

- Festive atmosphere & small gift for competitors
  - Quality hospitality for coaches (6-12-11 & 6-8-14)
  - Previous State Meet history considered
- Bids are due to State Chairperson by April 1, 2021.

### Additional State Meet Information

- State Committee members will set the State Meet schedule, age groups and competition order. Rotation order will be created by the Meet Director and implemented after approval by the Committee representatives. 2020-2021—Jason Braun and Sarah Myers will create the schedule. (6-8-14)
- The order of age groups for each level shall be determined by a random draw for session and rotation. A Committee member, other than the MD, must be present for the draw. (6-14-13)
- Age Groups shall be created by dividing the number of gymnasts in a session into equal groups by birthdates (CHA, CHB, CHC, etc.)
- 5 year old Bronzes and 4 year old Level 2's shall make up their own age group.
- The Committee recommends that no more than 25 be placed in an age group, preferably 20.
- The rotation order shall be created by a random draw for starting event and for the order in each rotation. Teams should not be grouped alphabetically. (6-6-10)
- If a club has 2 squads in a session, place the starting events in the same flight, skipping competition or. (ie. VT and BB in the same flight)
- Meals for active coaches and judges should be in separate locations at State Meet.(6-6-10)
- State Meet host must provide a copier on competitive floor. (6-6-10)
- The required A-1 Awards medals are purchased by NC-USA Gymnastics and delivered to the State Meet site. The host pays **\$6.00/gymnast** for the medals, even though the actual cost is much more. NC-USA Gymnastics provides this benefit as a service to the State Meet host. (5-31-09) (6-5-16))
- The NC USA Gymnastics State Committee augments the State Meet Award Guidelines from USA Gym in the following way:  
\* Award medals to 1/2 of the placements (1/2 + 1 when an odd number of gymnasts). Follow USA Gym guidelines and extend with NC medals to the 1/2 number of placements.

- \* First AA finisher receives a plaque.
  - \* A "Q" or Qualifier medal is presented to each of the gymnasts in each Age Group who did not medal in the AA.
- FOR EXAMPLE—If 21 gymnasts are in an age group, award 1-6 AA and event with State Medals. Extend with NC Bronze medals to 11th place. "Q" medals are presented through 21st place for Compulsory and Xcel.**
- Team banners are ordered by NC-USA Gymnastics. The cost is \$40 for First-Third places, and \$25 for Fourth-Sixth and paid by the meet director. (10-10) (10-17)
  - A copy of the State Meet Financial Report must be received by the SACC within 6 weeks. A copy of report will be presented at the State Committee meeting in late spring.

### State Meet Judges


If judges are assigned to Regionals, they are strongly encouraged to judge the state meet at the same Level/Division. If a judge were to "pull off" a state meet for a non-emergency reason the act might negatively impact future state meet assignments. (6-10-18)

### 2021 State Meet Dates & Sites

- Mar 19-21 **Bronze + Lv 2,3,4 States** hosted by Legacy Elite Gymnastics—Charlotte area—Melissa Ruffino MD
- Mar 26-28 **Levels 6-10 State Meet** hosted by Foothills Gymnastics—Hickory Convention Ctr—Shawn Bryant MD
- Apr 9-11 **Xcel Silver/Diamond + Lv 5 States** by Raleigh School of Gymnastics—Raleigh Conv.Ctr—Ron Patt MD
- Apr 16-18 **Xcel Gold/Platinum State Meet** hosted by Ultimate Gymnastics—Greensboro—**Cheryl Spillman MD**  
**\*Meets with one club ("in house meets") may be considered as qualifiers.**  
**\*Virtual meets may be used for mobility and as qualifiers. for the 2021 season.**

