

Section 4AAA True Team

Elk River - 5/7/2019

Results

Girls 100 Meter Dash

Name	School	Finals
Finals		
1 Lauryn Samuel	Champlin Par	13.06
2 Katherine Buhl	Elk River	13.24
3 Osseo Girl Osseo Girl	Osseo	13.30
4 Dejah Jenkins	Champlin Par	13.32
5 Georgia Toe	Park Center	13.34
6 Emma Fournier	Maple Grove	13.47
7 Mikayla Whiteford	Maple Grove	13.48
8 Fayza Akeri	Coon Rapids	13.50
9 Jennifer Bobaric	Andover	13.54
10 Mikayla De Souza	Coon Rapids	13.66
11 Adalia McKenzie	Park Center	13.67
12 Aadaeze Udalla	Elk River	13.68
12 Mina Merrick-melberg	Anoka	13.68
14 Amaya Rose	Anoka	13.69
15 Allison Hookom	Anoka	13.70
16 Heather Khieu	Maple Grove	13.76
17 Lailah Marshall	Osseo	13.77
18 Benedite Kalala	Coon Rapids	13.81
19 Nevaeh Page	Osseo	13.84
20 Breanna Shaw	Rogers	13.86
21 Eysia Carter	Park Center	13.94
22 Joy Olowo	Rogers	14.02
23 Olivia Knoepfle	Andover	14.10
24 Chidera Osuoha	Champlin Par	14.12
25 Ashley Ege	Elk River	14.17
26 Sydney Farber	Andover	14.20
27 Hailey VanHouten	Rogers	14.47

Girls 200 Meter Dash

Name	School	Finals
Finals		
1 Laubenra Ben	Park Center	26.14
2 Kyra Dalluge	Rogers	26.19
3 Kelsie Sealock	Osseo	26.38
3 Lauryn Samuel	Champlin Par	26.38
5 Aidan Senior	Anoka	26.41
6 Ava Grimm	Elk River	26.83
7 Carlie Heinecke	Rogers	27.23
8 Olivia Stensvad	Champlin Par	27.24
9 Emma Fournier	Maple Grove	27.29
10 Cedar Jorgenson	Andover	27.56
11 Amaya Rose	Anoka	27.65
12 Mercy Zelee	Osseo	27.66
13 Katherine Buhl	Elk River	27.68
14 Jennifer Bobaric	Andover	27.71
15 Osseo Girl Osseo Girl	Osseo	27.75
16 Mackenzie Peterson	Champlin Par	27.81
17 Adalia McKenzie	Park Center	27.84
18 Anna Nummela	Coon Rapids	27.95
19 Lauren Lee	Maple Grove	28.09
20 Alaina Schoenfelder	Elk River	28.09
21 Ella Williams	Maple Grove	28.16

22 Mikayla De Souza	Coon Rapids	28.19
23 Katieanna Williams	Anoka	28.34
24 Jennifer Heilman	Rogers	28.36
25 Arlena Newman	Park Center	28.67
26 Belinda Griffith	Coon Rapids	28.70
27 Olivia Knoepfle	Andover	28.88

Girls 400 Meter Dash

Name	School	Finals
Finals		
1 Aidan Senior	Anoka	59.47
2 Kyra Dalluge	Rogers	59.53
3 Olivia Stensvad	Champlin Par	1:00.48
4 Ava Grimm	Elk River	1:00.60
5 Alexa Davis	Osseo	1:00.90
6 Cedar Jorgenson	Andover	1:01.58
7 Allison Hookom	Anoka	1:01.78
8 Neomi Sidique	Park Center	1:02.36
9 Rachel Berscheid	Maple Grove	1:03.02
10 Tasha Beyioku-Alase	Champlin Par	1:04.11
11 Courtney Killian	Coon Rapids	1:04.69
12 Brekkyn Lammert	Andover	1:05.02
13 Mercy Zelee	Osseo	1:05.04
14 Kayla Nidever	Elk River	1:05.41
15 Sophia White	Andover	1:05.60
16 Alicia Blesi	Anoka	1:06.20
17 Naomi Bennett	Osseo	1:06.49
18 Anna Beaverson	Maple Grove	1:07.04
19 Ajwato Ongwach	Coon Rapids	1:07.33
20 Tabitha Bandy	Rogers	1:07.75
21 Lauren Tillman	Maple Grove	1:07.82
22 Anna Johnson	Park Center	1:08.00
23 Courtney Mensah	Champlin Par	1:08.44
24 Amira Aladetan	Park Center	1:08.80
25 Hailey Jussila	Elk River	1:08.89
26 Riley Nordberg	Rogers	1:11.79
27 Bella Bresnahan	Coon Rapids	1:12.04

Girls 800 Meter Run

Name	School	Finals
Finals		
1 Alexa Havon	Andover	2:25.48
2 Lily Chabica	Maple Grove	2:26.07
3 Lauren Tillman	Maple Grove	2:28.10
4 Alexa Davis	Osseo	2:28.11
5 Audrey Neuerburg-Chapm	Elk River	2:29.91
6 Michelle Dyr Dahl	Andover	2:31.03
7 Emily Lindell	Champlin Par	2:35.53
8 Lauren Johnson	Andover	2:35.63
9 Madison Sieben	Anoka	2:37.16
10 London Luehman	Osseo	2:37.94
11 ANNICA Carr	Elk River	2:38.08
12 Kristina Shaptala	Rogers	2:38.11
13 Ella Wonsor	Elk River	2:38.75
14 Anne Miller	Champlin Par	2:40.59
15 Alicia Blesi	Anoka	2:41.27

Section 4AAA True Team

Elk River - 5/7/2019

Results

Finals ... (Girls 800 Meter Run)

