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June 26, 2020

“COVID-19 Update for GCT/PFC Members”

The Gulf Coast Texans and Pensacola Futbol Club continues to stay in daily contact with our local government and FYSA regarding public health concerns related to the Coronavirus (COVID-19). While we hope everyone stays healthy, please review the [return-to-play](#) criteria for our membership.

Please remember it is extremely important to continue to social distance, avoid close contact with people and it is recommended to wear a mask when social distancing is not possible as there has been a rise in cases in Escambia County as well as younger people testing positive. Through conversations with our local government, we have learned that COVID-19 is likely to spread from an infected individual when in close contact with someone, like riding in vehicles together. While our hospital systems are in good shape right now in terms of available beds and ventilators, we need to ensure we are all social distancing to keep it this way. Please continue to wash your hands often with soap for at least 20 seconds, use alcohol-based hand sanitizer with at least 60% alcohol, social distance, avoid touching your eyes, nose, and mouth.

The CDC always recommends everyday preventive actions to help prevent the spread of respiratory diseases, including:

- Wash your hands often.
- Avoid close contact.
- Cover your mouth and nose when social distancing is not possible.
- Cover coughs and sneezes.
- Clean and disinfect.
- Monitor your health.

[CLICK HERE](#) for CDC Criteria on Confirmed or Suspected COVID-19.

Escambia County Joint Information Center provides daily updates Monday through Friday via news releases which are then posted to their social media channels [@BeReadyEscambia](#) on Twitter and [Escambia County Emergency Management](#) on Facebook. Please also visit the Escambia County COVID-19 web page at <https://myescambia.com/covid-19-information-for-escambia-county> for additional information.

Your health is very important to us! Please do not hesitate to contact us if you have any questions.

Sincerely,

Alain Espinosa

President
Pensacola Futbol Club
d/b/a Gulf Coast Texans

Mission:

To protect, promote & improve the health of all people in Florida through integrated state, county & community efforts.



Ron DeSantis
Governor

Scott A. Rivkees, MD
State Surgeon General

Vision: To be the **Healthiest State** in the Nation

Criteria for Personnel with Confirmed or Suspected COVID-19 June 24, 2020

This is a summary of guidance from the Centers for Disease Control and Prevention, which can be found here: <https://www.cdc.gov/coronavirus/2019-ncov/hcp/return-to-work.html>

For individuals with suspected or confirmed COVID-19:

Symptom-based strategy. Exclude until:

- At least 3 days (72 hours) have passed *since recovery* defined as resolution of fever without the use of fever-reducing medications **and** improvement in respiratory symptoms (e.g., cough, shortness of breath); **and**,
- At least 10 days have passed since symptoms first appeared.

Test-based strategy. Exclude until:

- Resolution of fever without the use of fever-reducing medications **and**
- Improvement in respiratory symptoms (e.g., cough, shortness of breath), **and**
- Negative results of an FDA Emergency Use Authorized COVID-19 molecular assay for detection of SARS-CoV-2 RNA from at least two consecutive nasopharyngeal swab specimens collected ≥ 24 hours apart (total of two negative specimens). Of note, there have been reports of prolonged detection of RNA without direct correlation to viral culture.

For individuals with laboratory-confirmed COVID-19 who have not had any symptoms:

Time-based strategy. Exclude until:

- 10 days have passed since the date of their first positive COVID-19 diagnostic test assuming they have not subsequently developed symptoms since their positive test. If they develop symptoms, then the *symptom-based* or *test-based strategy* should be used. Note, because symptoms cannot be used to gauge where these individuals are in the course of their illness, it is possible that the duration of viral shedding could be longer or shorter than 10 days after their first positive test.

Test-based strategy. Exclude until:

- Negative results of an FDA Emergency Use Authorized COVID-19 molecular assay for detection of SARS-CoV-2 RNA from at least two consecutive nasopharyngeal swab specimens collected ≥ 24 hours apart (total of two negative specimens). Note, because of the absence of symptoms, it is not possible to gauge where these individual are in the course of their illness. There have been reports of prolonged detection of RNA without direct correlation to viral culture.