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Introduction

Everett Youth Hockey (EYH) was established in 2003 as a program of the Everett Community Ice Rink (ECIR). EYH consists of a Learn-to-Play hockey program and Recreational and Competitive teams. EYH is dedicated to providing boys and girls ages 5-18 an opportunity to participate in the sport of hockey. EYH stresses fundamental skill development, teamwork, and FUN. It is the goal of EYH to have players develop a lifelong love of the sport of hockey, and continue to participate into their adult years as players, coaches, and/or volunteers.

EYH operates under the umbrella of USA Hockey, the official amateur hockey association of the United States, which includes the U.S. Olympic Team. USA Hockey is the United States’ representative to the International Ice Hockey Federation (IIHF).

USA Hockey has divided the United States into 12 districts. The Pacific District consists of organizations and teams from Alaska, California, Hawaii, Nevada, Oregon and Washington. EYH is a member of the USA Hockey affiliate Pacific Northwest Amateur Hockey Association (PNAHA), which consists of organizations and teams from Washington State.

EYH partnered with the Everett Silvertips Hockey Club of the Western Hockey League (WHL) starting with the 2013-14 youth hockey season. The Everett Silvertips Hockey Club brings additional resources to the program including access to the organization’s players and coaches. The Everett Silvertips will provide the expertise and assets necessary to aid player development both at the recreational and competitive levels. The Everett Silvertips have granted EYH the exclusive use of the Junior Silvertips name and logo.

Everett Community Ice Rink

The ECIR is part of the Everett Events Center complex along with Angel Of The Winds Arena (AOTWA) and the Edward D. Hansen Conference Center, and is owned by the Everett Public Facilities District. The Everett Events Center is managed by Spectra Venue Management. The ECIR is dedicated to providing a variety of ice skating opportunities to the greater Snohomish County community. EYH is one of multiple user groups within the ECIR. Each user group operates independently of each other, but all have the ECIR in common. All users of the facility must operate within the rules and regulations of Snohomish County, City of Everett, Everett Public Facilities District, Spectra Venue Management and their own independent organizational requirements.

- Angel Of The Winds Arena is a City of Everett Building
- The Community Rink offers several ice programs of which EYH is one.
- EYH is a USA Hockey sanctioned youth hockey program.
  • USA Hockey certifications & screenings do not carry over to other Community Rink ice programs.
- Community Rink user groups are independent from each other.
- Each ice program has their own set of requirements for use.
Mission Statement

Everett Youth Hockey (EYH) is established to provide an opportunity for the youth of Everett and surrounding communities to participate in the great sport of ice hockey. EYH is committed to providing the opportunity for boys and girls to develop the life skills of sportsmanship, teamwork and personal integrity, through the fun and challenge of the world’s fastest team sport.

Learn-to-Play

The EYH Learn-to-Play program is a non-competitive teaching program that follows the USA Hockey American Development Model (ADM). All EYH Learn-to-Play ice times are held at the ECIR. The EYH Learn-to-Play program is ongoing and schedules are available at the rink or on-line. Players can join the EYH Learn-to-Play program at any time during the season. All EYH Learn-to-Play program participants must register with USA Hockey before starting. USA Hockey registration is free to players ages 6 and younger. Once players successfully complete the required skills in the EYH Learn-to-Play program, they are able to join the EYH Recreational League, a competitive hockey program under the guidelines of USA Hockey.

Private Coaching / Lessons

The AOTWA & the ECIR have established policies and procedures for private instructors / coaches and lessons. Private Instructors / Coaches must comply with all established policies and procedures prior to providing any instruction to individuals on the AOTWA or ECIR. All policies and procedures may be reviewed through the ECIR Manager. Any individual who would like private instruction / teaching privileges on the AOTWA and/or ECIR may contact the ECIR Manager. All private instructors / coaches must be approved by the AOTWA and ECIR management prior to providing any lessons to any individuals. Any and all individuals, instructors or coaches teaching or who are perceived as teaching a private lesson to anyone other than their own child or family member on any AOTWA or ECIR must be approved by the ECIR Manager prior to taking the ice. There will be no exceptions to this rule; and there is a zero-tolerance policy for coaches who do not follow these guidelines. Failure to comply with any part or all of these requirements and guidelines will result in the individual in violation being banned from use or entry to the ECIR. The ECIR reserves the right to refuse private coaching status to any individual for any reason at any time regardless of any previous agreements either written or verbal. Any individuals seeking private instruction / lessons for themselves or their family members may contact the ECIR Manager to get a list of approved instructors. Private instruction / lessons are provided during public skating or stick and puck ice times. No private instruction / lessons may be provided on any EYH ice times for any reason.

