

2025 Gymnastics State Banquet Guidelines

Congratulations! You have qualified a Team or Individuals to the State Gymnastics Tournament, won the Section Academic Award, or are the Head or Assistant coach of the year for your Section! Your Team, Individuals, friends & family are invited to attend. Gymnasts should wear “**Nice dress wear**”. We please ask that your gymnasts wear shorts underneath their dresses. They will be announced on an elevated stage, and we would not want our guests in the front row to be uncomfortable in their seats during the event.

RiverCentre Exhibition Hall

Location is 175 W. Kellogg Blvd. in St. Paul

Thursday, February 20, 2025

Parking is available across the street in the RiverCentre ramp.

Please arrive inside by 5:30pm

Banquet will start at 6:00pm

Banquet Meal 6oz Seared Chicken Breast with herb pan sauce served with herb roasted potatoes, green beans, (GLUTEN/DAIRY/NUT FREE)

OR

Vegetarian Meal (VEGETARIAN/GLUTEN/DAIRY/NUT FREE)

Each table will have a basket of bread rolls, chocolate chip cookies and tea, water & lemonade.

Reserve Meals for \$33 per person

All Reservations must be paid for in advance. Please designate one person per team to order & pay for banquet reservations together by going to

Gymnastics - Minnesota State High School Coaches Association. (www.mshsca.org/gymnastics)

We need your School, Card payment, Number of People, Phone Number & dinner Reservations

Chicken or Vegetarian meals must be ordered **by Sunday night, February 16th by 11:59pm**

Banquet State Gymnastics T-Shirts can be ordered at:

LINKS COMING SOON

Shirts are pre-order only and will be distributed at the State banquet. T-shirts must be ordered by **Sunday February 16th by 11:59pm**

Head coaches of the qualifying teams, are seated at the head table & will announce their team, coaches & section individual qualifiers. (Do not announce JV/managers) **Double-check name pronunciations!** (You do still need to order and pay for a reservation)

All-State forms can be turned in & certificates picked up near the entrance of the banquet.

Elite All-Around will be recognized in the program & at the banquet. Submit the form on the **MGGCA** website by **Sunday February 16th by 11:59pm**.

Thanks and Congratulations!

Kaitlyn Helmbrecht @ 952-217-1524 State Banquet Coordinator