

Hortonville Wrestling Club (HWC) Participant, Coach & Spectator Guidelines for COVID-19

Hortonville Wrestling Club (HWC) must follow the Hortonville Area School District (HASD) COVID-19 requirements at all times during use of our home facilities. If our club is at a facility not operated by HASD, we will be required to honor the sponsoring facilities requirements.

- Symptom Assessment: Athletes, Coaches and Spectators are to follow the [HASD Symptom Checker](#) and complete a daily symptom assessment prior to coming to practice/events (self-evaluation).
 - ***Anyone experiencing ANY of the symptoms must stay home and not participate.***
- Facial Coverings: HWC will follow the policies of the HASD regarding face covering requirements.
- Athletes are required to sign in/out of each practice so proper contact tracing can be performed.
- Parents are allowed to enter the school buildings or gyms for practices as allowed by HASD. We will monitor and updated parents if building entrance is limited or prohibited during the season.
- Social Distancing: Athletes and Coaches are asked to social distance when not directly in contact or strenuous practice drills. Spectators during competitions are required to social distance unless with members of the same household.
- Athletes should refrain from unnecessary contact with teammates, opposing Athletes, coaches, refs, and fans.
- Athletes are encouraged to bring their own water bottle; refill stations are available.
- HWC will follow the policies of the HASD regarding spectators for events held at HASD facilities.

Confirmed Cases or Close Contact:

- HWC will adhere to HASD close contact, positive test and quarantine policies.
 - Any Athlete that is quarantined from school, must quarantine from practice/events for the same time period per HASD policy.
- If you have a confirmed positive COVID-19 test from your athlete, immediately contact your coach to ensure proper contact tracing can be completed.
 - HWC will not be responsible for contact tracing outside of HWC sponsored events. The participant(s)/family of participant(s) are responsible for contacting schools/other organizations if contact tracing is needed.
- An Athlete may not participate in practice/events if positive for COVID-19 and should isolate at home for a minimum of 5 days.
 - After a full 5 days have passed from symptom onset or positive test result, isolation may end if asymptomatic or symptoms are improving. Individuals with a fever must remain in isolation until at least 24 hours have passed while off fever-reducing medication.
 - Masking is required at practice for 5-days after initial 5-day isolation period.
 - 2 negative tests 24 hours apart is needed to return to practice.