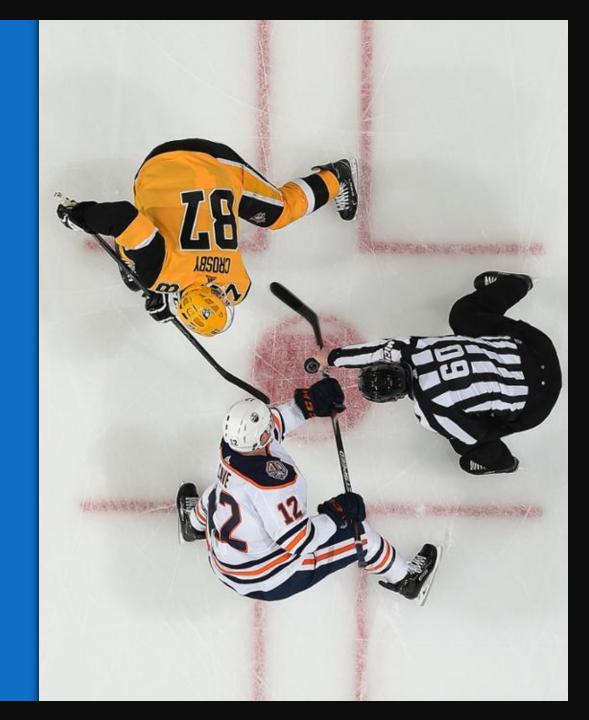
### 2023-2024 RYHA Season

Nate Moen, President Bill Zacher, Vice-President Ryan Johnson, Hockey Director



#### **AGENDA**

#### Welcome

**Board and Coordinator Roles** 

**DIBS Information** 

Fundraising & Booster Club

President Updates

**Hockey Development & Tryouts** 

Questions



#### WELCOME

On behalf of RYHA, thank you for taking time to meet tonight. We want this to be a great experience for everybody, as this goes by quickly!



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#### **ASSOCIATION BOARD MEMBERS**

**President – Nate Moen** 

Vice President - Bill Zacher

**Secretary – Josey Dooley** 

Treasurer - Dara Allen

**Registration – Emily Barnacle** 

Ice Schedule – Tim Hanson

**Gambling Manager – Mike Johnston** 

**Fundraising – Zach Jans** 

**Growth Director – Jeff Bredemus** 

**Development Director – Ryan Johnson** 

**Coaching Director – Dan Miller** 

**Girls Director – Dan Fitzke** 

**Boys Director – Matt Kleinbrook** 

Mite Director – Dan Ritter



#### **ASSOCIATION COORDINATORS**

Web Master - Jason Lorentzen

**Communications Coordinator - Laurie Yunker** 

**Manager Coordinator - Jen Belland** 

S.K.A.T.E Coordinator - Kristen Farnsworth

**Hockey Fights Cancer - Kari Como** 

**Volunteer Coordinator - Amanda Spilde** 

**Graphic Designer - Sabrina Dancer Hoover** 

**Finance Manager - Chris Nathe** 

**U10 Coordinator - Andrew Pohl** 

**U12 Coordinator - Ryan Struck** 

Mite Coordinators - Rob Dubel, John Groebner, Becky Chrisinger

**Goalie Coordinator Travel – Jason Krey** 

**Goalie Coordinator Mite - Greg Ruis** 

**Dryland Coordinator - ETS** 

Jr Gold Director - Jamie Selbitschka

Ice Scheduler - Tim Hansen

D10 Rep - Tiff Rauser

Growth Coordinators - Ben Optiz, Kayla Beccue, Erik Anderson

**Equipment Manager - Becky Chrisinger** 

SafeSport Coordinator - Ronni Beatty-Kollasch



#### **HOCKEY DEVELOPMENT TEAM 2023-2024**

**Ryan Johnson** 

**Gino Guyer** 

**Emily Achterkirch** 

**Jeff Bredemus** 

**Matt Kleinbrook** 

**Chad Vukich** 

**Dan Miller** 

**Dan Ritter** 

**Andy Pohl** 



#### BOARD POSITIONS

All Voting Positions are currently filled!

This has not been the case in the past, so we want to keep this momentum going and thank you for your support.

RYHA is growing and with growth comes the need for more opportunities to divide and conquer. We will be adding supporting roles in the future with coordinator positions.

