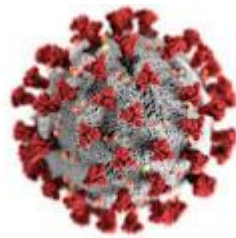




COVID-19 Preparedness and Response Plan



Updated 1/10/21

Table of Contents


Page	Topic
3	Introduction
4	Mahtomedi School District COVID-19 Protocols – adopted by MBA
5-7	MBA specific protocols and expectations for Players, Coaches and Families
8	MDH COVID-19 Decision Tree for Schools and Youth Programs
9	COVID-19 Reporting within MBA Programs
10	MBA/Youth Basketball Quarantine Clarifications for MBA Participants
11	MBA COVID-19 Refund Policy for 2020-2021 Season
12	Traveling team formation in the event COVID-19 prevents a player from being at tryouts

MBA COVID-19 Preparedness and Response Plan

- **MBA is committed to doing our part** to promote health and safety for our players, coaches and families.
- To strive for a safe and healthy environment, MBA has developed the following COVID-19 Preparedness and Response Plan. **Coaches, parents, players, and volunteers are all responsible for implementing this plan.**
- Only through a **cooperative effort** can we establish and maintain the safety and health of all persons in our program.
- An inherent risk of exposure to COVID-19 exists in any public place where people are present. By attending any MBA event, **you voluntarily assume all risks related to exposure to COVID-19 and agree not to hold MBA or its board members or volunteers liable** for any illness, injury or death.
- We will follow recommendations by Mahtomedi Public School District and the Minnesota Department of Health but we cannot guarantee that any of these measures will completely protect you. **You agree to accept all responsibility for the risk** that you and your children may contract COVID-19.

Mahtomedi School District Protocols

- MBA will follow the COVID-19 Protocols established by Mahtomedi Public Schools and Mahtomedi Community Education (shown below)
- Additional youth basketball specific information & expectations for MBA program participants and families are described on the following pages
- MBA facility use will be controlled by Mahtomedi Public Schools and the Mahtomedi Community Education Department




**Updated
September 1,
2020**

COVID-19 Protocols

Mahtomedi Families & Students


MINNESOTA DEPARTMENT OF HEALTH
www.health.state.mn.us/diseases/coronavirus/schools/exguide.pdf



Check for Illness Every Day

Parents or guardians should monitor their students for signs of infectious illness every day. **Students who are sick should not attend school.** It is the expectation that all students screen for illness before attending school.

[Click here for our daily health screening tool](#)



Face Coverings

- Students and staff will be expected to wear face coverings in buildings during in-person learning and while on school transportation.
- Types of face coverings can include a purchased paper or disposable mask, a cloth mask, a neck gaiter, a scarf, a bandanna, or a religious face covering.
- A face covering must cover the nose and mouth completely.

COVID-19 Symptoms

Most common (only need one of these symptoms):

- fever greater than or equal to 100.4 F
- new onset and/or worsening cough
- difficulty breathing
- new loss of taste/smell

OR Less common (need 2 of the below symptoms)

- sore throat
- nausea
- vomiting
- diarrhea
- chills
- muscle pain
- excessive fatigue
- new onset of severe headache
- new onset of nasal congestion or runny nose

If a student comes to school with symptoms of COVID-19 or any other illness; the student will be assessed by the Building RN and the parent or guardian will be called and they, or an emergency contact, will be expected to pick up their student within 30 minutes.

Positive COVID-19 Test or No Test Performed

- Families need to report a positive test to the school nurse ASAP/same day of diagnosis. The school nurse will provide the parent or guardian with details of return to school instructions.
- A person who displays symptoms will be sent home/told to stay home and will be advised to take a COVID-19 test
- A person with symptoms who tests positive or decides not to test for COVID-19 will need to be quarantined for 10 calendar days after the diagnosis or symptom onset.
- A person who tests negative for COVID-19 will be able to return to school 24 hours after any symptoms have greatly improved.

