

## 14 Adidas Info Sheet

**Team Cost: \$3,900** 

\*Team cost does not include: travel fees for parents or athletes, USAV/AAU membership costs, scoring certification costs, or post-season.

## Coaching:

Head Coach: Arie Labrzycki Assistant Coach: TBD

**Practices:** 2x per week starting in November (2 hour & 1.5 hour)

(Schedule to be finalized by October)

Locations include Cottonwood Creek and Frisco ISD Middle Schools

**Tournaments:** 9 total 7 Two-Day local (DFW) Lone Star National Qualifier (Dallas) 1 Regional Travel Tournament (Schedule to be finalized by September)

## Adidas Uniform Package: (included in cost)

3 jerseys, 2 spandex, 1 leggings, warm up top, arm sleeves, knee pads, socks, backpack, 2 practices tees, & shoes

**Video Resource & Statistics Profile: (included in cost)** 

Performance Training: (included in cost)

Group training 1x per week

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