Name	School	Finals
16 Norah Trost	Maple Grove	2:41.39
17 Madeline Keran	Coon Rapids	2:43.41
18 Alexandra Bragg	Anoka	2:43.42
19 Kaylee Buerman	Osseo	2:46.97
20 Abby Ellenbecker	Coon Rapids	2:47.36
21 Sydney Crandall	Champlin Par	2:47.39
22 Clara Glad	Rogers	2:47.63
23 Olivia Ellenbecker	Coon Rapids	2:49.54
24 Esther Johnson	Park Center	2:50.31
25 Allie Timpe	Rogers	2:54.70
26 Cassandre Desort	Park Center	2:57.49
27 Hope Clegg	Park Center	3:18.80

Girls 1600 Meter Run

Name	School	Finals
1 Alexa Havon	Andover	5:19.58
2 Alyssa Gerth	Andover	5:25.26
3 Alexa Davis	Osseo	5:25.79
4 Juliana Davis	Osseo	5:31.67
5 Anna Marsolek	Champlin Par	5:34.56
6 Audrey Neuerburg-Chapm	Elk River	5:35.84
7 Anna Eich	Rogers	5:36.09
8 Norah Trost	Maple Grove	5:40.64
9 Jessica Emerson	Elk River	5:41.31
10 Emily Lindell	Champlin Par	5:42.54
11 Julia Nielsen	Andover	5:43.63
12 Alli Becker	Anoka	5:45.77
13 Sarah Eichstadt	Coon Rapids	5:48.09
14 Kaelyn Nelson	Anoka	5:52.72
15 ANNICA Carr	Elk River	5:53.61
16 Britton Lund	Maple Grove	5:54.49
17 Avery Erickson	Maple Grove	5:56.43
18 Alexandra Bragg	Anoka	5:57.53
19 Teresa Shah	Osseo	5:58.84
20 Amelia Lund	Champlin Par	6:13.40
21 Ava Kehr	Coon Rapids	6:29.59
22 Alyssa Ross	Coon Rapids	6:56.78

Girls 3200 Meter Run

Name	School	Finals
1 Lindsey Young	Maple Grove	11:43.44
2 Alyssa Gerth	Andover	11:46.14
3 Juliana Davis	Osseo	12:10.88
4 Anna Cargill	Rogers	12:15.34
5 Julia Nielsen	Andover	12:21.29
6 Christina Bolcer	Maple Grove	12:27.85
7 Kaelyn Nelson	Anoka	12:34.20
8 Madeline Greelis	Andover	12:38.29
9 Alli Becker	Anoka	12:39.42
10 Rebecca Luebke	Osseo	12:43.42
11 Sarah Eichstadt	Coon Rapids	12:46.83
12 Paige Levendusky	Maple Grove	13:01.25

13 Maria Hoff	Osseo	13:03.97
14 Ilsa Hoaglund	Coon Rapids	13:03.99
15 Elaina Kuhnau	Elk River	13:05.54
16 Jessica Emerson	Elk River	13:05.83
17 Ingrid Norquist	Anoka	13:18.17
18 Margaret Grossman	Champlin Par	13:25.15
19 Zoe Hoaglund	Coon Rapids	13:26.83
20 Greta Bahe	Champlin Par	13:31.55
21 Madison Mitzuk	Elk River	13:42.78
22 Lily Bandy	Rogers	14:22.23
23 Audrey Whitman	Champlin Par	14:47.48
24 Natasha Villanti	Rogers	15:14.55

Girls 100 Meter Hurdles

Name	School	Finals
1 Kelsie Sealock	Osseo	15.37
2 Heather Ryan	Maple Grove	15.88
3 Gabrielle Bodin	Osseo	16.17
4 Tashina Beyioku-Alase	Champlin Par	16.19
5 Teirra Greene	Anoka	16.51
6 Mary Keleekai	Anoka	16.59
7 Grace Henneman	Coon Rapids	16.62
8 Burnices Barlue	Osseo	17.43
9 Abuline Fofanah	Park Center	17.57
10 Lauren Bastian	Anoka	17.59
11 Rakeya Eastman	Park Center	17.77
12 Alisha Vogt	Coon Rapids	17.92
13 Jenna Kalevik	Rogers	17.97
14 Jordan Hund	Elk River	17.98
15 Ashley House	Maple Grove	18.13
16 Kelley Klonecz	Maple Grove	18.23
17 Christina Babaya	Elk River	18.24
18 Anna Browning	Rogers	18.30
19 Abby Russ	Coon Rapids	19.33
20 Savanna Johnson	Elk River	19.52
21 Cassidy Clements	Champlin Par	19.62
22 Tegan Woolsey	Rogers	19.82
23 Marieclaire Mutumba	Andover	19.93
24 Jasmine Osuji	Champlin Par	20.10
25 Greta Almen	Park Center	20.39
26 Sophia Hyland	Andover	20.78
27 Grace Koski	Andover	20.79

Girls 300 Meter Hurdles

Name	School	Finals
1 Kelsie Sealock	Osseo	46.60
2 Heather Ryan	Maple Grove	49.18
3 Abby Russ	Coon Rapids	49.35
4 Grace Henneman	Coon Rapids	49.88
5 Anna Browning	Rogers	50.75
6 Alisha Vogt	Coon Rapids	50.83
7 Rakeya Eastman	Park Center	51.38
8 Teirra Greene	Anoka	51.63
9 Lauren Bastian	Anoka	51.70

Section 4AAA True Team

Elk River - 5/7/2019

Results

Finals ... (Girls 300 Meter Hurdles)