COVID-19 Close Contact

Close Contact as defined by MDH: Spending 15 minutes of time less than 6 feet from someone who has COVID-19 disease.

- Any person who was in close contact with a COVID positive person needs to be quarantined for 14 calendar days even if they test negative for COVID-19. The incubation period is 2-14 days and symptoms or a positive test could develop up to 14 days after close contact.

[Click here to return to the Table of Contents](#)

MBA Specific Protocols:

PLAYERS

MANDATORY

Masks / Face Coverings

- Based on State of Minnesota Executive Order 20-103, masks must always worn by players inside, including while playing
- Worn when entering and exiting any facility for practices, games and tournaments
- Worn at all times when not on a court (hallways, restrooms, etc.)
- Worn in accordance with facility rules at events if their requirements are stricter than above

Hand Sanitizing

- Bring own hand sanitizer
- Sanitize hands before and after practices and games

Food/Drinks

- No sharing of food or drinks
- Players MUST bring their own filled water bottle to all practices and games

Equipment

- All players must bring their own basketball to all practices

Social Distancing

- Spread out on benches as possible
- Exit facility immediately following practices and games
- Refrain from contact beyond normal game and practice interaction (no high-fives, handshake line)
- No physical contact with coaches, players, refs or spectators beyond as required for games/practices

MBA Specific Protocols: COACHES

MANDATORY

Masks / Face Coverings

- Worn at all times when entering, exiting and in Mahtomedi facilities and other facilities, including during practice and when coaching a game

Hand Sanitizing

- Bring own hand sanitizer
- Sanitize hands before and after practices and games

Equipment

- Limit use of shared equipment as much as possible

Social Distancing

- Maintain 6 feet of distance whenever possible when instructing players
- Structure practices to focus a majority of time on individual skill development; limit high contact drills
- Spread out on benches as possible
- Exit facility immediately following practices and games
- Minimize pre and post game meetings; hold outside if weather allows

Scrimmaging

- Practices must be limited to your team only, scrimmages against other teams (whether MBA teams or other programs) is prohibited at this time; siblings of team members should not be in attendance at practices

Attendance Tracking

- One coach per team must keep attendance records regarding which players and coaches are at each practice and game for use by MBA COVID-19 team in the event that contact tracing or notifications are necessary

MBA Specific Protocols: PARENTS/GUARDIANS/FAMILIES

MANDATORY

Masks / Face Coverings

- Worn at all times when entering, exiting and inside facilities – both in Mahtomedi facilities and in other facilities for MBA events

Hand Sanitizing

- Bring own hand sanitizer
- Sanitize hands when entering and exiting facility

Attendance

- Parents, guardians, siblings and spectators are not allowed at any practices except for the (up to) three MBA approved coaches for the team
- Follow the rules established for each facility regarding spectator attendance and spectator limits

Social Distancing

- Follow the rules established for each facility regarding entry, exit and seating for spectators
- Exit facility immediately following games

Decision Tree

MDH Decision Tree Updated to 12/21/20 version

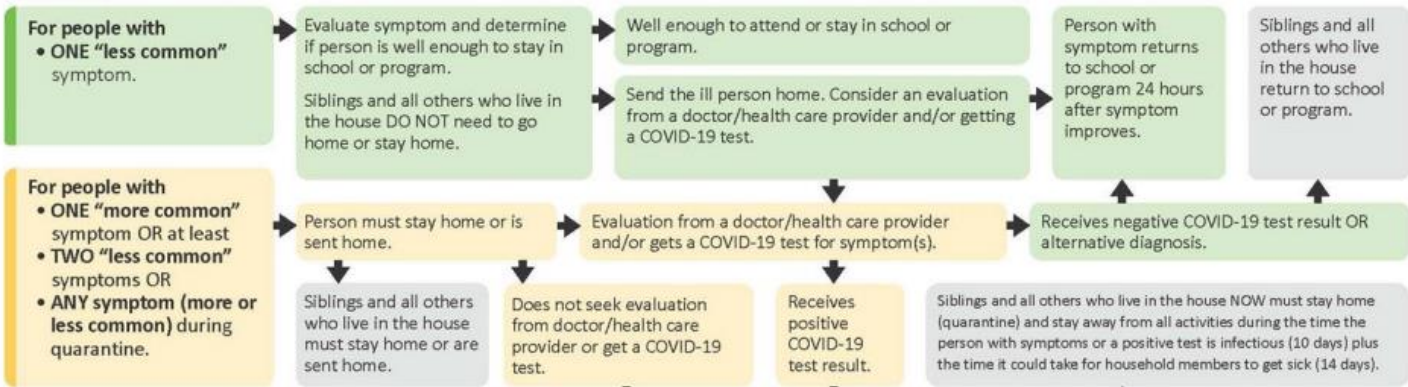
Follow this decision tree to determine if your child needs to stay at home and quarantine.