Organization

Administration

EYH is administered by the EYH Advisory Committee. The EYH Advisory Committee will meet on a regular basis to make decisions on issues that affect players, parents, coaches, administrators and the overall direction of the EYH program.

2021-2022 EYH Advisory Committee

- Angel Of The Winds Arena GM – Corey Margolis
- EYH Director – Christopher Raub
- Everett Community Rink Manager – Katrina McArthur
- EYH Learn-to-Play Director - Tim Freitag
- COO, Consolidated Sports Holdings – Zoran Rajcic
- Youth Hockey Partners of Everett (YHPE) Booster Club Representative – Anne McGlynn
Volunteer Coaching / Team Manager Eligibility

EYH is fortunate to have a strong group of volunteer coaches and team managers who are dedicated to the well-being of all EYH players. All EYH coaches are USA Hockey certified for the age level they coach. Coaches and team managers are also required to complete the USA Hockey / PNAHA screening process.

Any person who wishes to be a coach and/or team manager with EYH must:
- Complete an EYH coaches’ or team manager’s application (annually)

Any coach or team manager who is offered and accepts a volunteer coaching position with EYH must:
- Complete the USA Hockey / PNAHA screening process before they are allowed to interact with players.
- Complete the USA Hockey SafeSport training presentation.

All coaches must:
- Hold current USA Hockey Coaching Education Program (CEP) certification for the level they are coaching.

Volunteer Coach / Team Manager Selection

All EYH coaching / team manager assignments are decided by the EYH Advisory Committee. Coach / team manager candidates may be interviewed by selected members or the entire EYH Advisory Committee prior to assignment. EYH reserves the right to accept or deny any coach or team manager application.

Volunteer Recreational Team Coaching Discount

EYH Recreational ("B" & "C" classification) team coaches who have an EYH registered player in the same season in which they are coaching an EYH team will receive a discount on the EYH registration fees for that player. A head coach will receive a 100% discount on one player’s registration fee. The 1st assistant coach will receive a 50% discount on one player’s registration fee. There is no discount for 2nd or more assistant coaches or team managers.

For EYH Recreational ("B" & "C" classification) team coaches who do not have an EYH registered player in the same season in which they are coaching an EYH team their discount on the EYH registration fees will be donated to the Youth Hockey Partners of Everett (YHPE) Booster Club. The YHPE will then award grants to current EYH players in the form of discounts to be applied to their EYH registration fees through their Grant Request program. To learn more about the YHPE Grant Request program connect to their website through the YHPE Booster Club link on the EYH website.

USA Hockey Member Registration

All EYH administrators, coaches, players, and team managers or volunteers who will have direct supervision of players must be current members of USA Hockey. USA Hockey registration is an annual process and must be renewed each season by all participants. USA Hockey member registration is done on the USA Hockey registration website: http://www.usahockeyregistration.com/

USA Hockey Age Verification

USA Hockey requires a one-time age verification of all players. This is usually done during the first season that a player participates on a recreational team. With EYH this would be done when a player advances out of the Learn-to-Play program to a recreational team. There are situations where this age verification may not have been completed following this timeline and EYH will need to complete this age verification process. This age verification is required for players to be added to an official USA Hockey team roster. Players who are not on an
official USA Hockey team roster may not participate in games until they have been successfully added to a team roster. EYH is required to provide age verification information (usually in the form of a birth certificate or another government issued identification document) to the PNAHA Registrar for verification. As a result, EYH may contact individual families and request a copy (picture or scan) of a player’s birth certificate for submission to PNAHA for verification. The verification is done through a secure system and once completed PNAHA deletes the information.

