



Hello and welcome to the U19 program here in Edina. The U19 program is a great way for those who want to stay involved with hockey, but it doesn't have the time commitment that the other upper level programs require. We still practice and play at a very high level, just not on a daily basis. It is a lot of fun, we still have a travel tournament, and we'll play teams from all around, even Canada. The U19 program is a great way to continue to be around the rink with your friends.

Go to the EHA website to register. [www.edinahockeyassociation.com](http://www.edinahockeyassociation.com)

We hope to see you at the rink!

#### **What is U-19 Girls Hockey?**

- Created as an alternative to high school hockey
- For young women ages 16 - 19  
Dates of birth between 6/1/2001 - 5/31/2004
- Teams are on ice an average of 3 times per week including games and practices  
Every attempt is made to schedule practices before 8:00 pm
- Approximately 8-team metro league
- Teams play approximately 30 games  
Games are 90 minutes (14 minute periods, ice resurfaced after second period)
- 1-2 tournaments (optional out-of-town tournament)
- U-19 hockey is competitive, with an emphasis on fun and a reasonable time commitment  
*This league is not for beginning level players*

#### **Edina's U19 Team:**

- Founded in 2004 (17<sup>th</sup> season)
- 3 state championships
- Assessments are scheduled after HS tryouts
  - November 4 and 5
  - *All qualified applicants will be placed on a team*

#### **How do I join?**

- Register before November 3 , 2020

- Step 1: Register with USA Hockey (follow link in the EHA '20-'21 Registration Page)

fee is non-refundable

Note USA bar code (will need this bar code for EHA Registration)

*This must be completed before the first on-ice assessment (5:00 on November 4th)*

- Step 2: Register with EHA (use on-line registration)

Pay registration fee

Skater - \$745

Goalie - \$385

Additional assessments: Dec 15 (\$195.00 skater, \$180 Goalie) and Feb 15 (\$195.00, skater, \$180 Goalie)

Pay online

- Step 3: Attend on-ice assessments
  - Wednesday, November 4, 2020 - 7:50 – 8:50 pm on Braemar South
  - Thursday, November 5, 2020 – 6:20 – 7:20 pm Braemar South
  - *All qualified applicants will be placed on a team*
- Step 4: ***Continue playing hockey!***

### Questions?

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