

Danbury Youth Tournaments
Danbury PAL Facility
35 Hayes Town Road
Danbury, CT. 06811
Date January 11, 2026

ALL WRESTLERS WITH BRACES ON THEIR TEETH MUST HAVE PROTECTIVE MOUTH GUARDS

All wrestlers will be grouped by both age category and weight into **4-man brackets**. Each wrestler will wrestle one-another giving each wrestler a total of **3 matches (round-robin format)**. There are many advantages to doing this. Medals will be awarded for 1st, 2nd and 3rd place wrestlers.

Pre-registration Information

Contact person- Mark Cammisa

Email- markcammisa@comcast.net

Phone – 203 321-9344

Age Groups-

Age Categories, Start Times & Period Length: **A minimum of 20 minutes must be allowed - between wrestlers matches, unless agreed upon by the coaches for a shorter time.**

Category	Year of Birth	SKIN Check-in Time	Start Time	Period Length	Paperwork Color
6U(Co-ed)	2020-2021	7:45 – 8:30	9:30 AM	1-1-1	Pink
8 U (Co-ed)	2018-2019	7:45 – 8:30	9:30 AM	1-1-1	Yellow
10U (Co-ed)	2016-2017	7:45 – 8:30	9:30 AM	1-1-1	Blue
Girls 12U	2014-2015	7:45 – 8:30	9:30 AM	1-1.5-1.5	Green
Girls MS	2011-2013 & not in HS 15U	7:45 – 8:30	9:30 AM	1-1.5-1.5	White
		<i>Afternoon</i>	<i>session</i>		
12U (Co-ed)	2014-2015	12:15 – 12:45	1:30 PM	1-1.5-1.5	Green
Middle School (Co-ed)	2011-2013 & not in HS 15U	12:15 – 12:45	1:30 PM	1.5-1-1	White
Girls 6U	2020-2021	12:15 – 12:45	1:30 PM	1-1-1	Pink
Girls 8U	2018-2019	12:15 – 12:45	1:30 PM	1-1-1	Yellow
Girls 10U	2016-2017	12:15 – 12:45	1:30 PM	1-1-1	Blue

TECH FALLS will occur when a 15 point margin is achieved, this rule applies to all age groups

All coaches will be required to have both a current USA Wrestling Leader card and be at least Copper certified to be able to Coach at any Winter Tournament in CT Copper Certification

- ☐ Brackets for Female matches will be from online registration. Brackets for 12U and Middle School Girls, will Wrestle in the AM Session. Brackets for

6U, 8U and 10U Girls will wrestle in the afternoon Session. The female wrestlers may wrestle in the Coed brackets during normal scheduled sessions and in Female brackets as stated above have a second entry fee.

- ❑ A wrestler can move up one age group with the permission of provided the entry is done online during registration. A wrestler can only compete in one bracket for each session, either the morning or afternoon session. The only division that can wrestle in both morning and afternoon is the 10U division, because the wrestler can wrestle in the morning session as an 10U and move up one division to 12U for the afternoon session The request to change division must be done on line during registration
- ❑ Registration and payment are done on-line by Flo-arena
- ❑ All wrestlers must check in by the end of the Skin check-in time period to verify they do not have any contagious skin conditions. Wrestlers will be removed from the tournament if they are not checked in on time 8:30 for morning session and 12:45 for afternoon session.
- ❑ It is the responsibility of the Club Directors, or the designated person for that club, to check with the head person running the Skin check in area to see if any of their wrestlers have not checked in by 8:30am for the morning session and 12:45pm for the afternoon session.

Notice:

Head gear Will be required for all age groups this is a USA Wrestling rule.

ALL WRESTLERS WITH BRACES ON THEIR TEETH MUST HAVE PROTECTIVE MOUTH GUARDS

Registration- ONLINE BY 10:00 PM 1/09/2026

<https://events.flowrestling.org/event/dca7badc-abdf-4cb1-8224-17965d382f30>

- **Pre-registration-** is online using Flo-Arena by 10:00pm Friday January 9, 2026
 - Must have a valid USA Wrestling card number to register on line with Flo-Arena.
 - Last-minute USA Wrestling cards can be purchased online with credit card at <https://www.usawmembership.com/login>
 - Pre-registered wrestlers who do not show up for the tournament will not be refunded
 - ➤ **Walk-ins Absolutely NO Walk-ins permitted.**
 - **Registration Fee's**
 - \$30/wrestler
 - 1st wrestler = \$ 30
 - 2nd wrestler = \$25
 - 3rd & 4th & 5th wrestler = \$ 20
 - **Spectator admission**
- **\$5.00 admission fee / Free age 12 and under, or if you hold a current USA Coaches card.**

Weigh-ins-

Wrestlers are permitted to only register and wrestle in one (1) bracket regardless of staying within their own age group or not.

Any wrestler that violates the three (3) pound allowance will be disqualified and removed from that tournament, if the tournament director believes that this was a typo error, the wrestler can be re-bracketed. In addition, any wrestler disqualified as a result of violating the three (3) pound allowance will be reported to the State Chairman and that wrestler is to be identified (Flagged) on the web site and must be weighed in at every subsequent tournament to verify their weight.

- ✓ **NO Weight challenges during a tournament if all wrestlers are weighed in, which is at the tournament director's discretion. If no weigh ins at beginning of tournament a wrestler's weight can be challenged by another wrestler (Coach or Parent), then the challenging wrestler will also be weighed in.**

Weight Classes

- ✓ Weight challenges during a tournament are performed at the tournament director's discretion.
- ✓ The tournament director must notify Steve Fulco steve.fulco@yahoo.com within 2 days of any weight issues or challenges.
- ✓ When weighing-in, each wrestler must weigh-in wearing a competition singlet or shorts.

The Code of Conduct Rules will be strictly enforced.

Coaches and Spectators Conduct--- This code of conduct has been established to ensure that there is a defined method for the handling of unacceptable conduct by coaches at USAWCT sanctioned wrestling events. The responsibility of the assigned officials and the USAWCT Board of Directors is described in the document posted on the website (www.ctusawrestling.com)

All coaches will be required to have both a current USA Wrestling Leader card and be at least Copper certified to be able to Coach at any Winter Tournament in CT Copper Certification

No spectators, fans or more than two coaches per corner.

Interfering with wrestling action will be considered sportsman like conduct.

**TWO VIOLATIONS WILL RESULT IN REMOVAL
FROM VENUE**

-