Communication is Key – If you feel there are areas that seem to have gaps or could be improved, please communicate with your board members, remember this is a volunteer organization and there are over 400 kids in our association now!

Our goal is to make this experience a good one for your son/daughter and your family!

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### REGISTRATION / DIBS

Registration is currently open for Mites and Jr. Gold

DIBS - checks will be cashed if DIBS are not fulfilled

If you did summer DIBS, you don't have to do tournament hours

If you do DIBS during tryouts, you don't have to do tournament hours

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#### **Zach Jans, Fundraising Director**

#### **FUNDRAISING**

Personal fundraising

Not required

Heggies Pizza

Selling Pizza to help cover Personal Cost

Jordan and Kelsey Gauer

Great for family and friends



## FUNDRAISING & SPONSORSHIPS

- Tiered "Packaged" Advertising Opportunities
- \$1,000/\$500/\$350
  - Mite Team Sponsor/Sponsor Daughter or Sons team.
  - Bar Down Classic Tournament Sponsor

Title Sponsor for Squirt-Pee Wee-Mite Jamboree

- Annual Golf Event Sponsor.
  - Hole Sponsorship, Meal Sponsorship

#### Great way to showcase your brand name!

Contact **Zach Jans** for any sponsorship details, questions, or ideas!!

ryhafundraising@rogershockey.com

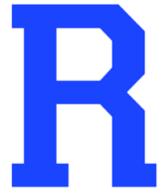


#### HIGH SCHOOL BOOSTER CLUB

#### Rogers Royals Face-Off Booster Club Sara Weis, President

Provides support to our Rogers Royals Boys & Girls Hockey Programs through fundraising events, sponsorship opportunities, and memberships.

Contact Sara Weis for more information: <a href="mailto:rrfobcpresident@gmail.com">rrfobcpresident@gmail.com</a>



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## PRESIDENT TOPICS

New this year

SafeSport

**Cell Phone Policy** 

**Association Apparel Guidelines** 

Budget

Ice

**Pictures** 

**Future Facility Updates** 

# PRESIDENT TOPICS: NEW THIS YEAR

Dryland Partnership – ETS Performance

Skills- Prime Hockey

Goalie Training - Attitude Goaltending

Elevate speech therapy - Breathing Coach

Jerseys/Numbers

Locker Room Monitors (LRM) for boys travel

## PRESIDENT TOPICS: SAFESPORT

All team coaches, volunteers and Locker Room Monitors must be current with SafeSport certification and the Background screening. These items are required.

Emphasis on electronic communication and locker rooms

Safe Sport Training:

https://www.usahockey.com/safesporttraining

**Background Check:** 

https://www.minnesotahockey.org/page/show/96281-screening

# PRESIDENT TOPICS: CELL PHONE POLICY

The use of cell phones in locker rooms is strictly forbidden. RYHA understands players may need to have a cell phone in their presence for personal reasons for rides and other communication purposes.

For this reason, RYHA will allow cell phones to be in an enclosed bag if the cell phone is confirmed to be powered off prior to entering the locker room.

Violations will be reported to D10 and the players family will be responsible for any fines.

# PRESIDENT TOPICS: JERSEYS & APPAREL

New Jerseys for all travel teams. Order new jerseys as needed and/or at new levels.

Number email has been sent out. 1<sup>st</sup> years Odd numbers, 2<sup>nd</sup> even numbers.

All teams will have the same warm-ups, which will be ordered from approved vendor.

Eliminates team specific looks

Uses approved RYHA Logo

2-year cycles (year 2 of 2)

Teams can still purchase other items from approved vendor(s) with approved logo

## PRESIDENT TOPICS: MISC

#### **Budget**

RYHA is in a strong financial position Gambling continues to contribute Planning for additional costs if/when an additional rink is built

#### **Mouth Guards**

Must be attached to facemask – New as of

#### **Pictures**

2022

Will be planned after teams are assigned and communicated to team managers

## PRESIDENT TOPICS: CONT.

#### Ice

Game scheduling is done through a scheduling app. We block home games for them to schedule around. Each team will be allocated the same amount of game times at SR and RAC. More games at RAC have been scheduled but one team might have more at SR than others. This is out of our control.

The game scheduling process will be done by the end of October.

Once practice schedules are posted to team calendars, any movement of ice is done by the team. The board does not adjust any ice once it is allocated.

