

2023 OHS Girls Volleyball

- Captain's Practice
 - August 7-10
 - 8AM-10AM
 - Owatonna Middle School

*Samantha Bogen

*Mehsa Krause

- Tryout Information
 - When: August 14-16
 - Where: Owatonna **Middle School (this location has been updated)**
 - **Times**
 - **7 - 8:30 AM: 10-12 Grade and Returners**
 - **10-12 AM: 8/9th Grade**
 - **3 - 5 PM: 10 - 12 Grade and Returners**

- Sports Physicals ***required***

See OHS activities website for details www.owatonnaactivities.com

- Registration- Currently open and closes ***AUGUST 14* REQUIRED TO PARTICIPATE**
 - Register through the SmartSchoolsk12App on activities website

- Fall Sports Parent Meeting ***required***
 - August 14 at OHS - 6:00PM

- Schedule
 - www.big9.org

- Coaches
 - Varsity: Rachel Malo Varsity Asst: Jason Kaytor
 - rmalo@isd761.org
 - JV: Kyle Limoseth
 - B Squad: Stefanie Thurnau
 - C Squad: Josh Halva
 - C Assistant: Micah Trautman