Name	School	Finals
10 Anna Zigman	Maple Grove	51.71
11 Gabrielle Bodin	Osseo	51.77
12 Abuline Fofanah	Park Center	52.14
13 Jordan Hund	Elk River	52.48
14 Burnices Barlue	Osseo	52.72
15 Savanna Johnson	Elk River	53.08
16 Sierra Jordan-Huffman	Anoka	53.39
17 Marieclaire Mutumba	Andover	53.40
18 Grace Koski	Andover	54.26
19 Sydney Kowalski	Maple Grove	54.92
20 Tegan Woolsey	Rogers	55.10
21 Cassidy Clements	Champlin Par	55.28
22 Jenna Kalevik	Rogers	55.53
23 Johanna Langbehn	Elk River	58.09
24 Jasmine Osuji	Champlin Par	58.83
25 Greta Almen	Park Center	59.88
26 Sophia Hyland	Andover	59.96
27 Isabella Lundgren	Champlin Par	1:05.16

Girls 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 Park Center		50.79
2 Maple Grove		51.06
3 Champlin Park		51.28
4 Coon Rapids		51.65
5 Osseo		52.51
6 Anoka		53.00
7 Andover		53.84
8 Elk River		53.89
--- Rogers		DQ

Girls 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 Park Center		1:48.21
2 Elk River		1:49.99
3 Champlin Park		1:50.24
4 Maple Grove		1:51.80
5 Anoka		1:52.47
6 Andover		1:54.29
7 Osseo		1:54.32
8 Coon Rapids		1:58.43
--- Rogers		DQ

Girls 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Andover		4:12.29
2 Anoka		4:19.44
3 Maple Grove		4:22.55
4 Elk River		4:23.88
5 Park Center		4:28.63
6 Rogers		4:31.18

7 Coon Rapids	4:36.43
8 Osseo	4:40.51
9 Champlin Park	4:46.63

Girls 4x800 Meter Relay

Team	Relay	Finals
Finals		
1 Andover		10:15.54
2 Maple Grove		10:17.02
3 Rogers		10:42.97
4 Elk River		10:45.51
5 Osseo		10:51.14
6 Coon Rapids		10:58.80
7 Champlin Park		10:59.19
8 Anoka		11:01.32
9 Park Center		12:49.00

Girls High Jump

Name	School	Finals
Finals		
1 Tasha Beyioku-Alase	Champlin Par	5-00.00
2 Aidan Senior	Anoka	5-00.00
3 Teirra Greene	Anoka	4-10.00
3 Ava Grimm	Elk River	4-10.00
5 Cassandra Sims	Andover	4-10.00
6 Katieanna Williams	Anoka	4-10.00
7 Elise Adix	Maple Grove	4-10.00
8 Alaina Schoenfelder	Elk River	4-08.00
9 Ella Johnson	Elk River	4-08.00
10 Jenna Kalevik	Rogers	4-08.00
10 Jensen Luchers	Champlin Par	4-08.00
12 Rachel Boehme	Osseo	4-06.00
13 Sydney Reining	Rogers	4-06.00
14 Olivia Pardo	Andover	4-06.00
15 Dejah Jenkins	Champlin Par	4-06.00
16 Rodiat Adeduntan	Park Center	4-04.00
16 Hajaysen Kwateh	Osseo	4-04.00
18 Alexa Davis	Osseo	4-04.00
19 Autymn Norman	Maple Grove	4-04.00
20 Grace Amell	Andover	4-04.00
21 Charlotte Rolfs	Maple Grove	4-02.00
22 Mikayla De Souza	Coon Rapids	4-02.00
23 Rachel Kalevik	Rogers	4-02.00
23 Ava Kehr	Coon Rapids	4-02.00
25 Michaela Hobin	Park Center	4-00.00

Girls Pole Vault

Name	School	Finals
Finals		
1 Madison Sieben	Anoka	10-00.00
2 Jacqueline Pfautz	Andover	9-06.00
3 Sophia Condon	Anoka	9-06.00
4 Lainey Isaacson	Andover	9-00.00
5 Brooklyn Stuhlsatz	Rogers	8-06.00
6 Julia Barton	Maple Grove	8-06.00
7 Madison Erickson	Elk River	8-00.00

Section 4AAA True Team

Elk River - 5/7/2019

Results

Finals ... (Girls Pole Vault)

Name	School	Finals
7 Riley Nordberg	Rogers	8-00.00
7 Bailey Brendel	Anoka	8-00.00
10 Suzanne Bates	Andover	8-00.00
11 Sydney Kowalski	Maple Grove	8-00.00
11 Grace Kehr	Coon Rapids	8-00.00
11 Clarissa Hilary	Elk River	8-00.00
14 Dylan Shoemaker	Maple Grove	7-06.00
15 Anna Riewe	Elk River	7-00.00
16 Julia Waite	Coon Rapids	7-00.00
17 Heather Hullinsky	Rogers	7-00.00
18 Julia Dutton	Coon Rapids	6-06.00
18 Harmonnee Harrison	Park Center	6-06.00
20 Katelyn Qualley	Champlin Par	6-00.00
21 Kylie Vanderpool	Champlin Par	6-00.00
22 Ashlyn Murphy	Champlin Par	6-00.00

