

**WISCONSIN WRESTLING FEDERATION
COMBINED BOYS & GIRLS FREESTYLE & GRECO STATE CHAMPIONSHIPS
Friday - Sunday, May 1 - 3, 2026**

**Woodside Sports Dome 2100 River Road, Wisconsin Dells, WI
For Kids, 16U, Juniors Age Levels**

Wisconsin Residents Only | Red and Blue Singlets are required for all Ages.

Schedule

Friday May 1, 2026

4:00-5:00 PM – Registration and Weigh-in for all Girls Age Groups
6:00 PM – All Girls Groups Start Wrestling
5:30-7:00 PM – Registration and Weigh-in for all Boys Age Groups and Styles at the Woodside Sports Dome and Remote Weigh-in Sites

Saturday May 2, 2026

7:30 AM – Doors Open
9:00 AM – Freestyle Wrestling Begins for Boys Junior & 16U Age Groups
1:30 PM - Freestyle Wrestling Begins for Boys Kids Ages
3:00-4:00 PM - Greco Only Registration and Weigh-in - Come to Head Table

Sunday May 3, 2026

7:30 AM – Doors Open
9:00 AM – Greco Wrestling Begins For All Age Groups

Entry Fee: Pre-registration must be completed through the [USA Wrestling membership system](#) by noon on Thursday, April 30. The cost is \$50 for each style, or \$75 for each style at the Door at the Woodside Sports Dome or any Remote Weigh-in site.

Weigh-ins: **Girls Weigh-in Friday Night May 1, 2026 4:00-5:00 at Woodside Sports Dome**
Boys Weigh-ins Friday, May 1, 2026 - 5:30 to 7:00 PM at Woodside Sports Dome and 5:30 to 7:00 PM at Remote Weigh-in Sites: Merrill, Mukwonago, and Mineral Point High Schools and Menomonie Middle School along Aviators and LAW Wrestling Facilities.
Wrestlers may register and weigh in at any of the weigh-in sites. All wrestlers must have a USAW membership for registration and weigh-ins. Memberships can be purchased online through the [USA Wrestling membership system](#). Wrestlers must wear a singlet at weigh-ins. Wrestlers doing both styles only have to weigh in once.
Greco Only Weigh-In Saturday, May 2, 3:00 to 4:00 PM at Woodside Sports Dome
Greco Only wrestlers may weigh in Friday or Saturday at the times listed

<u>Boys Freestyle & Greco Age and Weight Groups</u>					
	10U	12U	14U	16U	Junior
Born	2016-2017	2014-2015	2012-2013	2010-2011	Born 9/1/06*
Weights	49 77	58 86	75 105 155	88 126 165	100 138 190
	53 84	63 92	80 110 175	94 132 175	106 144 215
	56 93	67 98	84 115 225	100 138 190	113 150 285
	59 105	70 108	88 120	106 144 215	120 157
	63 120	74 117	92 126	113 150 285	126 165
	67	78 135	96 132	120 157	132 175
	71	82 160	100 140		

*or after but still enrolled in 9-12 grade for spring of 2026

semester

Over

Girls Freestyle Age Groups and Weight Classes

10U: Born 2016-2017, 45lbs, 49lbs 53lbs, 57lbs, 62lbs, 67lbs, 73lbs, 80lbs, 90lbs, 100lbs, 113lbs

12U: Born 2014-2015, 55lbs, 59lbs, 64lbs, 69lbs, 75lbs, 81lbs, 87lbs, 94lbs, 102lbs, 112lbs, 126lbs, 140lbs,

14U: Born 2012-2013, 75lbs 80lbs, 85lbs, 90lbs, 95lbs, 100lbs, 105lbs, 110bs, 115lbs, 120lbs, 125lbs, 130lbs, 135lbs, 140lbs, 150lbs, 165lbs, 180lbs,

16U: Born 2010-2011, 95lbs, 100lbs, 105lbs, 110lbs 115lbs, 120lbs, 125lbs, 130lbs, 135lbs, 140lbs, 145lbs, 155lbs, 170lbs, 190lbs, 207lbs, 235lbs

Junior: Born 9/1/2006 or after but still enrolled in 9-12 grade for spring of 2026 semester: 95lbs, 100lbs, 105lbs, 110lbs 115lbs, 120lbs, 125lbs, 130lbs, 135lbs, 140lbs, 145lbs, 155lbs, 170lbs, 190lbs, 207lbs, 235lbs

Note: Since We Have a Separate Girls Division for Freestyle, All Girls Must Wrestle Freestyle in the Girls Division, Not in The Boys Divisions. Girls May Wrestle Greco with the Boys if they choose.

Admission: Can be bought online through the USAW Membership System or at the door

USAW Leaders Cards Accepted for Free Entry

Adults (9th Grade and older) \$20.00 For Single Style; \$30.00 For Both Styles

Children (K-8th) \$10.00 For all Styles

Under 5 years old and Competitors Free

Matside Coaching Requirements

To coach matside at the WWF Freestyle and Greco State Championships, all individuals—including parents and club coaches—must have: A current USA Wrestling Leaders Membership, Copper Coaches Certification (or higher), and a Coaches Pass. Please allow 7–10 business days for background checks to process.

- **USA Wrestling Leaders Membership:** Available for purchase in the [USA Wrestling membership system](#) (includes need for background check and SafeSport training, which must be completed before purchasing)
- **Copper Certification (or higher):** Available through the [National Coaches Education Program](#) within your USA Wrestling membership profile.
- **Coaches Pass:** Available for purchase in the [USA Wrestling Membership system](#) through April 29 for \$20.
 - Coaches must have a current profile photo uploaded and approved by USA Wrestling to their USAW profile.
 - Passes purchased after April 29 will cost \$50.
 - Coaches who purchase a pass onsite, or who do not have a profile photo uploaded/approved in advance, may experience a delay of up to two hours before receiving floor access. This delay is due to the time it takes for USA Wrestling to approve photos and for our team to print the pass for the lanyard.
 - We strongly encourage all coaches to purchase their passes and upload their photos prior to the deadline to avoid delays. Passes are good for all sessions.

Note: Individuals 18 years of age and older must successfully complete a mandatory background check before purchasing USA Wrestling Leaders Membership.

All USA Wrestling Leaders Members will receive free admission to the WWF Kids Folkstyle State Championships.

WWF Tournament Representatives

Tournament Director –Jeff Jones	262-424-3672	Junior Director – Chris Persike	608-333-7996
16U Director – Randy Ferrell	414-899-9502	Womens Director – Neysa Bianchi	920-793-4644
Kids Director – Tony Schaaf	920-470-8908		