

# Asheville Hockey League Protocols



During this unprecedented time, Asheville Hockey League has set COVID-19 protocols for the 2021 spring season that prioritizes mitigating risk for players and everyone involved with the game. Keeping players and others involved from contracting the virus is a top priority of Asheville Hockey League. In light of the same, and unless otherwise noted, these rules will be implemented starting the beginning of the 2021 Spring season.

Upon arriving at the rink, all players, coaches, scorekeepers, and referees will check in at the back side of the penalty box. Players, coaches, referees and scorekeepers will need to be wearing their masks when checking in. You will get your temperature and oxygen levels checked and answer two questions related to your health. Players without a temperature level of less than 100.4 and an oxygen level above 94% and who can answer the following questions in the negative will be permitted to play:

1. **SIGNS OF ILLNESS:** Fever, shortness of breath, cough, chills, repeated shaking with chills, muscle pain, headache, sore throat, new onset of loss of taste or smell, diarrhea, pink eye, confusion or dizziness
2. **CAREGIVER OR EXPOSURE:** Providing Care for an ill person or have had known exposure to a covid-19 positive person

Check in will be set up 30 minutes in advance to game times. No players will be permitted to access the rink area prior to 30 minutes before game time. Once being checked in, players will make their way to the bleachers to dress for the game. When players are getting dressed on the bleachers, they will need to be wearing their mask. Players will be required to enter one door to the rink and exit the other. Doors will be labeled with signs. Benches and bleachers will also be sanitized after each game.

While playing in a game, players, coaches, and referees will be wearing masks. Your mask is to be worn over your nose at all times. If reminded two times, you will be asked to go to your bench and make a shift change. The following alternatives to a medical mask were approved by the board and allowed to be worn during a game: *[Each Picture is hyperlinked to a website]*

## **Visor Cage Combo and Splash Shield**



## **Hockey Facemask**



Player

Goalie