Girls Long Jump

Name	School	Finals
1 Aidan Senior	Anoka	17-02.75
2 Cedar Jorgenson	Andover	16-07.00
3 Katieanna Williams	Anoka	16-01.25
4 Delanie Siewert	Maple Grove	15-11.75
5 Adaeze Udalla	Elk River	15-10.75
6 Gabrielle Bodin	Osseo	15-10.00
7 Amaya Rose	Anoka	15-09.25
8 Katherine Buhl	Elk River	15-08.00
9 Neomi Sidique	Park Center	15-04.50
10 Courtney Killian	Coon Rapids	15-03.50
11 Chloe Maxwell	Park Center	14-11.75
12 Tashina Beyioku-Alase	Champlin Par	14-10.50
13 Morgan Wherry	Maple Grove	14-10.00
14 Brianna Villanti	Rogers	14-05.25
15 Kylie Scowcroft	Andover	14-03.75
16 Suzanne Bates	Andover	14-03.50
17 Benedite Kalala	Coon Rapids	14-02.50
18 Michaela Hobin	Park Center	14-00.50
19 Nyomi Charleston	Champlin Par	13-10.75
20 Carlee Weicht	Elk River	13-10.75
21 Grace Kehr	Coon Rapids	13-09.50
22 Abigail Northuis	Rogers	13-09.00
23 Kelsie Sealock	Osseo	13-06.50
24 Alexis Brockberg	Rogers	13-06.50
25 Anna Zigman	Maple Grove	12-09.50
26 Rodiat Adeduntan	Park Center	12-05.50
27 Courtney Mensah	Champlin Par	12-03.75

Girls Triple Jump

Name	School	Finals
1 Katieanna Williams	Anoka	37-04.00
2 Katherine Buhl	Elk River	34-01.75
3 Laubenra Ben	Park Center	33-09.50
4 Delanie Siewert	Maple Grove	33-05.50

5 Courtney Killian	Coon Rapids	33-04.00
6 Morgan Bosacker	Maple Grove	33-03.50
7 Burnices Barlue	Osseo	32-09.00
8 Gabrielle Bodin	Osseo	32-02.50
9 Adaeze Udalla	Elk River	32-01.50
10 Christina Babaya	Elk River	31-11.00
11 Bailey Brendel	Anoka	31-09.25
12 Kaylee Fisher	Park Center	31-09.00
13 Suzanne Bates	Andover	31-08.00
14 Michaela Hobin	Park Center	31-04.00
15 Avery Hjelm	Maple Grove	31-03.00
16 Maren Merrick-Melberg	Anoka	30-11.00
17 Sydney Farber	Andover	30-09.50
18 Kylie Scowcroft	Andover	30-06.00
19 Adeola Adeleke	Champlin Par	30-05.50
20 Alexis Brockberg	Rogers	29-10.50
21 Abigail Northuis	Rogers	29-04.50
22 Alana Walters	Rogers	29-02.50
22 Sydney Paine	Champlin Par	29-02.50
24 Hajaysen Kwateh	Osseo	28-09.00
25 Grace Kehr	Coon Rapids	28-07.00
26 Emma Hoffman	Coon Rapids	28-03.00
27 Callista Lamott	Champlin Par	27-05.50

Girls Shot Put

Name	School	Finals
1 Rachel Deters	Coon Rapids	35-04.00
2 Emily Josephson	Anoka	34-11.25
3 Esther Mensah	Park Center	34-02.00
4 Kennedy Gleason	Elk River	33-11.00
5 Mackenzie Peterson	Champlin Par	33-10.25
6 Amarah McDonough	Osseo	33-03.00
7 Laila Lakanen	Anoka	33-01.50
8 Sophia Kormann	Maple Grove	32-09.00
8 Dolayinka Ademola-Green	Coon Rapids	32-09.00
10 Olivia Kramer	Elk River	32-06.75
11 Olivia McCarter	Andover	32-06.00
12 Elizabeth Biggins	Coon Rapids	31-07.25
13 Ava Larson	Champlin Par	31-04.75
14 Isabella Ashburn	Champlin Par	31-00.00
15 Hailey Petersen	Anoka	30-09.75
16 Layla Vinje	Maple Grove	30-07.50
17 Clarissa Hilary	Elk River	30-03.25
18 Meghan Ellingson	Rogers	29-03.25
19 Annais Bakpatina	Osseo	28-08.50
20 Camerina Matich	Andover	28-02.00
21 Joy Teah	Maple Grove	27-06.00
22 Alese Eames	Park Center	27-03.50
23 Jamie Kerkvliet	Rogers	27-00.00
24 Madison Nelson	Andover	26-10.00
25 Mia Brewer-Law	Park Center	26-04.50
26 Alexis Krueger	Rogers	24-07.50
27 Hajaysen Kwateh	Osseo	24-07.25

Section 4AAA True Team

Elk River - 5/7/2019

Results

Girls Discus Throw

Name	School	Finals
Finals		
1	Andi Mehrer	Elk River 104-03
2	Clarissa Hilary	Elk River 102-07
3	Laila Lakanen	Anoka 102-02
4	Sophia Kormann	Maple Grove 98-08
5	Miranda Reiersen	Elk River 93-09
6	Dolayinka Ademola-Green	Coon Rapids 92-10
7	Isabella Ashburn	Champlin Par 92-07
8	Ellen Everhart	Coon Rapids 89-04
9	Camerina Matich	Andover 89-01
10	Hailey Petersen	Anoka 88-07
11	Rachel Deters	Coon Rapids 88-05
12	Kathryn Simmons	Andover 86-03
13	Meghan Ellingson	Rogers 85-04
14	Annais Bakpatina	Osseo 84-06
15	Esther Mensah	Park Center 80-10
16	Ava Larson	Champlin Par 80-08
17	Margaret Peterson	Maple Grove 80-02
18	Tegan MacMurdo	Park Center 79-10
19	Mackenzie Peterson	Champlin Par 79-08
20	Aisatou Mane	Osseo 79-04
21	Emily Josephson	Anoka 77-02
22	Ruby Revier	Osseo 76-09
23	Jamie Kerkvliet	Rogers 75-00
24	Layla Vinje	Maple Grove 74-11
25	Mia Brewer-Law	Park Center 72-05
26	Brooklyn Carlson	Andover 69-01
27	Alexis Krueger	Rogers 65-10