**Game Day Volunteers**

**Timekeepers, Scorekeepers & Penalty Box Attendants**

On game days parent volunteers are required for “home” games. It is the EYH and local league policy that the home team on the schedule provides the Timekeepers, Scorekeepers and Penalty Box Attendants. EYH is grateful to all the parents, family members and friends who have repeatedly volunteered in these positions in the past. EYH encourages all parents to get involved and volunteer at least once during a season in one of these vital positions.

EYH has created a Timekeepers & Scorekeepers manual. Two copies of the manual and game score sheets are held at the Skate Rental Counter and are available for anyone to review during a team practice. Individuals are encouraged to practice running the clock during any EYH practice time to become more familiar with the operation of the clock.

On game days, the manual and score sheet for the game(s) will be located at the Community Rink Customer Service desk. At the conclusion of any game the completed score sheet and manual should be returned to the Customer Service desk.

**EYH (EYH) Program**

**EYH Planning / Program Development Process**

EYH planning is an ongoing and continuous process. The traditional USA Hockey youth hockey season is 6 months long starting in September and ending in March. The AOTWA operates on an annual schedule of January to December. Planning for the next EYH season begins at the end of the current season. There are many factors that affect the ice schedules EYH is able to offer each season and when decisions are made regarding the upcoming season. The EYH annual planning and program development process depends on multiple external programs and schedules due to the AOTWA and ECIR being multi-use facilities. A general timeline for EYH planning starts in March with an end of season review. During April and May information about upcoming AOTWA events and already planned events is gathered. The information is used to develop an EYH Program Overview that is usually released during the first week of June. EYH ice schedules are preliminarily planned during June while waiting for the WHL Everett Silvertips practice and game schedules which are usually completed during the first week of July. During July and early August there may be changes to the Everett Silvertips’ and AOTWAs’ schedules that affect the EYH program. By mid-August the Everett Silvertips’ and AOTWA’s schedules are mostly finalized through the remainder of the calendar year. At this time (August) EYH has the ability to develop ice schedules for the August through December time. EYH planning continues during the remainder of the season as the AOTWA is in the business of bringing entertainment events to Everett. These events may or may not have an effect on the EYH ice schedules. All EYH ice time schedules are published with the known planned events at the time of publishing and are always subject to changes due to newly scheduled events.
**EYH Practice Schedules**

EYH team practice schedules will be published in three (3) parts during the Fall/Winter season. Part 1 of these practice schedules will be published on or before August 15th of each year and will include practices between September 1st and September 30th. Part 2 of the practice schedules will be published on or before September 15th and will include practices between October 1st and December 31st. Part 3 of the practice schedule will be published on or before December 15th of each year and will include practices between January 1st and March 15th. These 3 part practice schedules are designed to maximize available ice time and minimize schedule changes during the youth hockey season. All published EYH practice schedules are subject to change due to AOTWA and ECIR changes made after schedules are published. EYH has committed to improving all players and teams. The Jr. Silvertips travel teams will have some longer practice times (up to 75 minutes) and will have some full ice (single team) practices. All teams that lose practice times due to AOTWA event schedule changes and/or additions may receive substitute ice in replacement based on ice time availability.

**EYH Player Registration & Payment**

2021-2022 Fall/Winter hockey season players must register through the EYH website ([www.everettyouthhockey.com](http://www.everettyouthhockey.com)). Registration fees are not refundable, except for players placed on the waiting list who are not placed on an EYH team. All players or parents of players are responsible for payment of all registration/tryout fees to participate in tryouts. EYH reserves the right to accept or deny any player registration.

**EYH Fee Refund Policy**

Registration/Program fee:
- $100 of each registration/program fee is NOT refundable (to cover administrative costs)
- No Refunds of registration/program fees will be given after February 1st of the current youth hockey season.

