



# ***CENTENNIAL RECREATIONAL SOCCER***

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## **Kindergarten and 1st Grade Rules**

**Number of Players:** 4v4 on field

**When to start game:** When both teams have 4 players to start a game. Not all players need to be at the field to start.

**Duration of match:** 2-20 minute halves with a 5 min halftime

**Goalies:** No Goalies

**Kick-off:** Encourage a pass to begin the game. Opposing team should be outside of the center circle on their own half.

**Refs:** Coaches will be the refs. If you do not have an assistant coach, we encourage you to find a parent who can help manage the team while they are sitting on the sideline.  
When the ball goes out, coaches should call it as a goal kick, corner kick, throw-in, etc.

**Goal Kicks:** Should be kicked from anywhere in the penalty box.

**Corner Kicks:** Ball should be placed on one of the corners in which the ball crossed the endline.

**Throw-ins:** The ball should start behind the head and thrown with both hands.

**Offsides:** No offsides

**No heading, punting or sliding.**



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## **2nd/3rd Grade and 4th/5th Grade Rules**

**Number of players:** 7v7 on field

**When to start game:** When both teams have enough players to start a game. Not all players need to be at the field to start.

**Duration of match:** 2- 25 min halves

**Goalies:** Each team will provide a goalie.

**Kick-off:** Encourage a pass to begin the game. Opposing team should be outside of the center circle on their own half.

**Refs:** Designated Refs will be controlling the game.

**Goal Kicks:** Opponents must drop back behind the Build Out Line until the ball is in play. The ball does not need to leave the box for it to be in play. The team taking the goal kick may choose to restart play before the opponents have retreated behind the Build Out Line but they do so accepting the positioning of the opponents and the consequences of how play resumes.

**Corner Kicks:** Ball should be placed on the corner in which the ball crossed the endline.

**Throw-ins:** The ball should start behind the head and be thrown with both hands. You will see several players who will throw it in quickly and not lower the ball behind their head. Help these players understand this concept. Be patient as this is new to many players. If they don't do it correctly, help them the next time they throw it in.

**Offsides:** No offsides

**Goal Kicks:** Opponents must drop back behind the Build Out Line until the ball is in play. The team taking the goal kick may choose to restart play before the opponents have retreated behind the Build Out Line but they do so accepting the positioning of the opponents and the consequences of how play resumes.

**Build-out Line:** Opponent must drop behind build-out line on goal kick or GK possession to facilitate playing out of the back. Video of build out line here: <https://www.youtube.com/watch?v=PAE4d0wLmhc>



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**No heading, punting or sliding.**