

# SPRING 2026

# 6U-19U

**Mike Vejar**

Director Of Coaching & President  
Clark County Soccer Association

**THANK YOU**

**For volunteering to coach**

**Someday, I hope, you'll realize the**

**IMPACT of your volunteerism**

**TODAY**

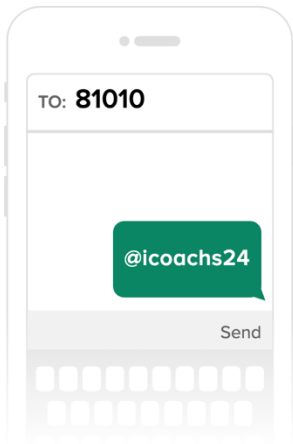
### Text, email, or phone...

- Your Name
- Age Group
- Team Number
- Brief text or voice mail message



**Phone: 812-786-0860**

**email: [doc@clarkcountysoccer.com](mailto:doc@clarkcountysoccer.com)**



## REMIND 101 Updates

- **Sign up NOW**
- **No app required**
- **Free**
- **Primary means of contact by CCSA**
  - **Field updates**
  - **Schedule updates**
  - **Game day updates**
  - **Etc...**

**Mobile Coaching Resources – Download it!**



**SportsEngine**  
**Team Management**

Sports Team Management

# **Referee Abuse Policy & Risk Management**

**OFFICIAL U.S. SOCCER POLICY**

Policy 531-9 | Misconduct Toward Game Officials in Amateur Matches

**EFFECTIVE MARCH 2025** | Adopted by the U.S. Soccer Board of Directors on November 22, 2024

# PENALTIES MATRIX



**RESPECT  
THE CALL**

The **Penalties Matrix** defines consequences associated with physical and non-physical offenses against Referees.

## NON-PHYSICAL OFFENSES

of gross misconduct, abuse, and / or assault

NON-PHYSICAL*	MIN. GAMES	TIME
Insulting, Belittling, Insinuating or Taunting Behavior Undermining Referee Authority	2	
Harassment, Intimidation, Retaliation, Abusive, or Threatening (Non Physical) Language	4	
Aggression, Attacking, Derogatory, Cyberbullying, Doxing or Threatening (Physical / Violence) Language	6	6 - 24 Months
Offensive or Discriminatory Act	10	12 - 24 Months

## PHYSICAL OFFENSES

of gross misconduct, abuse, and / or assault

PHYSICAL*	MIN. GAMES	TIME
Minor or Slight Deliberate Touching	3	1 - 6 Months
Pushing, Grabbing, Pulling, Squeezing, Pinching, Lightly Slapping, Use of Object in Non Striking Manner, or Physical Property Damage	10	6 - 24 Months
Hitting, Punching, Elbowing, Kicking, Biting, Spitting, Choking, Tackling, Throwing or Use of Object or Any Part of Body (Forearm, Knee, Head) in a Striking Manner		12 Months - Lifetime

(\* ) **Disclaimer:** These are only a few examples of abuse – other actions or statements may also fall into this category.

## SECTION 2. RULE APPLICATION:

- (A) This policy shall supersede any inconsistent rules of Member Organizations that pertain to assault, abuse, or gross mistreatment upon Federation Game Officials (i.e., Referees) the manner and means of hearings, appeals, and rehearings in matters pertaining thereto. However, this policy does not supersede any codes of conduct, which may be enforced in addition to this policy.
- (B) Nothing in this policy rule shall be construed to restrict or limit any league, event/tournament or Member Organization from applying equal or greater restrictions to anyone not listed in section 4(a)(1) of this policy (i.e., a spectator associated with a club or team).
- (C) This policy shall not apply to players, coaches, managers, club officials, or league officials while participating in Professional League Member activities. U.S. Soccer Policy 202-2 covers participants in professional matches.

# Risk Management

Players MUST wear shin guards during practices and games – NO EXCEPTIONS

Players CANNOT wear jewelry or accessories during practices and games – NO EXCEPTIONS (i.e. ear rings, necklaces, etc...)

