



High School Lettering Program · 2023-2024

All advanced club skaters 7th grade through 12th grade are REQUIRED to register with the Athletic Department in the school that they attend. If your school does not recognize Figure Skating as a lettering program/sport, you will be required to register with the Fergus Falls School district.

- 1. If you are a student with the Fergus Falls Public School/Kennedy Secondary School,** you must register with the activities office online at otteractivities.registryinsight.com. To find Figure Skating, you will need to choose HS Winter Activities - Girls on the second page following the list of MSHSL rules. Please do this by **October 2nd, 2023**. Please contact the KSS activities department if you have any questions regarding this process.
- 2. If you do not attend the Kennedy Secondary School and your school does not recognize Figure Skating as a lettering program/sport,** you are required to make a \$40 donation to the Kennedy Secondary School athletic department. Proof of this donation must be turned in to the Operations Director.
- 3. If your school will recognize Figure Skating as a lettering program/sport,** you must complete the appropriate athletic department forms and requirements of the school. A copy and verification of your athletic program registration at any other school other than Fergus Falls must be submitted to the FFSC Operations Director.
4. Please read the FFSC Qualification and Lettering Program Requirements. Sign the acknowledgement page and return this to the FFSC Operations Director on or before October 2nd, 2023.
5. Throughout the year, you are required to document your ice time, competitions, testing, etc. Please use the attached tracking form to do this. Turn in your tracking form to your coach or the FFSC Operations Director at the end of the skating season, or before **March 31, 2024**.

If you have any questions in regards to the High School Lettering Program, please contact the FFSC Operations Director at 218-332-0196 (call or text) or email at ffscopsdirector@gmail.com.



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Qualifications and Lettering Requirements

1. The Skater must be in grades 7th-12th and be an advanced club member of the Fergus Falls Skating Club (FFSC).
2. The Skater must be a member in good standing with the FFSC and U.S. Figure Skating.
3. The Skater must skate a minimum of 100 hours of club sponsored ice during the skating season. The FFSC offers approximately 120 hours of practice ice in the fall session running from October 2, 2023 through December 22, 2023. The FFSC offers approximately 100 hours of practice ice in the spring session running from January through March 2023. For the purposes of this program, the skating season runs from May 1 to April 30 yearly.
4. Skater must have achieved at least 2 of the 3 following levels:
 - a. The Free Skate test level of Juvenile.
 - b. The Moves in the Field test level of Juvenile.
 - c. The Dance test level of Bronze.
5. The Skater must attempt at least one U.S. Figure Skating official test per skating season. The Skater will receive 1.5 hours per test plus travel time. Exceptions would apply to skaters that have passed their Senior Moves in the Field and/or Senior Freeskate test and/or Gold Dance test.
6. The Skater must participate in at least 3 public events per skating season such as, competitions, ice shows, and exhibitions. At least 1 must be a U.S. Figure Skating competition. The Skater will receive 3 hours per event—Non-qualifying competition plus travel time and 4 hours per event—Qualifying competition plus travel time. At least 1 event must be a sanctioned ice show. The average high school skater spends 40-45 hours practicing and performing in our spring ice show.
7. Skaters that apprentice basic skills classes and/or holiday parties will earn lettering hours for these events.
8. FFSC offers spring, summer, and early fall ice in Fargo, Moorhead, or Alexandria. These hours will be considered if allowable by the FFHS Co-Curricular Activities Committee.
9. The Skater must provide necessary documentation (competition ordinal sheets, test forms, show programs, etc.) to a FFSC representative. The representative will also calculate club contract ice hours with the assistance of the FFSC Operations Director.
10. In the spring of the year, the FFSC representative will submit the necessary information to the appropriate school's activities office.



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I acknowledge that I have thoroughly read and understand the High School Lettering Program Qualification and Requirements and will be sure to follow the policies the best I can.

Skater's Signature _____ Date _____

Parent's Signature _____ Date _____

**Return this signed acknowledgement and any other program verification to the FFSC Operations Director before or on October 2, 2023.*

FFSC Operations Director's Initials _____ *Date Received* _____