Boys 100 Meter Dash

Name	School	Finals
Finals		
1	Evan Hull	Maple Grove 11.02
2	Robert Walatee	Osseo 11.22
3	Dominic Feess	Park Center 11.30
4	Kevin Arthur	Champlin Par 11.37
5	Reginald Dupree	Osseo 11.41
6	Avont Shannon	Coon Rapids 11.49
7	Michael Shipman	Champlin Par 11.59
8	Varney Conneh	Champlin Par 11.60
9	Michael Olowo	Rogers 11.61
10	Aghogho Eyafe	Andover 11.62
11	David Geebli	Coon Rapids 11.66
12	Nicholas Westphal	Maple Grove 11.72
13	Khalid Brooks	Osseo 11.76
13	Emmanuel Tamba	Park Center 11.76
13	Ben McNaboe	Rogers 11.76
16	Raymond Andrews	Park Center 11.77
17	Pierre Deutschlander	Maple Grove 11.78
18	Ben Steckman	Andover 11.81
19	Matthew Beaudry	Elk River 11.92
20	Justin Mishler	Anoka 11.95
21	Caden Wheeler	Andover 11.97

21	Logan Blesi	Anoka 11.97
23	Carter Otto	Elk River 12.11
24	Robert Heinzen	Elk River 12.17
25	Sean Aiken	Anoka 12.47
26	Eathan Betzler	Rogers 12.52
26	Cody Killian	Coon Rapids 12.52

Boys 200 Meter Dash

Name	School	Finals
Finals		
1	Evan Hull	Maple Grove 22.24
2	Dominic Feess	Park Center 22.55
3	Kevin Arthur	Champlin Par 22.99
4	Tarnue Kekoura	Coon Rapids 23.02
5	Rufus Summerville	Osseo 23.05
6	Robert Walatee	Osseo 23.26
7	Christopher Frazier	Park Center 23.35
8	Nicholas Westphal	Maple Grove 23.40
8	Ben Steckman	Andover 23.40
10	Spencer De Souza	Coon Rapids 23.50
11	Pierre Deutschlander	Maple Grove 23.70
12	Michael Shipman	Champlin Par 23.85
13	Caden Wheeler	Andover 23.93
14	Ben McNaboe	Rogers 23.97
15	Varney Conneh	Champlin Par 23.99
16	Tim Kamara	Osseo 24.04
17	Joshua Lewis	Park Center 24.06
18	Matthew Beaudry	Elk River 24.09
19	Shakiran Williams	Coon Rapids 24.10
20	Sebastian Fernandez	Anoka 24.27
21	Michael Johnson	Elk River 24.30
22	Jacob Trembley	Andover 24.48
23	Mason Slag	Anoka 24.56
24	Adam Nelson	Elk River 24.77
25	Sean Aiken	Anoka 25.10
26	Eathan Betzler	Rogers 25.20
27	Anthony Pratt	Rogers 25.59

Boys 400 Meter Dash

Name	School	Finals
Finals		
1	Cade Lizotte	Champlin Par 51.19
2	Bruce Muehlhauser	Anoka 51.23
3	Bill Pouyo	Park Center 52.21
4	Abdisa Koji	Coon Rapids 52.58
5	Rufus Summerville	Osseo 52.66
6	Sebastian Fernandez	Anoka 53.30
7	Prince Massaquoi	Osseo 53.48
8	Matthew Beaudry	Elk River 54.02
9	Benjamin Pettingell	Maple Grove 54.14
10	Austin Ayobamidele	Park Center 54.18
11	Ty Schneider	Champlin Par 54.22
12	Luke Raymon	Maple Grove 54.83
13	Maxwell Barnett	Elk River 54.88
14	Gus Giddings	Andover 55.04
15	Gabe Birkmeier	Andover 55.34

Section 4AAA True Team

Elk River - 5/7/2019

Results

Finals ... (Boys 400 Meter Dash)

Name	School	Finals
16 Omavi Slaughter	Park Center	55.48
17 Joshua Massaquoi	Osseo	55.87
18 Kai Zappa	Anoka	56.19
19 Sir Richard Lifaka	Coon Rapids	56.25
20 Lucas Brue	Champlin Par	57.13
21 Eli Smith	Rogers	57.25
22 David Geebli	Coon Rapids	57.38
23 Calvin Artmann	Elk River	57.39
24 Anthony Pratt	Rogers	59.47
25 Noah VanVoorhis	Andover	1:00.13
26 Spencer Luckereth	Rogers	1:00.87

Boys 800 Meter Run

Name	School	Finals
1 Mackinon Mokoro	Osseo	2:00.52
2 Bruce Muehlhauser	Anoka	2:02.44
3 Cameron Heppner	Andover	2:05.42
4 Blake Fuller	Anoka	2:06.10
5 Joseph Gustafson	Elk River	2:06.20
6 Jacob Dirshel	Rogers	2:07.39
7 Ethan Anderson	Rogers	2:08.95
8 Pavel Strelchuk	Elk River	2:09.30
9 Benjamin Pettingell	Maple Grove	2:09.51
10 Andre Kemboi	Coon Rapids	2:10.31
11 Logan Meinert	Andover	2:10.87
12 Christian Mirabal	Anoka	2:11.42
13 Alexander Ostaffe	Maple Grove	2:11.50
14 Vaughn Ruska	Osseo	2:11.55
15 Lucas Gustafson	Elk River	2:12.23
16 Caden Hartle	Andover	2:13.96
17 Daniel Kloepfner	Champlin Par	2:14.42
18 Joseph Clauson	Rogers	2:17.38
19 Joshua Thoen	Coon Rapids	2:17.84
20 Cameron Granner	Park Center	2:19.03
21 Joseph Eisenberg	Champlin Par	2:19.36
22 Gabriel Benton	Osseo	2:23.01
23 Caleb Chesser	Coon Rapids	2:23.01
24 Francis Peters	Park Center	2:24.77
25 Myles Brown	Maple Grove	2:26.36
26 Andrew Mantini	Champlin Par	2:27.30
27 Osiris Moor	Park Center	2:27.31

