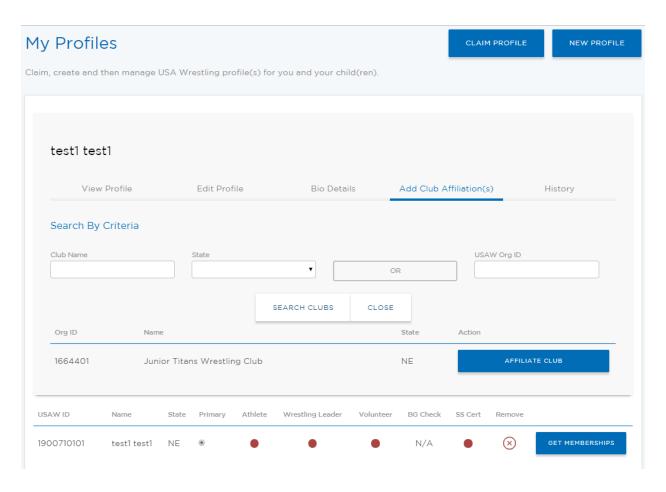
Instructions for Purchasing a New USA Wrestling Membership Card:

Step 1: Create Account

- 1. Go to www.themat.com
- 2. Membership/Login
- 3. Purchase Membership
- 4. Create an account using *parent information*

Step 2: Profiles

- Click "Start Creating a Profile" and create a profile for your <u>child</u>
- Complete all information
- Once saved, click on the USAW ID or name shown in the Profiles window. This will take you into your child's
 profile so that you can associate to the Junior Titans Wrestling Club in Nebraska. Search for our club name and
 select "Affiliate Club".



Step 3: Memberships

- After affiliating to our club, you can choose to "Get Memberships"
- Select "Purchase / Renew Memberships"
- Choose "Athlete" for membership type
- Select the profile for your wrestler
- It is your discretion as to which membership level you choose. We only require the \$15 Athlete Limited Folkstyle Athlete Membership
- Once you complete checkout, you will be given the chance to print your membership. Please bring this with you
 to your first practice. Memberships are good for one year and will need to be repurchased at the beginning of
 each wrestling season.