**Bantams** are the only teams that can start a practice after 9:15PM. This will be spread out amongst the 4 teams evenly but once games and tournaments start, team selection becomes limited.

Teams will have practices this year at the RAC, SR, and possibly a few hours at Anoka.

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## DEVELOPMENT & TRYOUTS 2023-2024

\*All items are subject to change



## WHAT IS THE ROLE OF HOCKEY DEVELOPMENT?

Oversee and implement player development of on and off-ice training using the principles of Long Term Athletic Development and age appropriate training.

## WHAT DO THEY DO AND WHO ARE THEY?

Hockey Development Group is a Team of volunteers who focus on development of our players

Skaters and goaltenders are equally important

The team meets throughout the year to plan hockey development activities

Summer training (i.e. 10,000 shot challenge)

Skills sessions

Goalie Development

Coaching Recruitment / Training

Resource for Parents & Players for ALL Levels

#### **HOCKEY DEVELOPMENT TEAM 2023-2024**

**Ryan Johnson** 

**Gino Guyer** 

**Emily Achterkirch** 

**Jeff Bredemus** 

**Matt Kleinbrook** 

**Chad Vukich** 

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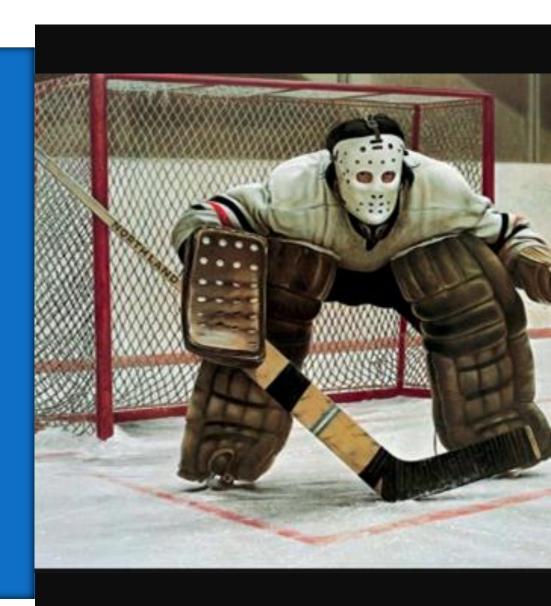
### SKILLS DEVELOPMENT - GOALIES

Goalie Coordinator Role – Jason Krey, Greg Ruis Sunday night skills at Rogers

Goalie specific sessions with Attitude coaching staff

Attitude will work to formalize a coaching plan for goalies for each team

Team will have named coach from staff responsible for goalie drills





### SKILLS DEVELOPMENT - SKATERS

Prime Hockey/Scott Meyer – Lead Skills Coach

Continue Monday night sessions

Each team will be responsible for having a coach from their team on ice to support skills coaching staff

Skill sessions will run October - February



### DEVELOPMENT - What's New for 2023-2024

Prime Hockey leveraging Power Edge Pro System - (PEP)

Skills Focused System to be used at all levels - High Repetition & Touches

PEP circuits are designed to overload a player's motor skills. The goal is to simulate the pressures of real game situations and force players to manage multiple skills simultaneously. The hands, feet and brain work together under extreme pressure to improve drill execution and overall game performance.

## BREATHING CLINIC

#### **Kerry Lipanot Therapist, Elevate Speech Therapy**

**BREATHING RE-EDUCATION** 

Improving oxygenation with use of the Buteyko Breathing Method

Each boys travel team will receive one hour session, scheduled by their manager during the season

#### **DRYLAND**

#### Michael Blizel Performance Executive, ETS

ETS will be running our dryland training at their new dryland facility in Rogers

Player evaluations to be conducted over the next few weeks

Individualized training

Team training

Please visit the Rogers ETS web page to book your assessment asap! (Click on Evaluation Schedule link at bottom)

WWW.ETSPERFORMANCE.COM/RYHA



### TEAM DECLARATIONS

Squirts 5 teams
A/B1/B2/B2/C

Peewees 5 teams AA/A/B1/B2/C

Bantams 4 teams AA/A/B1/B2

(Number of teams/declarations may change depending on final registration numbers and total number of goalies)

#### **TRYOUTS**

Volunteers needed! Please see DIBS page on our website

Cannot volunteer for Bench/Locker Room/Clock etc for sessions you have a player participating Goalie Skills Sessions

Friday 9/22 5:00PM – 8:00PM

Squirt Skills Sessions

Saturday 9/23 starting at 8AM

Squirts Scrimmages 9/23 – 9/25

Peewee Scrimmages 9/23 – 9/28

Bantam Scrimmages 9/23 – 9/30

\*Check Website for your child's times

#### **General Information**

Brent Voeller will be our tryout manager. Brent has years of experience with the RYHA tryout process and does not have any children in the association. He will oversee the tryout processes, procedures and scoring.

