
- A zero tolerance policy regarding abusive language and unsportsmanlike behavior toward opposing team players/coaches/fans, as well as referees/volunteers/tournament officials, is strictly enforced. Anyone in violation of this policy will be immediately escorted from the venue.
- Teams listed as the HOME team on the schedule are to wear LIGHT jerseys. If there is a conflict in jersey colors, the tournament expects the two coaches to work out a reasonable solution.
- All teams must arrive at the tournament venue at least 40 minutes prior to their scheduled start time; teams must be prepared to take the ice 25 minutes prior to scheduled game time.
- Tournament officials will provide all game pucks and pre-game warm up pucks.

Game Format: Mite, Squirt, Girls U8, and Girls U10 Divisions

Game Play Rules

- 3, 12 minute stop time periods
- 1 Minute in b/w periods
- 3 Minute warm-up
- 6 Goal Run time any period
 - 6 Goal Game Camp. Goalie differential by more than six will not be counted
- Overtime will consist of a 10 minute, 2 on 2.
 - If a penalty happens in Overtime it will be a 3 on 2
- 1 minute minor penalties, 2 minute double minor penalties, 4 minute major & 6 minute misconduct
- Automatic Offsides & No icing on penalties
- Resurface before each game
- One timeout per team in Round Robin and Elimination games.

Game Format: Pee Wee, Bantam, & Girls U12 Division

Game Play Rules

- Three, 15 Minutes Stop time periods
- 1 Minute in b/w periods
- 3 Minute warm-up
- 6 Goal Run time any period
 - 6 Goal Game Camp. Goalie differential by more than six will not be counted
- 1 time out per team, per game
- Overtime will consist of a 10 minute, 2 on 2.
 - If a penalty happens in Overtime it will be a 3 on 2
- 1:30 minute minor penalties, 3 minute double minor penalties, 5 minute major, & 8 minute misconduct
- Tag Up Offsides & Icing is allowed on the penalty kill
- Resurface after each game

- One timeout per team in Round Robin and Elimination games.

All Division Rules

- Refs on ice calls are final. Tournament Directors WILL NOT overturn refs on the ice call

Standings Format

- 3 Points for a win, 2 points for a OT Win, 1 Point for an OT loss, 1 Point for a tie, 0 points for a loss
- Tie Breakers
 - o Head-to-head competition
 - o Fewest goals allowed
 - o Goals for divided by goals against (Goal Cap)
 - o Goal differential (Goal Cap)
 - o Coin Flip

Overtime Games (Elimination Games Only)

- A 20-minute 3 on 3 will commence and the first goal wins.