Boys 1600 Meter Run

Name	School	Finals
1 Mackinon Mokoro	Osseo	4:29.88
2 Lucas Gustafson	Elk River	4:30.02
3 Dontac Johnson	Champlin Par	4:31.46
4 Cameron Heppner	Andover	4:39.67
5 Miles Olofson	Elk River	4:43.18
6 Clark Young	Maple Grove	4:43.62
7 Joseph Gustafson	Elk River	4:43.80
8 Blake Fuller	Anoka	4:45.33

9 Ethan Anderson	Rogers	4:45.51
10 Cole Harcey	Osseo	4:45.77
11 Alexander Ostaffe	Maple Grove	4:46.37
12 Christian Mirabal	Anoka	4:51.30
13 Landon Aufderhar	Andover	4:51.84
14 Mark Scheller	Champlin Par	4:54.39
15 Caden Hartle	Andover	4:54.65
16 Aaron Taylor	Anoka	4:57.03
17 Addison Wong	Maple Grove	4:58.73
18 Cade Sanvik	Osseo	5:00.77
19 Zachary Oldroyd	Champlin Par	5:03.20
20 Noah Christiansen	Coon Rapids	5:06.83
21 Nathan O'Neil	Coon Rapids	5:07.85
22 Peyton Martinek	Coon Rapids	5:08.29
23 Angel Cuate	Park Center	5:19.34
24 Lawrence Skagen	Park Center	5:24.83
25 Adam Gunderson	Rogers	5:29.20
26 Joseph Reshetar	Rogers	5:37.59

Boys 3200 Meter Run

Name	School	Finals
1 Charles Caven	Maple Grove	9:52.08
2 Connor Preston	Champlin Par	9:52.77
3 Clark Young	Maple Grove	10:26.21
4 Cole Harcey	Osseo	10:26.54
5 Miles Olofson	Elk River	10:28.26
6 Ryan Behnke-Nead	Anoka	10:43.51
7 Landon Aufderhar	Andover	10:47.13
8 Nicholas Jorgenson	Coon Rapids	10:49.67
9 Michael Smith	Coon Rapids	10:52.43
10 Gavin Hilyar	Elk River	10:55.08
11 Reed Smith	Coon Rapids	10:55.57
12 Ryan McNamara	Osseo	10:56.17
13 Joshua Meinert	Anoka	10:59.41
14 Elias Peterson	Osseo	11:00.11
15 Drew Hjelmstad	Maple Grove	11:02.19
16 Micah Hanson	Anoka	11:02.64
17 Joel Nathe	Park Center	11:03.55
18 Eoin Keran	Champlin Par	11:13.59
19 Vitaliy Strelchuk	Elk River	11:15.07
20 Hayden O'Connor	Rogers	11:23.39
21 Jackson Dokken	Andover	11:26.72
22 Riley Rongere	Rogers	11:32.02
23 Blake Olson	Champlin Par	11:32.45
24 Joshua Reed	Park Center	11:44.90
25 Calvin Fiala	Andover	11:45.72
26 Alexander Skinner	Rogers	11:52.09

Boys 110 Meter Hurdles

Name	School	Finals
1 Collins Mokuah	Osseo	14.98
2 Spencer Hoium	Coon Rapids	15.01
3 Jorge Olivo Cabrera	Andover	15.30
4 Kevin Egbujor	Elk River	15.52

Section 4AAA True Team

Elk River - 5/7/2019

Results

Finals ... (Boys 110 Meter Hurdles)

Name	School	Finals
5 Micah Madyun	Anoka	15.63
6 Jared Stanke	Elk River	15.78
7 Jackson Heckt	Anoka	15.94
8 Blake Nyenati	Andover	16.04
9 James Carothers	Osseo	16.29
10 Samuel Payne	Champlin Par	16.34
11 Huxley Nyabwari	Maple Grove	16.67
12 Stephen Menday	Coon Rapids	16.94
13 Tyrique Givance	Champlin Par	17.15
14 Levi Taylor	Coon Rapids	17.21
15 Habib Munye	Park Center	17.50
16 Darius Givance	Champlin Par	17.59
17 Jaures Ayumba	Elk River	17.70
18 Evan Teigen	Rogers	18.00
19 Kenny Range	Andover	18.07
20 Frederick Barlue	Osseo	18.23
21 Ryan Bottema	Maple Grove	18.35
22 Ray Nyaigoti	Maple Grove	18.59
23 Ryan Getz	Rogers	18.68
24 Christopher Weber	Anoka	19.98
25 Grant Goodrich	Rogers	21.01
26 Kyle Wamstad	Park Center	21.17

Boys 300 Meter Hurdles

Name	School	Finals
1 Spencer Hoiium	Coon Rapids	39.87
2 Huxley Nyabwari	Maple Grove	40.28
3 Kevin Egbujor	Elk River	40.48
4 Collins Mokuah	Osseo	40.70
5 Jorge Olivo Cabrera	Andover	42.05
6 Jared Stanke	Elk River	42.24
7 Stephen Menday	Coon Rapids	42.87
8 Blake Nyenati	Andover	43.08
9 Haven Eliason	Champlin Par	43.35
10 Alexander Nelson	Anoka	43.49
11 Micah Madyun	Anoka	43.61
12 Levi Taylor	Coon Rapids	43.80
13 Kenny Range	Andover	44.44
14 Habib Munye	Park Center	44.57
15 Adam Gardner	Maple Grove	44.75
16 Jackson Heckt	Anoka	45.76
17 Frederick Barlue	Osseo	45.88
18 Xavier Thomas	Champlin Par	45.90
19 Jaures Ayumba	Elk River	46.26
20 Evan Teigen	Rogers	46.42
21 Knowledge Johnson	Osseo	47.26
22 Ryan Getz	Rogers	47.82
23 Gabe Voronyak	Rogers	49.64
24 Saisahith Yerri	Maple Grove	50.18
25 Kyle Wamstad	Park Center	51.53
26 William Dampier	Champlin Par	1:04.73