Players CANNOT wear eye wear/glasses during practices and games UNLESS they are prescriptions

Players MUST wear SOCCER CLEATS during practices and games – NO EXCEPTIONS

Only “rostered players” can participate in practices and games – NO EXCEPTIONS

Players/teams CANNOT practice/scrimmage against or with players/teams from a different age group– NO EXCEPTIONS

## Season Timing

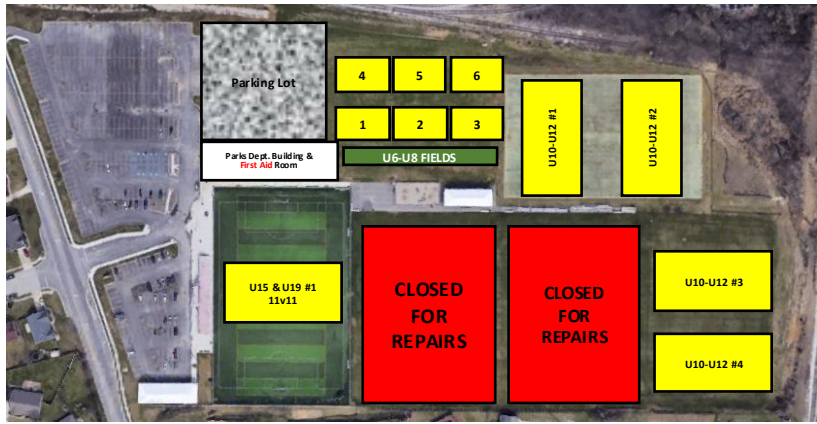
- **When can I begin practicing?** **MARCH 16<sup>th</sup> \***
- **When can I pick up equipment?** **March 8<sup>th</sup> or 15<sup>th</sup>**
- **When can I pick up uniforms & Coach shirt?** **March 16<sup>th</sup> from 6:30-7:30**
- **When do I need to contact my team?** **Week of March 16<sup>th</sup>**
- **When will schedules be available?** **Week of 3/23**
- **When does season begin?** **March 31<sup>st</sup> & April 2<sup>nd</sup> 6-8 pm**
- **When's Picture Day?** **April 4<sup>th</sup>**
- **When's Picture Day?** **April 25<sup>th</sup>**
- **Schedules issued week of 8<sup>th</sup>**

## Season EQUIPMENT Update

- What do I get?
  - U6s: Equipment on field waiting for you on game day
  - U8-U15s:
    - Bag of balls
    - Cones
    - PENNIES – Recommend washing after each practice
    - **NO GOALIE SHIRT**
    - **NO GOALIE GLOVES**

## Accessing Our Fields For Practice







U8 Training areas: 9 per night on existing U8 field  
U10/U12 Training areas: 6 per night (9 if overflow on B3).  
U19/U15 Training areas: 4 per night (7 if overflow on B3).  
NOTE:

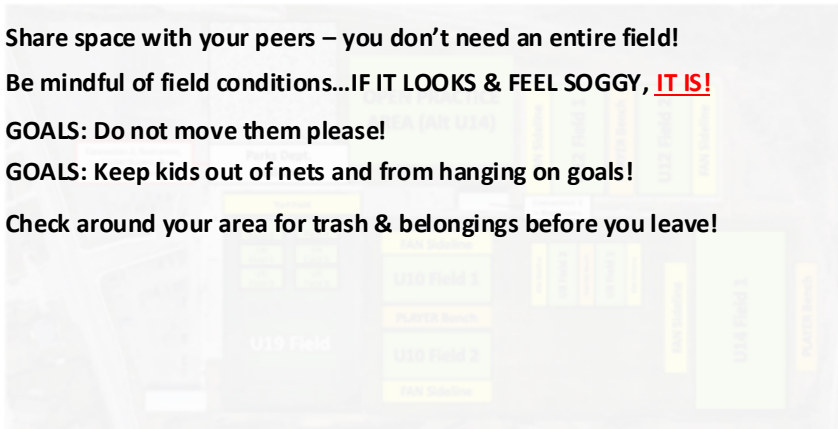
- **Make every effort to train on your age group playing fields as it allows use of age-appropriate goal sizes for your training.** We understand that U10s and U12s may spill over into U15/U19 fields given the abundance of teams. Please collaborate with each other.
- You may train any night you want between 4 and 9 pm.
- Tuesdays and Thursdays are most crowded training days
- [Turf Field Schedule for April and May here](#) . We can use Turf field any night it's not rented.

# Spring 2025 Training Area Map



## Field Usage Guidelines

- Share space with your peers – you don't need an entire field!
- Be mindful of field conditions...**IF IT LOOKS & FEEL SOGGY, IT IS!**
- **GOALS:** Do not move them please!
- **GOALS:** Keep kids out of nets and from hanging on goals!
- Check around your area for trash & belongings before you leave!



## Goal Care





# Training Guidelines

U6s... 

Selfish

Self Centered

Short attention span

"Can be" Non-aggressive

May not want to be there

May have 'Dominant' player

U8s... **MOST CRITICAL AGE!** 

Still a bit selfish

More inclined towards "team play"

Still most interested in "Individual Success"

Athletic ability starts to show

Comfort level with friends

Developing attention span

U10s... 

Want to be "team player"


Interested in "Group Success"

Eager to please...coach/parent

Physical abilities differentiate

May have other sports interests

Better attention span

U12/14s... 

Increasing "Gender (Athletic) Differentiation"

Buddy-Buddy behavior (w/ Coach)

Team Success Important

Skill Differentiation - high

Seeks approval

### **Age Group Training Emphasis...**

- U6:                    100% Technical (Ball @ feet & movement w/ ball)
- U8:                    75% Technical  
                             25% Tactical/Scrimmaging
- U10/12:              50% Technical  
                             50% Tactical
- U15/19:              75% Tactical  
                             25% Technical

## Age Group Training Tempo:

- U6: Light, non-competitive vs. others.  
Shorter activities with frequent change  
Build confidence...non-challenging
  
- U8: Moderate, variably competitive with self & others  
10-15 minute activities with rapid transitions  
Challenge individual, but not vs. others
  
- U10/12: Normal, with more competition with others  
15-20 minute activities with rapid transitions  
Challenge individual as part of team
  
- U15/19: High intensity with full competition with self and others  
15-20 minute activities demanding speed of play and  
problem-solving skill development  
Challenge individual as part of team and self-improvement

## Team Management Tools:

- [Accessing your roster and communicating with your team](#)
- [Team Parent Meeting Sample Letter](#)
- [Cold & Hot Weather Training Guidelines](#)
  - [Cold Weather Training Guidelines](#)
  - [Hot Weather Training Guidelines](#)
- [Game Day Playing Guidelines](#)
- [Uniform Pick Up Day Guidelines](#)

## Training Tools:

- [Age Group Specific Training Emphasis](#)
- [Age Group Specific Season-long Training Plans](#)
  - [U8 Training Plan](#)
  - [U10 Training Plan](#)
  - [U12 Training Plan](#)
  - [U15 Training Plan](#)
  - [U19 Training Plan](#)
- [Approved Alternate Training Locations](#) – in the event CCSA fields are shut down
- [Age Group Specific Training Activities](#)
- [YouTube Training Activities Listing](#)
- [Training Youth Soccer Players by Vince Ganzberg](#), Director Of Coaching Education – USA Soccer

[\*\*CLICK HERE TO ACCESS  
RESOURCES\*\*](#)

### TRAINING TIME GUIDELINES:

- **Academy (U6):** No weekday practices. Practice/warm up 30 minutes prior to game, then play 30 minute game.
- **U8:** 1 practice per week at a **maximum of 45-60 minutes** of total practice time per week.
- **U10:** 1-2 practices per week at a **maximum of 120 minutes** of total practice time per week.
- **U12:** 1-2 practices per week at a **maximum of 180 minutes** of total practice time per week.
- **U14/15:** 1-3 practices per week at a **maximum of 270 minutes** of total practice time per week.
- **U19:** 1-3 practices per week at a **maximum of 360 minutes** of total practice time per week.

### HEADING PROTOCOL:

For players aged **11 and 12**, heading is permitted in matches. However, their practice of heading is limited to **no more than 30 minutes per week**, with **no more than 15–20 headers per player per week**. This limitation is designed to minimize the risk of head injuries while allowing players to develop heading skills safely .

Players aged **13 and older** have no restrictions on heading in either games or practices.



# New Coaches Session

## PRACTICE GUIDELINES

**How long and how often are practices?** While we leave this decision up to the individual coach, our general guidelines for practice frequency and duration are as follows:

**U6:** NO WEEKDAY PRACTICES...practice for 30 min. before each Saturday game day. Play game after!

**U8:** 1 practice per week at a maximum of 60 minutes

**U10:** 1-2 practices per week at a maximum of 120 minutes of total practice time per week.

**U12:** 1-2 practices per week at a maximum of 180 minutes of total practice time per week.

**U14/15/19s:** 1-3 practices per week at a maximum of 270 minutes of total practice time per week.

**COACH CHOOSES DAY AND TIME OF PRACTICE!**

**CCSA does not assign practice days and times. Coach discretion.**

GAME DAY Standards	ACADEMY	8U	10U	12U	FALL 14/15U	SPRING 14/15U	19U (H.S.)
Max Field Size (yards)	30x20	40x25	50x30	75x50	75x50	120x75	120x75
Field Players (Max)	4v4 (No GK)	5V5 (No GK)	7v7	9v9	9v9	11v11	11v11
<b>MINIMUM Field Player</b>	<b>3v3 (No GK)</b>	<b>3v3 (No GK)</b>	<b>5v5</b>	<b>6v6</b>	<b>6v6</b>	<b>7v7</b>	<b>7v7</b>
Goal Keeper Used	NO	NO	YES	YES	YES	YES	YES
Playing Times (Min.)	4 Quarters x 8 Min.	4 Quarters x 10 Min.	2 Halves x 25 Min.	2 Halves x 30 Min.	2 Halves x 30 Min.	2 Halves x 35 Min.	2 Halves x 40 Min.
Game Breaks (Min)	5	5	10	10	10	10	10
Game Ball Size	3	3	4	4	5	5	5
Goal Size (feet)	3x3	4x6	6.5x18.5	6.5x18.5	6.5x18.5	8x24	8x24
Shin Guards	MANDATORY	MANDATORY	MANDATORY	MANDATORY	MANDATORY	MANDATORY	MANDATORY
Offside Rule Used	NO	NO	NO	YES	YES	YES	YES
Heading Allowed	NO	NO	NO	NO	YES	YES	YES
Out Of Bounds Restart	KICK IN	KICK IN	THROW IN	THROW IN	THROW IN	THROW IN	THROW IN
Goal Kick Restart	N/A	N/A	6 Yard Box	6 Yard Box	6 Yard Box	6 Yard Box	6 Yard Box
Substitutions	UNLIMITED	UNLIMITED	UNLIMITED	UNLIMITED	UNLIMITED	UNLIMITED	UNLIMITED
Penalty Kicks	NONE	NONE	8 yard marker	10 yard marker	10 yard marker	12 yard marker	12 yard marker
Playing Time Guarantee	Min. 50%	Min. 50%	Min. 50%	Min. 50%	Min. 50%	Min. 50%	Min. 50%
Score/Standings	NO	NO	NO	NO	NO	NO	NO
Game Cancellation or Reschedule	ONLY BY CCSA LEADERSHIP	ONLY BY CCSA LEADERSHIP	ONLY BY CCSA LEADERSHIP	ONLY BY CCSA LEADERSHIP	ONLY BY CCSA LEADERSHIP	ONLY BY CCSA LEADERSHIP	ONLY BY CCSA LEADERSHIP
Inclement Weather/ Lightning Policy	CCSA Discretion	CCSA Discretion	Referee Discretion (30 min. delay from each lightning strike)	Referee Discretion (30 min. delay from each lightning strike)	Referee Discretion (30 min. delay from each lightning strike)	Referee Discretion (30 min. delay from each lightning strike)	Referee Discretion (30 min. delay from each lightning strike)
Max Coaches on Sideline (Background Checked and Officially Rostered ONLY)	1	2	2	2	3	3	3
Minimum Refs Per Match	N/A	N/A	1	2	2	2	2



- Get accustomed to **YOUR** voice
- Develops their “Attention” to **YOUR** voice
- Respect **YOUR** Voice
- Counter intuitive to “Game Situations”...play till the whistle



- Seeing your eyes is less intimidating to a child
- Your eyes “tell a story”
- Looking them in the eye shows **RESPECT** to **THEM**
- Develops **TRUST**

## Critical DOs & DON'Ts

- Engaging a child...REGARDLESS OF AGE... **Fist or Elbow Bumps, HIGH 5s, or Hand Shakes – NO HUG**
- Being alone with a child...
  - Don't do it under ANY circumstances...even rest room visits!**
  - Use "Buddy System" when game/practices break up!**
  - Don't provide rides to kids...alone or in groups! Buddy System!**
  - Encourage parents to "watch practice"...watch, not disrupt**
- Pictures and Social Media...
  - DO NOT take pics of kids...unless it's your own.**
  - Use judgement with group pics...maybe have parent take it!**
  - Do not follow players on social media...or let them follow you!**
- Language and tone...
  - Do not raise voice at a player or single out a player!**
  - No profanity of any form! Keep it clean & wholesome!**

Online IMPORTANT Resources...

- Concussion Management READS
- Sexual Predator Safety & Identification READS



**GO TO "COACHES" SECTION OF WEBSITE UNDER  
"CONNECT" TAB**

## How we coach...

All registered soccer clubs across the country are urged to use the U.S. Youth Soccer coaching methodology... **The Guided Discovery Coaching Process.**

CCSA puts a high emphasis on this coaching methodology, and it is part of the licensing course each of our coaches are required to complete prior to being able to coach a CCSA team.

### **Guided Discovery – what is it?**

Coach – Player Connection

Combination of information and questions

Guiding the players

**Player Empowerment**



## So what does The Guided Discovery Coaching Process mean in simple terms?

It means that our coaches are urged (and monitored) to allow your child to learn from the game vs. telling your child what to do every step of the way.

Have you ever seen that coach who stands on the sideline yelling at the players and telling them what to do every time they touch the ball? Of course you have! The Guided Discovery Coaching Methodology promotes the complete opposite of that. Especially as players progress in age and development.

In essence, we want our coaches to do their teaching/training during practices, and use the games as “implementation sessions” against real opposition. If your coach yells out directions the entire game, what is your child really learning? And what is your child going to do when the yelling stops and there’s no one to tell him/her what to do?

The GDCM is designed to let the players learn by doing, and take ownership of their own development by getting involved in figuring out the game. Our coaches won’t tell your child what they should do, but more will “ask your child what they think they should do”. Whatever their answer is part of their development, and consequently forces them to own their choice

## Season Coaching Guidelines - PRACTICE

### **Engaging players in your practice and avoiding disruptions...**

- Limit the amount of time spent on each activity to “No more than” 15-20 minutes
- Have your next activity laid out and ready...and transition your players from one to the other quickly.
- Time Kills Concentration and Focus...the more time they have standing around, talking, and to goof off, the harder it is for you to engage them and get anything out of the activity.

### **Training Area Set-Up...**

- Arrive 10-15 minutes early and set up your activities before your players arrive...
  - Set up your cones
  - Lay out your Pennies if you plan to use them later
  - Set up multiple activities so that you can quickly transition from one to the next

### **No Lines, Laps, or Lectures...**

- Limit lines to 2-3 deep at best. Keeps them rotating faster and active in the activity
- Do not punish your players...i.e. Run Laps or Suicides, or anything of the sort...if a player or group of players is being disruptive, simply...
  - Remove them from the activity group
  - Better yet, put them in charge of the activity's execution. Making them responsible, forces them to focus and holds them accountable
- Limit lectures...if you stop an activity more than 2-3 times for more than 15-20 seconds each time, then you're talking too much. Make the correction, or ask them how they can do it better, and move on

### **Parent Management:** This can be a critical component of team development. We suggest...

- Conduct your parent meeting WITH the players present, and set guidelines for both in each other's presence. This way they both understand your requirements.
- Ask parents not to coach from the opposite sideline...and empower player to “not listen to their parents during the game...you're the coach!”
- I've actually gone as far as threatening to bench the child if I hear the parent coaching from the sidelines. Harsh but effective crowd control.

**HEADING ALLOWED ONLY AT U14 AND ABOVE...NO EXCEPTIONS!**

HAVE A  
PARENT  
MEETING

TeamName/Color:U12  
 HeadCoach:MikeVejar(Interim)    BESTWAY:812-786-0860,michaelavejar@gmail.com  
 AssistantCoach:TBDD    BESTWAY:TBDD  
 PrimaryPracticeLocation:CCSAComplex  
 AlternatePracticeLocation:CommunityActionOfSouthernIndiana(CASI)  
 PracticeTimes:Monday&Friday5:30-7:00pm@CCSAComplex(GrassFields)  
 HomeFieldLocation:CCSAComplex(GrassField)  
 GAMESCHEDULE:OpeningDay#August20th,Remaining#game#schedule#BD,PictureDay#TBDD  
 TEAMGUIDELINES/PROCEDURES:Coacheswillmakeeveryattempttoensureeachplayerisgivenaminimumof50%playingtimeeachgame REGARDLESSofpracticeattendance,thosewhotendallpracticesandshowupforgamesontimewillgetmorethan50%  
 Wereservetherightto"BenchAPlayer"forthefollowing:  
 oRecklessorHarmfulactionsTowardsopponentsorteammates  
 oDisrespectfulbehaviorTowardsteaches,teammates,opponents,(players,coaches,and/orparents),officials,orteamparents  
 oDisrespectfulteamparentbehaviorTowardsopponents,teaches,officials,and/orteamparents  
 oFailuretobeproperlyequipped(footwear,socks,shinguards,ortocompleteinform)  
 oDisruptivebehaviorduringtraining/practices  
 Eachplayermustbringtopractice:  
 oFullyeared(shoes,socks,andshinguards)  
 oWaterorGatorade/PoweradeDrink  
 oSize#SoccerBall...properlyInflated(PUTOURNAMEONIT)  
 oCleatsandshinguardsCOVEREDbySoccerSocks  
 Eachplayermustbringtoame:  
 oPlayer/parentisresponsibleforcommunicatingtoTeachesanypractice/gameabsences24hrs.prior  
 oPlayerswillbeexpectedtoplayallpositionsexceptGoalkeeper...GKisVolunteerOnly  
 oNophonesormobileDevicesallowedinpracticefieldduringpracticeorteamfieldduringgames  
 POLICIES:  
 oOpenDoorPolicy...Alwayshappytodiscussdevelopmentareas,playingtime,orplayerprogress  
 oDISCOVERYMETHOD:Weencourageandchallengeeachplayerto"ThinktheGameforthemselves".We'lldoourteachingduringpracticesandlettheplayerimplementduringgames  
 oNoLines,Laps,orLectures"...eachactivitywillattempttoensure100%playerinvolvement  
 oGAMEORPRACTICE TIME DRINKS ARE LIMITED TO WATER AND/OR SPORTS DRINKS"  
 oParentswelcomestayforpractice...BUTIFYOU'DO...we'llmayputyou'towork  
 oPLEASE...restrictyour'sidelinecomments'toencouragementandpraise...WE'LLDOITHEICOACHING  
 SportsDrinksdefinedasGatorade,PowerAde,orenericbrandsofthesame.EnergyDrinksMonster,RedBull,FullThrottle,NOS,5-HourEnergy,etc...ARENOTALLOWED...PLEASE

- Have a Parent Meeting
  - Use Turf Field bleachers
  - Social Distance
  - No handouts – email them notes

[Sample Letter Doc](#)

**Definition:**

- **Parent/Guardian must wait 48 hours** after game/practice before contacting coach to discuss:
  - Player development
  - Playing time
  - Positioning
  - Any and all player related topics
- **Coach must also wait 48 hours** before responding if contacted inside of the 48 hour moratorium period by the parent/guardian
- **Parent/Guardian may contact CCSA leadership** directly at [president@clarkcountysoccer.com](mailto:president@clarkcountysoccer.com) or [doc@clarkcountysoccer.com](mailto:doc@clarkcountysoccer.com)



**NOTIFY YOUR TEAM PARENTS BEFORE FIRST GAME – AVOID MISUNDERSTANDINGS**



- 1- You have **PRIORITY** on all CCSA **Grass fields**... Turf field scheduled by JPD!
  - **Grass:** Open anytime...first come first serve
    - Some reservations during week. Check CCSA Calendar online
  - **Turf: OFF LIMITS UNLESS APPROVED BY DOC**
- 2- **SHARE** with your peers...Don't take up an entire field
- 3- **Arrive 10-15 minutes early** to set up your first 2-3 activities...Faster transition!
- 4- **Coach "The TEAM"**...not the individual!
- 5- **Be a BARRIER** between the players and the parents...they can watch, but not:
  - Interfere (yell instructions or comments)
  - Actively Participate (they can shag balls...nothing else)
  - Take video or pics...

## Practice Format: Play – Practice – Play

### Practice Format:

1. **Light Play** (give 'em a ball and let them play – no goals)
2. **Stretch**
3. **Practice** (Activity)
4. **Play** (implement what they learned from practice activity)
5. **Practice** (Activity)
6. **Play** (implement what they learned from practice activity)
7. **Practice** (Activity)
8. **Play** (implement what they learned from practice activity)
9. **Stretch** - Depart



No Activity Should  
Last More Than 15  
Minutes! 2-3  
Minute  
Transitions...

## PRACTICE TIPS...

- **Have a plan**...theme for your practice. I.e. Passing, shooting, defending, etc.
- Keep your training aids off the practice area/playing field...
- Have your activities mapped out and move players from one to the other swiftly...
- **Balance "Activity Intensity with Activity Duration"**. For example, a game of 3v3 in a 10 x 10 yard area SHOULDN'T last 10+ minutes...limit it to 3-4 minutes.
- **Allow for unlimited water breaks**...players don't need to wait or ask for permission...if they need water, let them go get it. Monitor for abusers!
- **Don't over coach**...limit lectures. Don't be a traffic cop...be an under cover cop. Only intervene when absolutely necessary. Rule of thumb is "if you stop a practice/activity more than 3-4 in an hour for more than 30 seconds each time", you're over coaching.
- Use the "**Guided Discovery**" coaching method...in other words, don't solve the problem for the player, ask them what they could do differently to make a better play.
- **No whistles**...make them get used to your voice.
- **No sunglasses**...look them in the eye...and let them see yours.
- **Don't talk down**...meaning, if a player is shorter than you, when speaking to them individually "get on one knee" and get at their level.
- Never speak to your player(s) with a scowl on your face or with an angry tone...smile as much as possible...love them even when they're unlovable!
- **Let the game teach**...be "The guide on the side vs. The Sage on the stage".
- Don't punish...Reason. Solicit player assistance in dealing with the "disruptive" player.
- Limit cones...use cones as boundaries, not as obstacles...when was the last time you saw cones on a field during a game
- **Encourage creativity**...even if you disagree with their choices. Praise their creativity
- Teach at a pace that's appropriate for everyone...not just the most skilled. Leave no player behind!
- **A player seldom does anything wrong**...they just provide you with a "coaching opportunity"
- Remember, they are no bad followers...just bad leaders. Every child has the potential to become great...don't decide who's your best player(s) after the first practice.
- Never single out a player for having done something wrong...teach the group and praise the player for having provided the team with a "learning opportunity".