Registration/program fees may be pro-rated as follows:
After September 1st of any season the fee will be prorated by dividing the fee by 6 months (September – February) and refunding the months remaining less the $100 non-refundable portion. A player who participates in 2 or more weeks of activities in a given month will not have that month refunded. Anytime a player requests a release to go to another local (Western Washington State) hockey association, the full program fee is due before a release will be given.

Prorated fee:
Registration/program fees will be prorated if one of the following occurs:
- Season ending injury - must provide a written report from a medical doctor.
- Player’s residence changes from Western Washington
- Player joins EYH after November 1st

**Recreational League**

The EYH Recreational League is a six (6) month hockey program, which begins in late September and ends in early March. In accordance with USA Hockey, players are placed in divisions based on the year of their birth. The 2021-2022 USA Hockey youth divisions are.

<table>
<thead>
<tr>
<th>Division</th>
<th>Birth Years</th>
</tr>
</thead>
<tbody>
<tr>
<td>18U</td>
<td>2003 – 2004</td>
</tr>
<tr>
<td>16U</td>
<td>2005 – 2006</td>
</tr>
<tr>
<td>14U</td>
<td>2007 – 2008</td>
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The number of teams competing in the EYH Recreational League varies each season and is determined by the number of players who register in each age division. Teams playing full-ice games must have a minimum of 11 players (10 forward skaters and 1 goalie) up to a maximum of 20 players (18 forward skaters and 2 goalies). Teams playing half-ice or cross-ice games must have a minimum of 7 players (6 forward skaters and 1 goalie) up to a maximum of 10 players (9 forward skaters and 1 goalie).

**Player Movement Out of Current Age Division**

All players must participate in their USA Hockey Age Division. If an EYH player has already played 2 seasons in their USA Hockey age division, they may submit a written request to the EYH Advisory Committee asking to play in the next older age division. Players may only move up from 8U to 10U or 10U to 12U (i.e. a player born in 2013 who has played the past 2 seasons in the EYH 8U division may request to play in the EYH 10U division). Player moves up from 8U to 10U are limited to two (2) players per youth hockey organization per season in accordance with the PNAHA rules. No players will be allowed to move up from a non-checking age division to an age division or classification that allows checking (i.e. a 12U age player may not move up to a 14U age team that plays in a checking classification). Any request will be reviewed by the EYH Advisory Committee and the decision of the committee will be final. The safety and success of players is most important to EYH. Therefore, a recreational player may need to be placed in a USA Hockey age division one age level younger than their actual age division. The EYH Advisory Committee reviews this type of player move before such a move is made. This type of player move is limited to recreational players and is subject to final approval by the Metropolitan Hockey League (MHL). If during a season there is no team for a specific age division at the recreational and/or tier II level, EYH will work to find a team for players at either the recreational or tier II level.

**Exhibition Games**

EYH teams may choose to play exhibition games against other hockey organization’s teams. All exhibition games must be approved by the EYH Director to ensure proper USA Hockey procedures are followed. EYH team’s home ice times are held at ECIR. Occasionally teams are scheduled for the AOTWA (Everett Silvertips) ice rink.

**Metropolitan Hockey League (MHL)**

All EYH Recreational teams will compete in the MHL. The MHL is made up of recreational teams in the same age division from other Puget Sound area youth hockey organizations. MHL teams will include playoff and championship games in age divisions 12U, 14U & 18U. Teams winning the MHL championship will be awarded recognition by the MHL. EYH teams playing in the MHL will play ‘Home’ games at the ECIR. Teams will play ‘Away’ games at the other hockey organizations’ rinks.

**Tournament Participation**

EYH teams may select to participate in youth hockey tournaments during various times throughout the season. All costs associated with these tournaments are the responsibilities of the individual players, families and coaches of the teams that choose to participate in the tournament. **Teams that desire to participate in youth hockey tournaments must notify the EYH Advisory Committee of their desire at least 30 days prior to the event or before any applications or other related forms are completed for tournament participation.** The
EYH Advisory Committee will review the request to participate and respond to the request in at least 3 days after receiving notification from a team representative.
Teams that wish to participate in tournaments must consider many factors when selecting tournaments and be aware that there may be players who are not able to participate due to various reasons. All tournament participation is optional. No player or coach is required to participate in any tournament and should not be made to feel as if they must participate for any reason.