Your child should NOT attend or participate in MBA practices, games, events or activities if the situation/path leads to a box that calls for them to STAY HOME

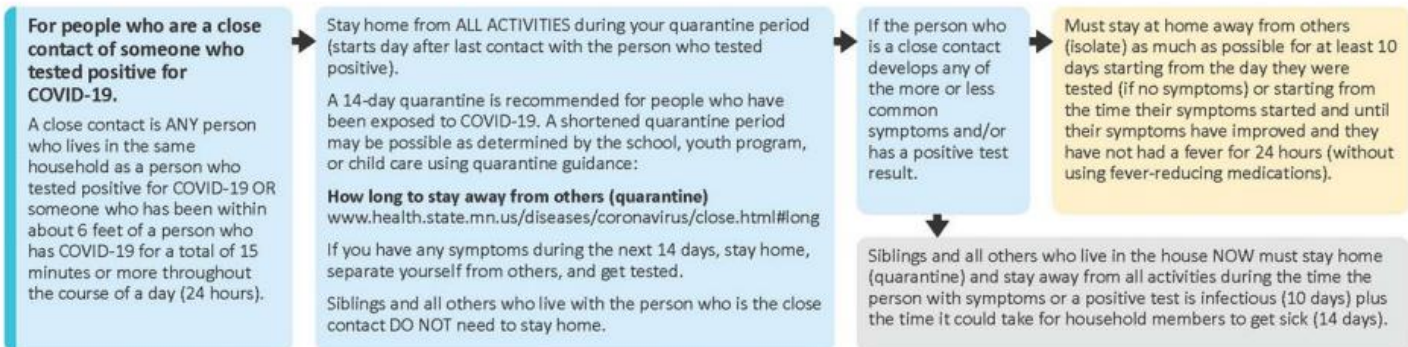
COVID-19 Decision Tree for People in Schools, Youth, and Child Care Programs

Follow the appropriate path if a child, student, or staff person is experiencing the following symptoms consistent with COVID-19:

- **More common:** fever of 100.4 degrees Fahrenheit or higher; new cough or a cough that gets worse; difficulty/hard time breathing; new loss of taste or smell.
- **Less common:** sore throat; nausea; vomiting; diarrhea; chills; muscle pain; extreme fatigue/feeling very tired; new severe/very bad headache; new nasal congestion/stuffy or runny nose.



Must stay at home and away from others who live in the house (isolate) for at least 10 days from the time symptoms started and until symptoms have improved and they have no fever for 24 hours without using fever-reducing medications. If they have no symptoms but test positive, they must stay home for 10 days, counting from the day they were tested.