Boys 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 Maple Grove		43.63
2 Champlin Park		43.83
3 Osseo		44.44
4 Andover		45.23
5 Coon Rapids		45.30
6 Elk River		45.63
7 Park Center		45.64
8 Anoka		47.80
9 Rogers		49.70

Boys 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 Park Center		1:31.25
2 Coon Rapids		1:33.09
3 Andover		1:34.14
4 Champlin Park		1:34.79
5 Elk River		1:35.24
6 Maple Grove		1:36.20
7 Osseo		1:37.02
8 Anoka		1:37.51
--- Rogers		DQ

Boys 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Elk River		3:33.64
2 Osseo		3:34.76
3 Park Center		3:35.26
4 Coon Rapids		3:35.94
5 Andover		3:35.95
6 Champlin Park		3:38.79
7 Anoka		3:39.49
8 Rogers		3:39.71
9 Maple Grove		3:42.25

Boys 4x800 Meter Relay

Team	Relay	Finals
Finals		
1 Anoka		8:40.11
2 Elk River		8:46.40
3 Andover		8:50.65
4 Champlin Park		8:54.11
5 Osseo		8:58.65
6 Coon Rapids		9:05.39
7 Maple Grove		9:07.86
8 Rogers		9:11.31
9 Park Center		10:29.26

Boys High Jump

Name	School	Finals
Finals		
1 Anthony Getuba	Anoka	6-01.00

Section 4AAA True Team

Elk River - 5/7/2019

Results

Finals ... (Boys High Jump)

Name	School	Finals
2 Kevin Egbujor	Elk River	6-01.00
3 Isaac Johnson	Coon Rapids	6-00.00
4 Jared Stanke	Elk River	6-00.00
5 Elijah Barlue	Osseo	5-10.00
6 Levi Taylor	Coon Rapids	5-10.00
7 Micah Madyun	Anoka	5-08.00
8 Knowledge Johnson	Osseo	5-08.00
8 Michael Braun	Rogers	5-08.00
10 Michael Johnson	Elk River	5-06.00
11 Luke Raymon	Maple Grove	5-06.00
12 Alec Kranig	Anoka	5-06.00
13 Steven Arrell	Osseo	5-04.00
13 Ahmed Farah	Park Center	5-04.00
15 Tyrique Givance	Champlin Par	5-04.00
15 Darius Givance	Champlin Par	5-04.00
17 Austin Macfarlane	Andover	5-04.00
17 Ethan Tedrow	Coon Rapids	5-04.00
17 Carlson Payne	Park Center	5-04.00
17 Jacob Trembley	Andover	5-04.00
17 Gus Giddings	Andover	5-04.00
22 Chris King	Park Center	5-02.00
23 Spencer Luckerth	Rogers	5-00.00
24 Riley Ampig	Champlin Par	5-00.00
24 Zachary Knutson	Rogers	5-00.00
24 Daniel Gruess	Maple Grove	5-00.00
27 Peter Norby	Maple Grove	5-00.00

Boys Pole Vault

Name	School	Finals
1 Ben Linde	Andover	11-06.00
2 Sean Marks	Coon Rapids	11-00.00
3 Nicklaus Gill	Elk River	10-06.00
4 Benjamin Urbaniak	Anoka	10-06.00
5 Jack Gebhardt	Elk River	10-06.00
6 Eli Smith	Rogers	10-00.00
7 Colin Bedbury	Elk River	10-00.00
7 Eoin Keran	Champlin Par	10-00.00
7 Samuel Kohls	Osseo	10-00.00
10 Gideon Heroux	Maple Grove	10-00.00
11 Joseph Ream	Maple Grove	9-06.00
12 Kunbon Huber	Champlin Par	9-00.00
13 Eathan Betzler	Rogers	9-00.00
14 Cameron Granner	Park Center	9-00.00
15 Tyler Vu	Osseo	8-06.00
15 Jack Cook	Andover	8-06.00
15 Nathan Kavanaugh	Coon Rapids	8-06.00
18 Joshua Reed	Park Center	8-06.00
18 Nicholas George	Champlin Par	8-06.00
20 Aries Bueckers	Maple Grove	8-00.00
21 Michael Hamel	Osseo	8-00.00
21 Joylus Harris	Park Center	8-00.00

Boys Long Jump

Name	School	Finals
1 Edmund Ocansey	Champlin Par	21-06.00
2 Aghogho Eyafe	Andover	20-01.75
3 Spencer Wherry	Maple Grove	19-09.00
4 Micah Madyun	Anoka	19-07.50
5 Tim Kamara	Osseo	19-04.50
6 Michael Braun	Rogers	19-04.25
7 Nicklaus Gill	Elk River	19-03.75
8 Collins Mokuah	Osseo	19-02.75
9 Anthony Getuba	Anoka	19-02.50
10 Abdisa Koji	Coon Rapids	18-11.00
11 Carlson Payne	Park Center	18-10.00
12 Colin Chapman	Rogers	18-09.25
13 Elijah Barlue	Osseo	18-08.75
14 Ben Steckman	Andover	18-08.50
15 Gavin LaMott	Champlin Par	18-06.75
16 Chris King	Park Center	18-05.50
17 Riley Baumgartner	Andover	18-05.00
18 Jackson Heckt	Anoka	18-03.75
19 Johnston Freeman	Champlin Par	18-02.75
20 Joshua Nguyen	Maple Grove	17-10.00
21 Joshua Edwards	Coon Rapids	17-09.50
22 Nicholas Jung	Elk River	17-08.75
23 Faaris Amegankpoe	Maple Grove	17-05.00
24 Shakiran Williams	Coon Rapids	17-01.25
25 Jaures Ayumba	Elk River	17-00.75
26 Dominique Drake	Park Center	16-06.75
27 Gabe Voronyak	Rogers	14-10.00

