

2025 MMYFCL Weigh-In Limits

Week *	7U	8U	9U	10U
Original	95	105	120	130
Equip	8	8	8	8
Variance	0.9	0.9	0.9	0.9
Total	103.9	113.9	128.9	138.9
30-Aug	103.9	113.9	128.9	138.9
6-Sep	103.9	113.9	128.9	138.9
13-Sep	103.9	113.9	128.9	138.9
20-Sep	103.9	113.9	128.9	138.9
27-Sep	103.9	113.9	128.9	138.9
4-Oct	103.9	113.9	128.9	138.9
11-Oct	103.9	113.9	128.9	138.9
18-Oct	103.9	113.9	128.9	138.9
25-Oct	103.9	113.9	128.9	138.9
1-Nov	103.9	113.9	128.9	138.9
8-Nov	103.9	113.9	128.9	138.9

* - Saturday dates shown. Week includes Friday - Thursday games of that week (e.g., 30-Aug includes 30-Aug through 5-Sep games).

** - Players over 98.9 lbs may not run the ball or advance the ball on a fumble but are allowed to play any other position

*** - Players exceeding the standard age group weight shall be designated by a piece of red tape on the front and back of their helmet. They must play between the tackles for the entire game. All players are eligible to meet the standard player weight regardless of the previous week's status (i.e., if a player is 140.5 lbs at 10U in Week 1, they are red striped. If he is 137.5 lbs in Week 2, they are not red striped.)