MBA COVID-19 Reporting

Report your child's potential COVID-19 illness or close contact exposure to MBA if:

- Your child experiences **ONE more common*** COVID-19 symptom **OR**
- Your child experiences **TWO less common**** COVID-19 symptoms **OR**
- Your child has a COVID-19 **positive test result OR**
- Your child has been in close contact with someone who is infected (within 6 feet for at least 15 minutes) **OR** anyone living in your child's household is infected or actively symptomatic **OR** you have been informed that your child has been **close contact exposed**
- Link to reporting form:
https://www.surveymonkey.com/r/MBA_Report_COVID-19_Positive_Symptoms_CloseContactExposure

*Per the Minnesota Department of Health, **more common symptoms** include fever of 100.4F or higher, new onset and/or worsening cough, difficulty breathing and new loss of taste or smell

** Per the Minnesota Department of Health, **less common symptoms** include sore throat, nausea, vomiting, diarrhea, chills, muscle pain, excessive fatigue, new onset of severe headache and new onset of nasal congestion or runny nose

- MBA'S COVID-19 team will review reported illnesses and exposures, notify your child's school and work with MDH for contact tracing and to provide notifications to individuals who may have been exposed through basketball
- MBA's COVID-19 team consists of:
 - Todd Feustel (VP & COVID Compliance Manager)
 - Megan Malvey (President)
 - Program Director for the Participant's Program
 - Mike Cummins – Traveling; Andy Chilson – In House; Brent Dumermuth – Youth; Dan Holley – HS Rec

Youth Basketball Close Contact Definition

MDH / MYBA definition

*Close Contact Definition within Youth Basketball

In a practice:

- All team members and coaches are close contact to each other

In a game:

- All players on both teams are close contact to each other
- Coaches are close contact to the players on their own team

-
- Coaches are NOT close contact to opposing team's players
 - Coaches are NOT close contact to opposing team's coaches
 - *Referee(s) are NOT close contact to players and coaches (*See Note*)

Note: Each situation may be reviewed on a case-by-case basis under consultation with MDH.

This is provided as an example of what we assume are the most likely situations that could result in quarantine as a result of an MBA event; there may be additional scenarios under which quarantine may be necessary as determined by MDH, Mahtomedi Public Schools or MBA

MBA COVID-19 refund policy for 2020-2021 season

Traveling

- If one or more tournaments are not held, MBA will register teams for replacement tournaments or refund families based on the refunded amount provided by the tournament hosting association
 - \$430 registration fee includes 7 paid tournament entries
 - MBA hosted tourney and WBL tourneys have no refund value, if not held, because MBA does not pay a team entry fee for those tournaments
- If a team cannot participate in a tournament (due to being in COVID-19 quarantine or other reason) it is unlikely that MBA can get a refund for the team entry fee, so families should NOT expect a refund in that situation
- If tournaments as whole can't be held, but we can schedule individual games against nearby traveling teams, we would credit families for the difference between what they paid and actual cost
- If a portion of the season is cancelled (meaning no practices), MBA will refund families based on the "not incurred" facilities charges for the cancelled portion of the season
- The upfront registration fee (\$5) is not refundable
- The value of apparel that the player keeps is not refundable if that apparel has been ordered or provided to the player (this will include their tryout/practice jersey and their shooting shirt)
- The cost to hold tryouts is not refundable

In House

- If the league cancels some games due to COVID-19, MBA will refund families based on reduced price per team from the league
- If a team cannot participate in a game (due to being in COVID-19 quarantine or other reason) it is unlikely that MBA can get a refund for that game, so families should NOT expect a refund in that situation
- If a portion of the season is cancelled (meaning no practices), MBA will refund families based on the "not incurred" facilities charges for the cancelled portion of the season
- The upfront registration fee (\$5) is non-refundable
- Once ordered by MBA, the cost of in-house jerseys will be non-refundable (and your child will receive the jersey)

COVID-19 AND TRYOUTS

- If a player cannot attend tryouts due to a COVID-19 illness, symptoms or exposure, the MBA President and Traveling Director will use prior year evaluation data, prior year coach rankings and current year tryout results (for other players) to determine the player's roster placement.
- If a player did not play for an MBA team last year, the Traveling Director and President will try to gather information from their prior association to determine the most appropriate placement.
- All COVID illness related situations that result in a player missing tryouts will be handled on a case by case basis.
- To reduce COVID-19 exposure risk, players who cannot participate in tryouts this year due to an approved injury should not attend tryouts. They must be registered to play prior to the registration deadline.