<u>Lakes Region Mite Half Ice Rules and Regulations 2019-2020</u>

- **1**. All teams must be registered with USA Hockey. Team rosters must be submitted by September 20th to the Lakes Region Youth Hockey Association in order to secure your teams spot.
- **2**. A Parity Jamboree will start the season to determine divisions. This will be held on October 12th. The schedule will be out that week and games will start October 26th. Playoffs will be on March 7th and every team will qualify.
- **3**. Teams will play a 10 game regular season schedule. Standings and team stats will be updated on the Lakes Region Youth Hockey Association website.
- **4**. Each team must submit their USA hockey team roster to the league prior to the start of the season.
- **5**. Player eligibility dates for team rosters will be in accordance with USA Hockey guidelines.
- **6.** Complete uniforms and helmets are mandatory for play. All players must wear only USA Hockey/ HECC approved helmets.
- **7.** No player may appear on more than one roster within the league unless approve by the league.
- **8**. In case of inclement weather team contacts will receive an email about the cancellation. You may also check the Lakes Region Youth Hockey Association website and/or Facebook page for any weather related cancellations.
- **9**. Each team's coach is responsible for the actions of his/her players on and off the ice. The condition of league facilities are maintained for the comfort and convenience of all teams, abuse of these facilities will be dealt with by the league. Please make sure to have an adult in the locker room with the players at all times. If your locker room is dirty or damaged report it to the league or staff. (There must be at least one (1) coach in the locker room while there are players present in the locker room).
- **10.** This game is a sport, and the rules of fair play and sportsmanship are mandatory in the Lakes Region Half Ice League.
- **11.** Any coach who forgets he or she is teaching young children and behaves in a less than proper manner during, before or after the game will receive a suspension from the league.
- 12. Any parent acting in the same manner will cause their child to be suspended.

- **13.** Suspended coaches or players will not be allowed to participate in league competition for a period of time as determined by the League.
- **14.** Any player or coach that receives four (4) penalties in a game, including misconduct penalties, will be suspended for the remainder of the current game and the next scheduled league game.
- **15.** Teams should be ready to play 5 minutes prior to the scheduled game time. A warm-up period of three minutes shall be allowed prior to the start of each game. Teams not prepared to play after the warm-up period will be assessed a minor penalty for delay of game.
- 16. Standings Tie Breaker -
- Head to Head results against teams tied
- Goals Differential Head to Head between teams tied
- Win % in Divisional Games
- Goals Differential in all games

Games will be played as follows:

- Format is 4 on 4 plus goaltenders
- 1 on-ice official per each half-ice game
- Buzzer every 2 Minutes for line change.
- Games will be one 26 minute period running time.
- Referees will commence play after each buzzer or goal by tossing a puck into the neutral zone.
- On line changes the team closest to their net must skate around it before playing the puck. The team furthest from their net must skate below the hash marks in front of their goalie before playing the puck. If a player plays the puck before doing this, the other team will get the puck and the team that committed the violation must back up to the center faceoff location.
- Any time a goal is scored or a goalie covers the puck the offensive team must back up to the half ice marker designated on the boards.
- If a team has less than 8 players on their bench, the player(s) that stay on the ice must tag up back to their bench before entering the game.
- Face-off will only take place at designated center ice at start of each game or after a penalty.
- No offsides or icing.
- Egregious penalties will be called.
- If a team receives a penalty that player will be sent to their bench and a new player will be sent on the ice. Play will resume with a faceoff.
- Players will serve the penalty for the remainder of the current 2 minute shift plus the next 2 minute shift.
- Score will be kept using flip boards located on both sides the penalty box doors.

| • | Game schedule, hockey website. | results and | standings | will be poste | ed on Lakes | Region Youth | |
|---|--------------------------------|-------------|-----------|---------------|-------------|--------------|--|
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |