



RVHA COVID-19 Guidelines/Safety Procedures

The River Valley Hockey Association is working to create a great season for all of our players and families. Safety is our top priority and we will continue to work with our USA Hockey partners and local health officials to implement policies centered around a safe and fun environment.

We are utilizing resources made available through USA Hockey to encourage best practices for our association. You can visit [USA Hockey](https://www.usahockey.com) to read about best practices.

2020-21 RVHA and Rink Guidelines

Below are guidelines that will be implemented for the 2020-21 hockey season. The RVHA Board of Directors will continue to evaluate the safety guidelines as the season progresses and will provide necessary updates to all of our members.

1. Masks:

Masks/Face Coverings are required for all individuals over the age of 5 (players, coaches, parents, and spectators) when inside any building at the River Valley outdoor arena. This includes all locker rooms and warming houses. Players may remove their masks once their helmets are on. Masks will not be required by players and coaches when they are on the ice. Coaches are required to wear masks on the bench.

2. Rink Entry/Exit:

Players are allowed to enter the Locker room 15 minutes prior to their scheduled start time, fully dressed with the exception of skates. No bags in the Locker rooms, with the exception of the goalies. Goalies will be allowed to enter 15 minutes prior to their scheduled start time. Players will have 10 minutes after their practice/game to leave the locker rooms.

3. Parents/Guardians/Spectators:

For practices/activities (non-games) at the Pee wee/U12 level and above, parents and family members will not be allowed to enter the locker rooms. Coaches can help assist with skates and equipment. One adult per family will be allowed to enter the locker room for the duration of the ice session to help assist Mites/U8 and younger, and Squirts/U10.

For games, there is NO maximum number of spectators per player allowed to attend. Children are encouraged to remain with their family and not congregate at other places around the rink. A 6 foot

distance is recommended for non-family groups. There is plenty of room around the rink for groups to spread out.

Players or coaches with any risk factors or illnesses should not participate in any on-ice activity. Anyone that is symptomatic or currently quarantined per a public health directive may not enter the rink until their symptoms have passed and their quarantine period expires.

4. Player Safety:

If your child is sick, they may not come to the rink. If your child is ill for a game or practice, contact your child's coach or manager immediately.

Use hand sanitizer as often as you can.

Each player must have their own water bottles with their names clearly marked. No team water bottles or sharing of water bottles.

Once the regular season begins, locker room assignments will be posted.

Players should keep gloves on after skates are tied, through the duration of the event.

Practice social distancing while in the hockey rink.

Bathrooms will be available in the form of Porta-potties, but we encourage everyone to limit bathroom use as much as possible.

All RVHA players, coaches, members and spectators are expected to follow the guidelines at all rinks where games are played, including the River Valley Ice Arena.

5. Concession Area:

The Concession stand will be open during games and weekend events. The concession stand will not be open during practice times. All concession volunteers must wear proper fitting masks and gloves per concession stand policy. High touch areas (door handles, counters, etc.) will be cleaned frequently.

