



## **CASA PARENTS AND GUARDIANS**

**WINTER 2020-2021**

**Updated 12/1/2020**

The guidance provided below is to be followed until further direction is provided by the PA Department of Health and the CDC. All parents and guardians must:

- Comply with Eastern Pennsylvania Youth Soccer Association and any additional club directives or requirements. Share information with your player(s).
- Notify the club and your respective coach should your child become diagnosed as COVID-19 positive. Players or coaches diagnosed with COVID-19 must quarantine as required by CDC/PA Department of Health (14 days). They may return after 10 days since symptom onset **and** at least 24 hours have passed since resolution of fever without the use of fever-reducing medications **and** other symptoms have improved.
- Any player with direct contact in the past 48 hours with a person diagnosed with COVID-19 (within 6 feet for more than 15 minutes) shall not participate in club activities for 10 days from last contact with the positive person. If a negative test result can be provided, taken at least 7 days since the last direct contact, they will be allowed to return.
- If a player or immediate family member is waiting on results of a COVID-19 test that player shall not participate in club activities until the results are known. If the result is negative the player may return to club activities.
- Sanitize and wash all equipment and uniforms after training.
- Recommend packing hand sanitizer and an extra face mask in your player's bag.
- Spectators are not essential to training and not recommended to attend training sessions. However, guardian attendance may be necessary for younger players. In these instances, no more than one spectator is permitted to attend training sessions.
- For indoor events held at Sports City, all parents attending the practice or clinic session must complete the COVID-19 Health Screening Questionnaire and have their temperature taken before entering the primary area of Sports City where the event is occurring.
- Set expectations with your players to not share water, snacks, or equipment. Do not retrieve balls that are kicked out of play. The players will retrieve the ball to limit exposure from others.