## Season Coaching Guidelines – GAME DAY

### Pre-Game:

- Stretch your players...especially when it's cooler outside. 5-7 minutes prior to kick off is best
- Warm up your Goal Keeper prior to kick off...easy tosses or ground passes. No rockets!

### 50% Guarantee:

Every child is guaranteed 50% playing time regardless of practice attendance and skill level. This is a U.S. Youth Soccer RecSoccer Rule, so PLEASE adhere to it best you can. I will hear about it if you don't from affected parents.

**5 Goal Differential Rule:** We must realize that there is little to be gained by a huge goal differential win. This only negatively affects the opposing players, and does nothing to develop your own team.

- When up by 5 goals (or less, your choice), resort to a 3-5 pass rule where your team can't try to score unless they complete 3-5 passes.
- If you play another club and they run up the score on you, PLEASE LET ME KNOW...

**Referee Treatment:** Simple...don't argue with them, don't criticize them, or berate them. In many cases they are kids just a few years older than your age group, and just trying to stay close to the game and make a few bucks. Be respectful and encouraging to them.

### Sideline Rules...NO EXCEPTIONS

- Only registered coaches on your player's bench area. Background checked!
- **Parents ARE NOT ALLOWED in the bench area under any circumstances** unless their child is injured and requires their assistance.
- If a parent insists on being around the bench area, tell them to leave...call me if they don't.
- Parents also CANNOT be behind the Goal while their child is playing Goalie...disruptive to the child, and to the team in general.

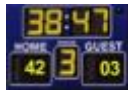
### Equipment...

- **Shin guards MUST BE covered by socks...no exceptions**
- Cleats must be "soccer cleats"...not football cleats (difference is Football cleats have a cleat at the very front/middle of the sole). Player will not be allowed to play with football cleats.
- Hooded under garments...Hood MUST BE under shirt vs. hanging over

**HEADING ALLOWED ONLY AT U14 AND ABOVE...NO EXCEPTIONS!**

## GAME DAY TIPS...

- **Teach respect for opponents, teammates, parents, and especially referees.** Set an example! If you yell/badger the referee, they will too...no matter how much you tell them not to.
- **Get players involved in more than just playing the game...**ask them for feedback during games, at halftime, and after the game. Their opinions and knowledge will surprise you!
- **Use the 5 goal rule...**if/when you achieve a 5 goal margin differential, go into a possession driven attack... EXP. 5 plus touches before anyone shoots. Don't subscribe to the "it's not my job to manage the score...it's your job to stop me from scoring" mentality. Ask yourself, "what are you REALLY accomplishing or teaching your players by blowing another team out?!" Make sure the parents understand this philosophy!
- **No starting line-ups...**every child should have the chance to start throughout the season. Deemphasize "starting" and emphasize "quality playing time". **No Subs...**only "next wave".
- **Minimize emphasis on "stats" by individual players**...if you notice a player seems too focused on "getting his/hers (stats)", put them on defense the next game or move them to defense during the game. And then explain why you did it...to the player and the parent!
- **Sportsmanship, sportsmanship, sportsmanship**...handshakes after games with every opponents and referees...regardless of outcome or quality.
- **Remember...your playing days are far behind you.** No one cares how many games you (or they) win and how much you win by. Ultimately you want your U8 players to remember you when they're U15s or college players for having taught them something and making it fun.



# Game Day Questions (?)



## Find A CCSA VOLUNTEER:

- Red CCSA Shirt
  - Round Black Hat (MAV)
  - Golf cart
  - Call 812-786-0860
- 
- Or go to Concession Stand (Board Member usually there)

**Q: Can we "name our team" or does CCSA?**

**A:** Yes...just keep it clean and age appropriate!

**Q: Child contact/schedule information – can we give out?**

**A:** **Absolutely NOT**...only account owner can!

**Q: Can we go to CCSA and kick around with our own kid?**

**A:** No...only with your team. Access restricted!

**Q: How do I reschedule a game if necessary?**

**A:** email [president@clarkcountysoccer.com](mailto:president@clarkcountysoccer.com) (**72 hours in advance**) with desired date/time, and opposing coach agreement.

