<u>LOGAN HEALTH – Mental Health Awareness</u> <u>Month</u>

Announcer's Copy

Please make the following announcement(s) once during each session:

Mental Health is an important part of each and every person's wellbeing.

More than 1 in 5 adults in the U.S. live with a mental illness and nearly 49% of adolescents will experience a mental health disorder in their lifetime.

If you or someone you know is experiencing a mental health crisis, call 9-8-8 for the Suicide and Crisis Lifeline.

For more information about mental health, visit logan.org/letstalk.

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