

PAHL Discipline Cheat Sheet

If any player receives a Game Misconduct or Match Penalty, the offending association must report the incident to the PAHL within 48 hours

Steps to report within 48 hours of incident:

- Send an email pahldiscipline@pahockey.com and include:
 - Copy of the scoresheet with incident
 - Information: Player Name, Association, Game Date and Age Level

Confirmation of Serving:

- Email copy of scoresheet that includes:
 - Player scratched off as ineligible
 - Note written that player is serving suspension

Important Link:

- PAHL Discipline Procedures – PAHL Rules 2021-22 Season - IX Discipline Procedures (Pages 19-23)

https://cdn1.sportngin.com/attachments/document/909e-2440612/RULES_2223_PAHL_Hockey_Season_Rules.pdf#_ga=2.246718532.1382784060.1660134589-374117219.1652704412

Discipline Process Flow (During Game play):

- Suspensions need to be served in the next regularly scheduled game(s) on the calendar
- USA Hockey – Progressive Suspensions
 - Rule 411 – 3 game suspension for 3 aggressive major penalties during the season
 - Rule 615f – 3 game suspension for second fighting major during the season
- Additional suspensions can be awarded by the PAHL Discipline Committee of MidAm per USA Hockey Rule 410 due to items such as:
 - Using ineligible players
 - Multiple offenses throughout the season
 - Incidents reviewed that were not penalized by on-ice officials during the game

