

# GIRLS' FIELD PLAYER EQUIPMENT



## Required Equipment

### 1. GOGGLES

- » Meets the current ASTM standard for women's lacrosse eyewear;
- » SEI certified and bears the SEI mark.
- » SEI Website [seinet.org/search.htm#&section=hidden-us\\_lacrosse](http://seinet.org/search.htm#&section=hidden-us_lacrosse)



### 2. CROSSE

- » Must adhere to Rule 2 Section 2 and meet the manufacturers specifications (Appendix B)
- » Legal Sticks- [uslacrosse.com/legal-womens-sticks](http://uslacrosse.com/legal-womens-sticks)

### 3. MOUTHGUARD

- » Must be visible color other than clear or white
- » Self-molding (from manufacturers) or custom-molded (from dentist)



## Optional Equipment

### 4. GLOVES

- » Must be close-fitting & should be comfortable for player while holding a stick.

### 5. HEADGEAR

- » Meets current ASTM standard for women's lacrosse headgear and has permanent SEI certification mark.
- » If it includes integrated eyewear, it must also meet that current ASTM standard.



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