Recreational League – Playing Times
EYH holds some basic guidelines for on-ice playing time for all players regardless of the league or level of play. EYH also acknowledges that there are many situations that come up during a game or over the course of a season that makes completely “equal” on-ice time impossible.
EYH recreational league players are expected to be given the opportunity to get “equal” on-ice time over the course of the season.

8U Divisions
The EYH 8U division is a player development division where equal ice time in all practices and games is followed. Coaches will strive to make ice time for all players in attendance at practices and games as equal as possible.

10U Division
The EYH 10U division is a player development division where equal ice time in all practices and games is followed. Coaches will strive to make ice time for all players in attendance at practices and games as equal as possible.

12U Division
The EYH 12U division is the beginning of more advanced and competitive play. Coaches are expected to play all team members as equally as possible, while also coaching to have success as a team. Coaches are expected to give all players the opportunity to participate on power plays, penalty kills as they occur over course of the season and any overtime sessions. Coaches may strategically use players during the last 5-minutes of a game.

14U Division
The EYH 14U division continues a more advanced level of play and team focus. Coaches are expected to play all team members as equally as possible, while also coaching to have success as a team. Coaches are expected to give all players the opportunity to participate on power plays, penalty kills as they occur over course of the season and any overtime sessions. Coaches may strategically use players during the last 5-minutes of a game.

16U & 18U Divisions
The EYH 16U & 18U divisions continue a more advanced level of play and team focus. Coaches are expected to play all team members as equally as possible, while also coaching to have success as a team. Coaches are expected to give all players the opportunity to participate on power plays, penalty kills as they occur over course of the season and any overtime sessions. Coaches may strategically use players during the last 5-minutes of a game.

How each player gets the opportunity for their ice time is up to the team coach and coaching style. For example, a coach may set up a team with equally skilled lines and then play each line an “equal” amount during each game or over the course of the season. Even within this example there may be special situations such as power plays and penalty kills that will have an effect on playing time. In addition, players will have a
direct effect on their own opportunity at “equal” playing time if they choose a style of play that results in their being assessed penalties during a game and over the season.

**EYH Competitive Tier II Teams**

The goal of EYH Tier II teams is to provide a highly competitive forum in which the best players from EYH can train and compete. Therefore, players will be selected by a tryout system.

The EYH Advisory Committee, at its discretion and in the best interests of EYH, shall determine the number of teams and age divisions that will be permitted to play as Tier II teams. The 12U, 14U & 18U age divisions shall be permitted to have at least one Tier II team, provided there are a sufficient number of qualified players to make up a team and a sufficient number of qualified coaches. These teams will participate in the Pacific Coast Amateur Hockey Association (PCAHA) in British Columbia, Canada. In addition, these teams will play games against PNAHA Tier II teams in order to qualify for the PNAHA Tier II tournament at the end of the season in hopes of earning a berth to the USA Hockey Tier II National Championships.

A team shall be selected within a reasonable time after the conclusion of the scheduled tryouts, and only those players attending tryouts or excused from tryouts by the EYH Board of Directors shall be eligible to be selected. An excusal for missing tryouts must be submitted in writing to the EYH Board of Directors before the start of the first tryout. A parent or guardian of the player must write the excuse, stating the reasons for missing the tryouts.

