**3RD ANNUAL DOC CONKWRIGHT CLASSIC - GRECO/FREESTYLE** HOSTED BY GREAT NECK WRESTLING CLUB SATURDAY MAY 18TH 2019



### \$35.00 - Greco/Freestyle Included NO WALK-INS ACCEPTED

- Online Pre-Registration available via www.trackwrestling.com by searching 3rd Annual Doc Conkwright Classic. Pre-Registration closes Friday, May 17, 2019 at 4:00 PM.
  - Teams may register via email. Send rosters to Ryan Benzel RBenzel 1989@gmail.com Include: Name, Grade, DoB, Weight, Club / Team, and USAW Number

#### **Periods**

- Middle School Grades 6th-8th (2) 2-Minute Periods
- High School Grades 9th-12th (2) 3-Minute Periods

Minimum 30 Second Rest Between Periods • Lower Grades may join with parental consent

## Freestyle / Greco Divisions - Madison Weight System

Division	Weight Classes
6th - 8th	Madison weight system. Register accurately!
9th - 12th	Madison weight system. Register accurately!

#### **USAW WRESTLING MEMBERSHIP & RULES**

Current USAW Freestyle Card Required to Wrestle

#### **AWARDS & SPECTATOR /COACHES ADMISSION**

Medal for top 3 wrestlers in each bracket. Admission is \$5.00 in this Event. (If you have a modified Folkstyle card for spectators, age 6 and under are FREE. Coaches Admitted you must upgrade to a full membership) Purchase FREE with valid USAW Card. Concessions will be available all cards at www.usawmembership.com.USAW Rules. day; no coolers or outside food please. Hospitality Room for Headgear, Hair Rule, and Mouthpieces Required. coaches, referees, and volunteers will also be available.

## Tournament Schedule

Doors Open @ 7:30 AM

SESSION 1 - Greco Check-in: 7:30 AM - 8:00 AM • Wrestle: 9:00 AM

SESSION 2 - Freestyle Check-in: 11:30 AM - 12:00 PM • Wrestle: 1:00 PM

\*\*\* Madison Weight Classes may be combined based upon the number of entries \*\*\*

# FRANK W. COX HIGH SCHOOL **2425 SHOREHAVEN DR VIRGINIA BEACH, VA 23454**













WWW.GREATNECKWRESTLINGCLUB.COM