### NC USA Gymnastics State Committee Members (elected in Odd # Yrs—State in Even # Yrs)

|                 |                               |                   |
|-----------------|-------------------------------|-------------------|
| Stephanie Bruno | sbruno@newberngymnastics.com  | 252-635-2100 cell |
| Genesa Byrd     | yvgym@wilkes.net              | 704-701-8824 cell |
| Cindy Cotten    | cindy@acrosportgymnastics.com | 919-538-2458 cell |
| Sarah Myers     | sarah.myers@me.com            | 336-516-6685 cell |
| John O'Dell     | j.odell74@gmail.com           | 919-696-1732 cell |
| Jen O'Keefe     | topnotchcoach@aol.com         | 704-425-6488 cell |
| Darlene Rose    | rgtc.drose@gmail.com          | 252-531-0296 cell |
| Elaine Wulf     | ewomaha@aol.com               | 919-610-4021 cell |



**NC USA Gymnastics**  
**Rules & Operations**  
**Aug.2020– July 2021**  
**nc-usagymnastics.org**

Karen Pleasants SACC  
919-606-2315 cell  
karen.ncgym@gmail.com

Follow USA Gymnastics Rules for **Women's Development Program** Levels and Xcel Divisions at [usagym.org](http://usagym.org).

### State Meet Qualifying Scores (8-23-20)

From USA Gymnastics sanctioned meet:  
**Levels 9/10 (32.00) All others Levels/Divisions (33.00)**

- In-state—only approved qualifier by NC Committee
- Out-of-state—coach must send score sheet to Karen as verification. (e-copy or link) **Notate if 1 judge panel.**
- Last qualifier is 2 weeks before any state meet.
- **State Meet Registration is due 3 Mondays before the State Meet. Register on Meetmaker.com.**
- **Declaration Date is 2 weeks before state meet.**
- Specialists (Lv 9/10) qualify to States with a 9.0 at sanctioned meet . (max 3 events) P/D need 8.50.
- Specialists are charged full entry fees at States.
- **If qualified in 2020, same Lv/Div, auto qualify for 2021.**

### North Carolina Athlete Registration Fee

A **\$15.00 fee** for each USA Gymnastics registered athlete (All Levels and Divisions) should be sent to NC-USA Gymnastics, 1921 Eagle Creek Ct., Raleigh, 27606 by Nov. 1, 2020. Send names, Levels/Divisions, and DOB in a spreadsheet with Team and Coach contact information. Athlete Reg. fees **may** be paid on MeetMaker and will incur an additional \$.45/gymnast in handling fees.(4-7-19). Checks to NCUSA Gym.

- Unpaid athlete registration fees by **June 1, 2021** will result in publication of delinquent teams who will be ineligible for Team competition at next State Meets.
- The NC athlete registration fees support the JO/ Xcel programs' awards, apparel, education & admin.

Because of COVID 19 restrictions in 2020-2021, the NC USA Gymnastics State Committee reserves the right to make changes in the state program and schedule where necessary.

**Deadline for submitting a Qualifier meet, has been modified. With Committee approval, may be added as late as 2 wks before State Meet.**

**North Carolina Program of the Year**

- This award recognizes the NC program which excels above other NC clubs in ALL levels of USA Gymnastics competitions. (Xcel, Compulsory and **WDP** Optionals)
- Points are earned after each State Meet. (5 pts for 1st place, 4 pts for 2nd place, etc.) (14 State Meets)
- The Overall NC Program of the Year shall be determined by the established point system for state meet finishes. The winner will be the club with the most points earned from the state competition of NC USA Gymnastics' 13 Levels and Divisions of **WDP** and Xcel. No additional votes taken. (6-10-18)
- The winning program will be announced at the Level 9/10 Regionals. A plaque or banner will be presented later in the year.

**North Carolina Clubs of the Year**

- The Club of the Year for each Level and Division shall be the club selected by secret ballot of participating clubs in that Division or Level.
- A Rising Star Club Award may be determined at each state meet by the casting of one vote per club. (6-10-18)

**NC USA Gymnastics' Meet Intent** procedure is still in place with a deadline of **Oct. 10th**. Go to nc-nawgj.org and click the MEET INTENT button on the left menu. The commitment is neither required nor binding but greatly encouraged. This allows meet directors to better plan for judges, awards, facility use, etc.