Boys Triple Jump

Name	School	Finals
1 Edmund Ocansey	Champlin Par	45-01.25
2 Spencer Hoium	Coon Rapids	42-00.25
3 Jackson Heckt	Anoka	41-11.50
4 Devan Thompson	Anoka	41-10.50
5 Anthony Getuba	Anoka	41-04.50
6 Tarnue Kekoura	Coon Rapids	39-08.75
7 Elijah Barlue	Osseo	39-05.50
8 Jaures Ayumba	Elk River	39-04.00
9 Nicklaus Gill	Elk River	39-03.25
10 Carlson Payne	Park Center	39-02.50
11 Michael Braun	Rogers	38-10.50
12 James Carothers	Osseo	38-10.00
13 Brahima Ann	Maple Grove	38-08.75
14 Ahmed Farah	Park Center	38-07.75
15 Blake Nyenati	Andover	38-01.00
16 Austin Macfarlane	Andover	37-03.50
17 Gavin LaMott	Champlin Par	37-02.75
18 James Booker	Park Center	37-00.75
19 Collin Nelson	Elk River	36-10.75
20 Riley Baumgartner	Andover	35-07.00
21 Jay Vang	Champlin Par	35-01.50

Section 4AAA True Team

Elk River - 5/7/2019

Results

Finals ... (Boys Triple Jump)

Name	School	Finals
22 Stephen Menday	Coon Rapids	35-00.75
23 Samuel Kohls	Osseo	34-08.50
24 Cole Banovetz	Maple Grove	34-06.50
25 Evan Teigen	Rogers	34-02.50
26 Grant Goodrich	Rogers	33-08.50
27 Zachary Williams	Maple Grove	32-06.25

Boys Shot Put

Name	School	Finals
1 Jakob Bradford	Park Center	51-11.75
2 Obinna Evuleocha	Champlin Par	49-08.25
3 Terrell Ighodalo	Champlin Par	49-04.25
4 Jordan Nolan	Coon Rapids	48-00.25
5 Elijah Bicek	Elk River	45-07.25
6 Santino Stephens	Champlin Par	43-07.00
7 Godo Jiggo	Anoka	43-06.25
8 Sam Stafsholt	Andover	42-03.00
9 Cody Newhouse	Elk River	41-07.25
10 Joel Johnson	Maple Grove	41-05.75
11 Charlie Folkens	Rogers	40-03.75
12 Seth Hopkins	Elk River	40-00.50
13 Kyle Larson	Andover	39-10.50
14 Martin Jennings	Coon Rapids	39-01.75
15 Dawson Jansen	Andover	38-06.75
16 Mitchell Jones	Anoka	38-05.00
17 Marceat Hibbler	Coon Rapids	36-07.00
18 Tyler Nebelung	Anoka	36-06.75
19 McKade Poirier	Rogers	36-05.50
20 Dominick Zahner	Rogers	36-01.50
21 Christopher Timahl	Park Center	35-08.50
22 Logan Schultz	Maple Grove	34-09.50
23 Brahima Ann	Maple Grove	34-04.75
24 Maxwell Hammons	Osseo	32-06.50
25 Calvin Harris	Osseo	31-05.00
26 Adam Adeboye	Park Center	31-03.00

Boys Discus Throw

Name	School	Finals
1 Jordan Nolan	Coon Rapids	139-06
2 Jakob Bradford	Park Center	136-00
3 Elijah Bicek	Elk River	135-08
4 Santino Stephens	Champlin Par	134-05
5 Chance Alexander	Coon Rapids	128-09
6 Lafayette Bade	Elk River	119-05
7 Terrell Ighodalo	Champlin Par	114-09
8 Ben McNaboe	Rogers	114-00
9 Tyler Nebelung	Anoka	113-08
10 Hunter Tanem	Coon Rapids	112-04
11 David Floersch	Champlin Par	110-03
12 Brandon Prentis	Andover	110-00
13 Knowledge Johnson	Osseo	108-03
14 McKade Poirier	Rogers	107-01

15 Adam Adeboye	Park Center	105-11
16 Ben Linde	Andover	104-08
17 Carter Cloutier	Andover	102-06
18 Calvin Harris	Osseo	96-00
19 Maxwell Hammons	Osseo	93-10
20 Seth Hopkins	Elk River	92-06
21 Charlie Folkens	Rogers	90-07
22 Logan Schultz	Maple Grove	89-09
23 Christopher Timahl	Park Center	89-04
24 Brahima Ann	Maple Grove	85-11
25 Spencer French	Maple Grove	82-09

Women - Team Rankings - 18 Events Scored

1) Anoka	854
2) Maple Grove	784.5
3) Elk River	781
4) Andover	715
5) Osseo	674
6) Champlin Park	606.5
7) Coon Rapids	595.5
8) Park Center	487
9) Rogers	467.5

Men - Team Rankings - 18 Events Scored

1) Elk River	799
2) Osseo	755.5
3) Champlin Park	754.5
4) Coon Rapids	745.5
5) Andover	691
6) Anoka	688.5
7) Maple Grove	609.5
8) Park Center	525.5
9) Rogers	415