

# Iron Girl<sup>®</sup>

LUXEMBOURG  
REGION MOSELLE

We are celebrating an anniversary! In 2022 it's "Ladies First" for the fifth time – and our amazing Iron Girls will open the doors to the great annual triathlon weekend in Luxembourg. This 6,5KM Fun Run doesn't mainly focus on great sporting performances, we are rather calling to all the sporty women of the region, regardless of age or experience, to come together as one community and to spend a beautiful evening surrounded by your loved ones celebrating the joy of a healthy lifestyle.

Before the start, our DJ will heat up the atmosphere and give you the best energy and a push for your run, and after reaching the finish line a well-deserved glass of Crémant – provided by our partner *Pundel vins purs* – and your Iron Girl Medal will be awaiting you. Additionally, all registrants will of course also receive the obligatory Iron Girl Shirt.

Iron Girl Luxembourg – Région Moselle wants to connect with both the seasoned competitors and the newcomers and above all focus on a common experience and that is why you shouldn't show up alone. On top of our **individual ranking**, Iron Girl Luxembourg – Région Moselle also welcomes you to race as a team – 'Best-Friends-Team', 'Sisters-Team' and 'Mother-Daughter-Team' – pick your category and register together to show up in the **team ranking** in order to win the Best-Friends-, Sisters- or Mother-Daughter-AWARDS. Please note that Teams will be scored with a combined time and will not be listed in the overall individual ranking.

**NEW:** The waiver must be signed electronically by yourself or a legal guardian. This applies to both online registration and late registration on site. You can read the waiver already [here>>](#)

## Event details:

- Date: 17. June 2022
- Start: 07:30 pm
- Picking up the starting documents: 12:00–05:00 pm
- Event location: Place Dr. Fernand Kons, Remich
- Distance: 6,5km – [Course Map >>](#)
- Registration (until 14. September 2022):
  - Individual: 15 EUR excl. 9% Processing Fee (ACTIVE Fee)
  - Team: 30 EUR excl. 9% Processing Fee (ACTIVE Fee)
- Late Registration (June 17<sup>th</sup>, 2022, 02:00pm – 06:30pm): Limited on site for 20 EUR (single) or 35 EUR (team)
- Minimum 12 years of age

Registration includes:

- BIB number
- Timing chip (please return it after the race at the finish area)
- Medal for all finishers
- Finisher Shirt
- Glass of Crémant

Official Partner: <https://pundel-vinspurs.lu/>

