



High Performance (RTDP) Tryout Overview and Schedule					
3:00 PM	Staff Arrival				
3:10 PM	Staff Meeting on Court / Check-in Begins				
3:30 PM	Greet Athletes and Parents, encourage <i>light</i> warm-up				
4:00 PM	Welcome				
4:05 PM	Staff set up first drill, <b>Jacob &amp; Beth</b> meet with parents				
	Backrow Exchange (likely 3 v 3 on one court)				
4:20 PM	Serving, warm-up as needed then zones 1, 5, short zones or drops (no 6)				** Bros have a free serve/pass on separate courts
	WATER				
4:30 PM	Positional 1:	MBs blocking vs Setters, coach bowl to 'bro			
		Pins hitting 2 IAR: 1st off coach toss, 2nd off 'bro OOS set			
		Bro's are rotating between courts, one on Pin court			
		<i>Evaluators controlling Bro rotation, based on OOS setting eval</i>			
	WATER				
4:50 PM	Positional 2a:	MB's & Setters FBSO Offense: R1 - Gap ea. MB. switch setters; repeat 1 & B1			
		Pins & Bros, statted S/P. Two groups: serving & passing, coach serves every 4th or miss.			
	Positional 2b:	MB's & Setters FBSO Offense: R2 - Gap ea. MB. switch setters; repeat 1; TRANS vs GO, set FR/BR switch			
		Pins & Bros, coach on 3, 2nd contact to coach			
	WATER				
5:10 PM	Neville's 5s (most likely due to numbers)				
		Team of 5 stays on Nev's side, scores each dig & won point, AE's are minus.			
		Other side fills 5 players on each deadball, receives FB from coach to start the rally			
5:25 PM	6 V 6: 3+3 (Serve, FB, trans L/R)				
		Rotations: 1/4/2/5/3/6			
		Team A: receives serve, receives FB (little bounce), receives coach trans			
		Team B: same series; then next row for both teams & repeat. Keep total score			
6:00 PM	6 V 6 FIVB rules	Cut the prior drill short as needed to play at least one full set of regular volleyball.			
		Make comparison match-ups as needed for final decisions.			
6:45 PM	Cool down, final remarks				
<b>Role Expectations</b>					
<b>Court Coaches</b>					
Be prepared to run the drills on the courts. Read the plan ahead of time, ask all questions via email or at meeting.					
Priority #1 is players are getting opportunities in the drill - pay attention that people are rotating & the drill is running as intended.					
Priority #2 is that all players are being engaged and having a positive experience.					
* Catch them doing things right, try to use their names if at all possible					
* Keep corrective feedback to a minimum, and with the intent to run the drill or for safety					
* Skill instruction may be appropriate at times (setter footwork e.g.) but not technique work (passing mechanics e.g.)					
<b>Evaluators</b>					
When given an evaluation assignment, ask clarifying questions to be ready to start evaluation immediately when drill begins.					
Serve/Pass evaluators will rate passes on a basic 3pt scale:					
0=aced, 1=overpass or single OOS option, 2=setter can set GO or RED, 3=setter can run all offense options					
Add up the total # over total attempts (e.g. 28pts/13att) so if players get multiple rounds it'll be easier to get a total #.					
Serve/Pass evaluators keep stopwatch or watch timer to ensure proper time opportunities.					
All evaluators on overall evaluation sheet: please write specific comments for each kid evaluated.					
<b>Lead Coach</b>					
Set up campers to appropriate courts, explain drills to campers, make sure drills start correctly, set up evaluators,					
ensure every camper has a written evaluation, adjust drills and camper rotations as needed to accomplish this.					