**PNAHA Tiering Guidelines**

Any team wishing to declare as Tier II must declare by October 1st of the current hockey season. These teams are then reported to the Pacific District of USA Hockey and USA Hockey by the PNAHA President. Teams declared as Tier II and in the PNAHA League must participate in the PNAHA tiering process at the beginning of the season. The PNAHA Competition Committee may change a team’s classification to “B” based on their performance during the tiering process games. The specific classification of any EYH team, after the PNAHA tiering process games shall be reviewed by the EYH Board of Directors, the EYH team coaches and confirmed with PNAHA. An EYH team designated as “B” may still be able to compete in the PNAHA Tier II League, but will not be eligible to compete in the PNAHA State Tier II Tournament at the end of the season. An EYH “B” team would be eligible to participate in the PNAHA State “B” Tournament at the end of the season. If an EYH team is classified as Tier II after the PNAHA tiering process and is not performing as expected in the PNAHA Tier II League, EYH can submit a request to the PNAHA League Commissioner and PNAHA President to have the team’s classification reviewed. This request must be submitted no later than the Wednesday prior to the Thanksgiving holiday. Before submitting such a request the EYH Board of Directors and the EYH team coaches will meet to decide if such a request should be submitted to PNAHA. If EYH does submit a request, it will be reviewed by the PNAHA Competition Committee or a Selection Committee of the PNAHA League Commissioner’s choice (as long as it consists of 2 members from the east and 2 members from the west side of the state) and they will evaluate the situation and make a decision whether or not to re-classify the EYH team to “B”. The decision of the PNAHA committee is final. An EYH team that is re-classified as “B” may be requested to complete the PNAHA Tier II League schedule, but will not be eligible to compete in the PNAHA State Tier II Tournament at the end of the season. An EYH “B” team would be eligible to participate in the PNAHA State “B” Tournament at the end of the season.
Team Roster Changes
After all team selections are made, any need for roster changes will be brought to the attention of the EYH Advisory Committee who will work with the coaches of the teams and player’s parents to reach an agreement that is in the best interest of everyone involved.

Competitive Teams – Playing Time
It is the intent of EYH to assure all competitive league players an EQUITABLE, NOT EQUAL amount of playing time. EYH Tier II teams are competitive teams playing for the opportunity to compete in the USA Hockey Tier II national championship tournament at the end of the season. EYH Tier II team coaches have the responsibility and authority to make playing time decisions for all players based on the overall team goal of qualifying for the national championship tournament.

Youth Hockey Partners of Everett (YHPE) & Team Bank Accounts
Youth Hockey Partners of Everett (YHPE) Booster Club provides a bank account at Heritage Bank for each EYH team to use. All administrative and financial activities for these team bank accounts are managed through the YHPE Booster Club and the individuals who agree to be Signers on specific team or age division bank accounts. EYH is not affiliated or involved in any administration or financial activities for these team or age division bank accounts. Additional information about these bank accounts can be found on the EYH website.
https://www.everettyouthhockey.com/eyhpolicy

EYH Team Uniforms

Recreational & B Teams
EYH players may only wear jerseys and socks that have been provided to them through the EYH program for all games (i.e. exhibition, league or non-league and tournament games). Players are not required to purchase any additional equipment to create a team to appear as “matching” (i.e. all players having the same helmet, pants and glove colors). EYH does not have a required helmet, pants and glove color and individuals may purchase any style and color of protective equipment as long as it is approved by USA Hockey for use in ice hockey practices and games.

Tier II Teams
EYH players may only wear jerseys and socks that have been provided to them through the EYH program for all games (i.e. exhibition, league or non-league and tournament games). Players on the Tier II teams are encouraged to have matching uniforms. The jerseys, socks and pant shells for the Tier II teams will be provided to players through the EYH and Team Managers will be responsible for the tracking, laundering and upkeep/repair of jerseys and pant shells. Helmet, pants and gloves will be purchased by the individual players/families. The preferred color for these items is forest green. All protective equipment must be approved by USA Hockey for use in ice hockey practices and games.

24-hour Rule – Parent’s Interaction with Coaches & Administrators
If at any time a parent or player has concerns over playing time, or other game or practice issue they are requested to wait at least 24-hours before approaching or contacting the team’s Head Coach or any EYH coach. If a parent or player has a question regarding ice time, they are expected to approach a coach in a respectful and open-minded manner. If possible, it is suggested a neutral third party be present during any such discussions to help ensure communication is respectful, open and effective. If after this communication there
is no agreed resolution then the coach, parent and player will be required to meet with the EYH administration to resolve any playing time issues.