Tryouts will be closed

Parents are not allowed in the arena during any sessions unless they are volunteering. We will have people helping out with skates and equipment.

Each player will receive a reversible jersey the player must wear, which they will be responsible for bringing to all sessions. DO NOT FORGET!

Please check the website for all session times and player assignments

#### **General Information Continued:**

Cell phone rule is in effect for all tryout sessions. RYHA will provide a phone drop/pickup station to ensure kids have their phone in a secure location during sessions

Players need to bring their own water

Ice time may not be equal / Timed Shifts / Coaches will be moving players around / Playing with and against different players.

Tape on sticks must be black or white

Players must remove all non-Rogers helmet stickers (No AAA, stickers, no # stickers, no cancer ribbons etc).

Rogers Socks (Black, White or Blue) must be worn and must match

Tape on socks must be clear, white or black

Black breezers, gloves and helmet

Skate laces must be black or white

## INJURY / SICKNESS POLICY

Please call the level director immediately if a player is sick or is injured

Injured player must have a doctors note

If injury is approved, the following information will be used for board discretion:

Input from previous coaches

Review past tryout results

Current scoring (if applicable)

Past teams made

Potential extended tryout for player

## **EVALUATORS**

Outside Evaluators will be used for both skaters and goalies at the Squirt, Peewee and Bantam levels

Evaluators are not tied to RYHA and will be provided a scoresheet with jersey numbers for evaluation

Goalie evaluators are from Attitude Goaltending and will score both skills and scrimmages.

**Evaluator qualifications** 

Previous evaluation experience

Previous coaching experience

Hockey playing history

Currently, evaluate other associations

All Scoring is done by Outside Evaluators

If a coach is chosen prior to last weekend or round of scrimmages they may be part of last round of scrimmages for coach selection picks.

## SCRIMMAGE SESSION GROUPING AND SCORING

Initial groups will be determined based on last years teams

Returning A / B1 / B2 players will be divided up into different teams

Players will be placed in groups using "snake draft style) – 1,2,3,4,4,3,2,1,.....

#### Scrimmage scoring

Scrimmages will be used at all levels and will use a 9 point scoring scale (1-9)

Four evaluators will each provide 3 scores for each player, resulting in 12 total scores per scrimmage

Players are being scored on their play for each session.



## **SCORING - GOALIES**

#### Skills

The 9/22 session for goalies is a skills evaluation

Goalies will be taken through specific drills for the evaluators to grade each goaltender based on a predetermined set of criteria for each drill

Skills account for the following % of score:

Squirts – 60%

Peewees – 50%

Bantams – 40%

#### Scrimmages

Goalies will be evaluated on skills that are created through game situations and scores will be compiled with skill session scores for ranking purposes

Outside evaluators will be in communication with tryout manager, goalie director and level director to walk through scoring for final placement



## SCORING – SQUIRTS SKILLS

#### **Skills Sessions**

9 point scale evaluating:

Forward/backward skating

Edges

Starting and Stopping

**Cross-overs** 

Shooting

**Passing** 

#### **Skills Notes**

Players will get to practice each station prior to being evaluated

Players will get 3-4 opportunities per station for their final score

Players are not measured on drill accuracy

Falling down is OK

Speed is important

Passing – not penalized for bad pass from coach

Shooting – not concerned with goals

## **SQUIRTS TRYOUT STRUCTURE**

#### 1. SKILLS

Two even groups based on last year teams

Three skill stations

Each station is led by highest returning player to provide evaluators with baseline