# Questions Or Comments?

# **Basic Rules, Formations, and Nuances**

# The Spirit Of The Game!

## Ginga Style Of Soccer!

Some common moves of Ginga include juggling, dribbling and controlling the ball in all parts of the foot. It also uses unique passes where the ball is passed using the thighs or the back. The style is all **about how one 'sways' the ball, with agility and grace**. Ginga is embedded into the culture of **Brazilians**



### What to encourage:

- Creativity
- Decision-making
- Teamwork (assists vs. goals)
- Involvement (especially for the Shy Kids). Give them little "in game goals" (i.e. Kick ball twice, etc.)
- Pass Connections and combinations
- Feedback & Involvement
- Don't over-coach...shut up and watch!

# Perspectives

## Louisville City FC 2020 Team Statistics

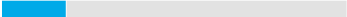
General Defense Distribution **Attack** Discipline

Total shots (exc. blocked shots)  208

18.8%

Conversion rate

Shots on target  101

Goals scored  39

41.5

Mins per goal



10

Left foot goals



20

Right foot goals



7

Headed goals



2

Other

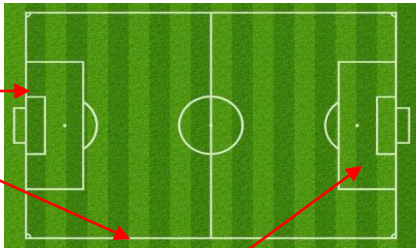
# Perspectives

## Physical Demands Of The Game:

<b>Sport</b>	<b>Miles Per Game</b>
Football (RB)	1.5 Miles
Baseball	<.5 Miles
Basketball (Pro)	2.75 Miles
Tennis	5 Miles (5 sets)
<b>Soccer</b>	<b>7-9 miles per 90 game</b> <b>Extra Time = 12-14 miles (120 Min. Total)</b>

### Basic Rules:

- **Only GK can use hands** “Inside Goal Box”. Outside Goal Box is a Hand-Ball & Free Kick for opponent
- **Corner Kick:** awarded to attacking team if ball is last touched by Defending team and ball goes out of bounds on ‘**End-line**’
- **Throw-In:** Awarded to team when ball is last touched by opposing team goes out of bounds on ‘**Side-line**’ (player puts ball back in play “with overhead throw”)
- **Off-Sides:** U12s and above only. **DON'T BOTHER!**
- **PENALTY KICK:** awarded if defending player touches ball with hands “**inside goal box**” (aka 18 Yd. Box).
  - **Handball Definition:** Hand Goes To Ball. Ball To Hand IS NOT a PK



## Basic Rules:

### - General FOUL Criteria:

#### - **Physical play OK:**

- Shoulder to shoulder
- Hard ball tackle
- Shielding Ball

#### - **Dangerous Play NOT OK:**

- **Slide tackling**...especially from behind. Automatic Foul and possible ejection!
- **Pushing** with hands or upper arm
- **Wildly swinging**/kicking at ball
- **Forceful/Wreckless Displacement** of a player from ball
- **Shirt/Short grabbing**
- **High Kick** (foot above waist level and/or in dangerous area of opponent face or upper torso)

Game Day Emphasis:

**DO NOT Emphasize:**

- Passing
- Off ball movement
- Scoring
- Excessive dribbling

**DO emphasize:**

1. Spacing
2. Engage the ball – Don't be Shy!
3. TEAM Movement
4. Recovery & Transition
  1. All players attack & All players defend



Game Formation Options – U6 (4v4 – NO GK)



Game Day Emphasis:

**DO NOT Emphasize:**

- Scoring
- Excessive dribbling

**DO emphasize:**

1. Lightly preach passing
2. Off ball movement – Get Open!
3. Spacing
4. Engage the ball – Don't be Shy!
5. TEAM Movement
6. Recovery & Transition
  1. All players attack & All players defend



Game Formation Options – U8 (5v5 – NO GK)



Game Day Emphasis:

1. Spacing
2. TEAM Movement
3. Recovery & Transition
  1. All players attack & All players defend
4. ATTACKING - SPREAD OUT!
5. DEFENDING - BUNCH UP!



Game Formation Options – U10 (6v6+GK)



**Game Day Emphasis:**

- 1. Spacing**
- 2. TEAM Movement**
  1. Midfield gaps
- 3. Recovery & Transition**
  1. All players attack & All players defend
- 4. ATTACKING - SPREAD OUT!**
- 5. DEFENDING - BUNCH UP!**



**Game Formation Options – U12 (8v8+GK)**



**Game Day Emphasis:**

1. Spacing
2. TEAM Movement
  1. Midfield gaps
3. Recovery & Transition
  1. All players attack & All players defend
4. **ATTACKING - SPREAD OUT!**
5. **DEFENDING - BUNCH UP!**



# Questions Or Comments?