USA Hockey SafeSport Program

USA Hockey has launched the USA Hockey SafeSport program and handbook. All USA Hockey registered coaches, team managers and administrators are required to complete the USA Hockey SafeSport online training module. Players, parents and others are strongly encouraged to read and understand the USA Hockey SafeSport Handbook and/or complete the online training module too. The USA SafeSport Program Training module is available online at www.usahockey.com/safesporttraining

The USA Hockey SafeSport program has policies on the following subjects.

- Sexual abuse
- Physical abuse
- Emotional abuse
- Bullying, Threats and Harassment
- Hazing
- Locker Room Policy
- Social Media, Mobile and Electronic Communications Policy
- Travel Policy
- Billeting Policy

EYH adheres to the USA Hockey SafeSport policies as listed on the current revision of the “USA Hockey SafeSport Program Handbook” and will implement additional EYH specific policies as directed by this handbook.

EYH Locker Room Policy

The EYH Locker Room Policy applies to all USA Hockey sanctioned events in which any EYH player(s), coach(es), administrator(s) or volunteer(s) attend including team practices and both “home” and “away” games. EYH coaches and team managers shall be responsible for compliance with this EYH locker room policy.

Locker Room Key Sign-Out / Sign-In

Arena Guest Services and/or the ECIR staff will have the keys to the locker rooms. A key must be signed-out by a Coach/Manager or SafeSport approved Volunteer that will be monitoring the activities in the locker room. This applies to all EYH practice and game ice times.

Upon entering the locker room, report any/all vandalism, damage, garbage or unclean room conditions to arena Guest Services or the ECIR staff. At that time arena Security will be notified and make a note in their report to arena and community rink staff and manager.

Locker rooms must be locked when not in use or are empty during a scheduled ice time. When a practice or game is over and all team members have left the locker room, the locker room must be clean and locked to comply with EYH and USA Hockey SafeSport policies. The key must be returned to arena Guest Services or the ECIR staff and signed-in.

EYH Locker Room Monitoring

At the ECIR and AOTWA there are 8 locker rooms (4 at each rink) available for EYH’s use during scheduled ice times. Each of the locker rooms has its own restroom and shower area. EYH has predictable and limited use of locker rooms and changing areas (e.g., generally 30-45 minutes before and following practices and games). This allows for direct and regular monitoring of locker room areas. At least one responsible adult shall be
present directly monitoring the locker room during all team events to assure that only participants (coaches and players), approved team personnel and family members are permitted in the locker room and to supervise the conduct in the locker room. The responsible adult must personally monitor the locker room environment at all times while participants are present to ensure no abusive behavior as described in the USA Hockey SafeSport Handbook occurs and also make sure the locker room is appropriately secured during times when minor participants are on the ice. The responsible adult that monitors and supervises the locker room shall have been screened in compliance with the current USA Hockey screening policy. Any individual meetings between a minor participant and a coach in a locker room shall require a responsible adult be with the coach.

**EYH Mixed Gender Locker Room Policy**

On EYH teams consisting of both male and female players it is important that the privacy rights of all players are given consideration and appropriate arrangements made. As part of this, all players should wear a base layer of athletic clothing (in addition to underwear) to and from the rink that their equipment can be put on over and be left on after they remove their equipment after their ice time. At no time should a player be less than 50% covered with their base layer athletic wear when in a locker room that has mixed genders. This shall be monitored and reinforced by the team coaches, team manager and approved locker room monitor. Additionally, players who do not drive themselves to their ice time should wear as much of their hockey equipment over their base layer athletic wear to the rink to help expedite the process of them getting ready for their ice time and their departure from the rink. Where possible, EYH will have separate male and female locker rooms for players to dress and undress and then convene in one of these locker rooms for team activities prior to the team going on the ice for their scheduled ice time. Once the ice time is finished, the players may gather in one locker room for post ice time meetings and then the male or female players will proceed to their separate locker room to undress and shower, if needed/available. If separate locker rooms are not available, then the players will take turns using the locker room to change. EYH understands that these arrangements may require that players arrive earlier or leave later to dress, but believe that this is the most reasonable way to accommodate and respect all EYH players. During ice times scheduled on the ECIR, if separate locker rooms are not available for male and female players the female players may choose to use the small stand alone rooms usually assigned to the referees during games to change and then go into the team locker room when all players are appropriately dressed. During all of this locker room activity the locker room(s) will be monitored as required by the EYH Locker Room Policy and USA Hockey SafeSport.