#### 2. MIXED GROUP SCRIMMAGES

Intra-squad scrimmages

Groups are created equal based on skill scores

#### 3. UPPER/LOWER SCRIMMAGES

Intra-squad scrimmages

Groups are split into upper/lower based on skill and scrimmage scores



4. TEAM FORMATION AND COACH ANNOUNCEMENT

### PEEWEE SCRIMMAGE STRUCTURE

#### 1. INTRA-SQUAD SCRIMMAGES - MIXED

Even groups split up based on last year teams



#### 2. INTRA-SQUAD SCRIMMAGES – UPPER/LOWER

Groups split into upper/lower based on scores from 1)

AA Pool will be formed after 3<sup>rd</sup> Scrimmage

Remaining players will be placed in lower pool

Lower group will not be eligible for AA

Upper group will have AA coach led practice

#### 3. OUTSIDE SCRIMMAGES WITH ELK RIVER 9/27

Three groups are formed to scrimmage on Wednesday, 9/27 (Lower/Mid/Upper)



#### 4. OUTSIDE SCRIMMAGES WITH ELK RIVER 9/28

Two groups are formed to scrimmage on Thursday, 9/28 (AA/A and A/B1/B2)



5. FINAL SCORING AND TEAM PLACEMENT

## **BANTAM SCRIMMAGE STRUCTURE**

#### 1. INTRA-SQUAD SCRIMMAGES - MIXED

Even groups split up based on last year teams



#### 2. INTRA-SQUAD SCRIMMAGES – UPPER/LOWER

Groups split into upper/lower based on scores from 1)

AA Pool will be formed after 3<sup>rd</sup> Scrimmage

Remaining players will be placed in lower pool

Lower group will not be eligible for AA

Upper group will have AA coach led practice

#### 3. OUTSIDE SCRIMMAGES WITH ELK RIVER 9/29

Three groups are formed to scrimmage on Friday, 9/29 (Lower/Mid/Upper)



#### 4. OUTSIDE SCRIMMAGES WITH ELK RIVER 9/30

Two groups are formed to scrimmage on Saturday, 9/30 (AA/A and A/B1/B2)



5. FINAL SCORING AND TEAM PLACEMENT

## SCORING – TRACKING / INTEGRITY

RYHA uses google drive and google sheets to store the scores Version control for all changes

Access to sheets are limited to subset of board members

Checks and balances are in place to validate the sheets have not changed from end of one day to beginning of another

Board members who have children at a certain level will not have access to edit the score sheets

Scores will not be shared or presented after tryouts to parents

# FINAL ROSTER SELECTION PROCESS

Committee including Level Director / Tryout Manager / Development Director / President / Vice President / Coach will be present when selecting the team

Committee will follow the policy manual guidelines and validate scoring

Deviations from ranked order will need to be justified by coach

Locked players per level, based on final scoring are:

Squirts – 85%

Peewees – 75%

Bantams – 50%

## FINAL ROSTER POSTING

All rosters will be posted to RYHA website as soon as they are finalized

Parent coaches should have phones available at the conclusion of their child's level so they can be part of team selection

Any issues or concerns with tryout results should be addressed with an email requesting a meeting with Nate Moen to schedule with the appropriate individuals

Do not call the coach

Do not call the level director

Please adhere to the 24-hour rule

No abusive or confrontational behavior will be tolerated

ZERO TOLERANCE POLICY

# Misc - Dirty / Cheapshots will not be tolerated

Tryouts are to compete and play hard, we will not tolerate any cheap or intentional dirty play by any player.

If your player injures another player we will review the play with the Referee/Bench Coaches and Evaluators to determine if that player should be removed from the tryout for that day. If the injured player is unable to play or can't finish tryouts the player that caused the injury will also miss the same time. This is only if it was an intent-to-injure situation.

We hope this is not an issue, but we want to ensure you are aware of how this would be handled.

## CONCLUSION

Tryouts can be stressful we want your players to be relaxed, ready to play and compete, but understand each child is different and as a parent you know your child best, please encourage them and be supportive throughout the process.

Hockey is only a game! We all want this to go as smooth as possible.

### THANK YOU!

Lots of lifetime friendships are formed during these years and we ask that you represent Rogers in a positive manner at all times, but especially when we are visiting other cities for games and tournaments.

Have fun play hard and let's make sure the memories that are going to be talked about 10 years from now are good ones about the hockey team and the kids and not something a parent or coach did.

Make Good Decisions!

Enjoy the ride - It goes fast so hang on and be proud of your child and your team!

Let's have a great season!

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## QUESTIONS?

