

CBM Athletics

Training Sessions for Students in Grades 3-8 with Coach Brad McCoy

Speed and Agility - Strength and Conditioning - Skill Development

Contact Brad:

cbmathletics@gmail.com

Start Date: mid-March

Available Session Times

Mondays 6:00-7:00 PM

Wednesdays 6:00-7:00 PM

Fridays 6:00-7:00 PM

Sundays 9:00- 10:00 AM or 10:00-11:00 AM

Location: Dix Hills

Outdoor Fields

Cost Per Session:

\$25 per child