**USA Gymnastics Athlete Registration**

Athlete membership information is found at the usagym.org website under the heading Member Services. Click on the BECOME A MEMBER button. Club administrators will continue to add and remove athletes to the club roster, assign the athlete's competitive level and reserve/register athletes into sanctioned events.

**Meet Director Information**

**FOLLOW ALL CURRENT RULES FROM USA GYMNASTICS RULES & POLICIES 2020-2021**

After the Meet:

- Send competition fee of **\$2.50/gymnast** to NC USA Gymnastics, **1921 Eagle Creek Ct. Raleigh 27606** with check made out to NC USA Gymnastics.
- If competition fee is not paid by **June 1, 2021** the delinquent club will not be allowed to host a qualifier for 2021-2022. (5-31-15)(6-10-18)
- Send completed scoresheet, sanction forms and competition fees to **Karen, SACC**. (PDF or link preferred)
- Completed sanction forms must be returned to the National Office. Fines are imposed for tardiness.
- **The National Office now allows sanctioned virtual competitions this season.**

**Number of Judges Required for Each Level Competition in NC (5-31-15) (6-10-18)(4-7-19)**

**State Meet**

- All Xcel State Meets 2 judge panels
- Level 2-5 State Meet 2 judge panels
- Level 6-10 State Meet 4 judge panels

**Invitationals used as Qualifiers**

- Lv 2, **3** and Xcel Bronze, 1 judge unaffiliated  
**Silver, Gold**
- All other Levels & Divisions 2 judge panels

**Mobility Meets**

- Compulsories 1 judge unaffiliated
- Optionals 2 judge panels

**State Meet Entry Fees (5-31-15)**

|                                      |         |
|--------------------------------------|---------|
| In House Compulsory and Xcel         | \$65.00 |
| In-House Lv 6-10 Optionals           | \$80.00 |
| Outside Facility Compulsory and Xcel | \$75.00 |
| Outside Facility Lv 6-10 Optionals   | \$85.00 |

**State Meet Registration (5-31-15)**

- By midnight **3 Mondays** before State Meet complete entry of qualified gymnasts into **Meetmaker.com**.
- Register the names of those who wish to enter but have yet to qualify. A spot will be reserved. Entry fees to be

paid by the next Monday at midnight.

- Schedule will be created and posted a week earlier by using this process.
- The State Meet Director will incur all transaction fees charged by MeetMaker. (6-12-11)
- Coaches are asked to remind gym parents that only professional members should contact the State Meet Director. Schedules will be posted online at Meetmaker.com and host meet site.
- When registering for state meet on Meetmaker.com., verify and document the earned qualifying score. If the coach does not provide scores the club's coaches will not receive free apparel if gymnasts qualify to Regionals. (6-10-18)

**State Meet Team Fee (6-12-11)**

- Team Entry Fee is \$45.00. Team placements extend from First—Sixth. (4-6-18)

**State Meet Gate Fees**

- Adults \$20, Children \$5, Under 5 Free
- Family \$45 (2 Adults + >1 child)
- Seniors (62 yrs +) \$5
- The Gate Fee will be allow entry for whole weekend. There shall be no additional fee to attend more than 1 day. (6-9-12)
- Credentialed gymnasts may gain entry for whole weekend. (6-10-18)

**Criteria for State Meet Bid Selection:**

- Outside facility preferred
- Ability to run Capital Cup with two sets of identical equipment, including floors
- Successful previous host meet experience
- Generous spectator seating and parking
- Quality equipment meets specs
- Awareness of geographical location
- Provide Medical Personnel on site
- Declare scoring and equipment contracts.