2019 JO Nationals Inquiry Form

ATHLETE #: _____ **NAME:** _____ **Level:** _____ **Age:** _____

Event: _____ **COACH:** _____ **CLUB:** _____

Start Score Flashed	Score Flashed	Final Start Score	Final Score	Adjustment

Skills	Value (*)	E.G. / Sp. Req.	Connection Bonus	Execution Deduction	Comments

Difficulty	D Panel	E Panel	Final Score
F (0.6); G (0.7); H (0.8) =			
E (0.5) =	Difficulty =	E1 =	
D (0.4) =	E.G./Spec. Req. =	E2 =	
C (0.3) =	Bonus =	E3 =	
B (0.2) =	Presentation =	E4 =	
A (0.1) =	Expected Start Value =	E Avg =	D Panel + E Panel =

Level 8	8 Value Parts	2.0 EG	Dismount: A=0.5	Stick Bonus = 0.1	Execution Bonus 0.1= Bonus (0.8 or Less); Must have all E.G.
Level 9	8 Value Parts	2.0 EG	Dismount: B=0.5; A=0.3	Stick Bonus = 0.1	
Level 10	8 Value Parts	2.0 EG	Dismount: C=0.5; B=0.3	Stick Bonus:C= 0.;D=0.2	

Notes: No limit to the number of skills allowed per Element Group; 0.5 per Element Group. Stick Bonus requires full E.G. IV Credit.
No Stick Bonus on Pommel Horse; No Execution Bonus on Vault. -1.0 from D-Score for each missing skill less than 6 parts.

EG	FX	Pommel Horse	Still Rings	Parallel Bars	Horizontal Bar
1	Non Acro	Single Leg/Scissors	Kips/Swings	Support/thru Support	Long Hang
2	Fwd Acro	Circle/Spindle/Russians /Kehre/Flops	Static Str/Holds	Upper Arm	Flight Elements
3	Bwd/Arabian Acro	Travels (incl TongFei,Wu,Roth)	Swing to Str	LongHang/Underswing	In Bar/Adler
4	Dismount	Dismount	Dismount	Dismount	Dismount