**Parents in Locker Rooms**

Except for players at the younger age groups (Learn-to-Play, 8U and 10U) EYH discourages parents from entering locker rooms unless it is truly necessary. If a player needs assistance with his or her uniform or gear, if the player is or may be injured, or a player’s disability warrants assistance, then we ask that parents let the coach know beforehand that he or she will be helping the player. Naturally, for the youngest age groups it is necessary for parents to assist the players getting dressed. We encourage parents to teach their players as young as possible how to get dressed so that players will learn as early as possible how to get dressed independently. In circumstances where parents are permitted in the locker room, coaches are permitted to ask that the parents leave for a short time before the game and for a short time after the game so that the coaches may address the players. As players get older, the coach may in his or her discretion prohibit parents from a locker room.

**Cell Phones and Other Mobile Recording Devices**

The use of any mobile electronic devices and any mobile phone’s recording capabilities, including voice recording, still cameras and video recording is prohibited in any locker room. The use of any mobile recording device as previously described may be used during “special occasions” (i.e. team celebrations) only with the prior approval of all individuals in the locker room and providing all individuals in the locker room at the time.

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of the recording are properly dressed. The use of mobile phones for traditional telephone conversations is allowed and should be conducted outside the locker room.

**EYH Social Media Policy**

EYH recognizes that social media technologies combined with their ease of use and pervasiveness make them attractive channels of communication. However, these tools also hold the possibility of a host of unintended consequences. There are many things to consider before using social media outlets. Applications (Facebook, Twitter, Instagram, etc.) that allow you to interact with other users require careful consideration of the implications of “friending”, “linking”, “following”, or accepting such a request from another user. There is the potential for misinterpretation of the relationship or the potential of sharing protected information.

Do not discuss a situation involving named or pictured individuals on a social media site without their permission.

Do not post anything that you would not present in any public forum. If the content of your message would not be acceptable for face-to-face conversation, over the telephone, or in another medium, it will not be acceptable for a social media or networking site.

Let your social media posts or networking do no harm to yourself or anyone else. Be mindful that what you publish will be public for a long time, so protect your privacy.

You are responsible for what you post on your own and on the sites of others. Individuals have been held liable for commentary deemed defamatory, proprietary, libelous or obscene (as defined by the courts).

Make sure that you have all the facts before you post. There is no such thing as a “private” social media site. If you feel angry or passionate about a subject, it’s wise to delay posting for at least 24 hours when you are calm and clear headed. Never pretend to be someone else, but while you should be honest about yourself, don’t provide personal information that scam artists or identity thieves could use.

The use of any EYH or AOTWA logos, pictures, images or likenesses is strictly prohibited. The use of any names or pictures or other methods of identifying individuals who are players, parents, family members, coaches, or administrators of EYH is strictly prohibited. In addition to these rules the USA Hockey SafeSport program policies and rules shall be followed.

**Social Media Best Practices**

Think twice before you post. Be accurate. Be respectful. Be honest. Be professional and polite. Remember many different audiences will see your posts. Remember that the internet is permanent even if you delete things later. Be in the right state of mind when you post items. Any information on social media websites or other types of media that is in violation of any EYH, PNAHA or USA Hockey rule or guideline will be investigated by the proper authorities and may result in disciplinary action that could include suspension and/or removal of players, parents, coaches and administrators from participation with EYH, PNAHA and/or USA Hockey. Any suspected or actual criminal activity will be promptly reported to the proper authorities.

**17 year old Required SafeSport Training**

As of January 1, 2018, USA Hockey requires that all registered players turning 17 or are already 17 must complete the SafeSport training program prior to participation with any youth hockey organization. This training consists of an initial Core SafeSport Course training module. In subsequent seasons there will be a
Refresher Course training for individuals who have previously completed the Core SafeSport Course and need to recertify. There is additional information available on the USA Hockey website. https://www.usahockey.com/safesporttraining

**EYH Travel Policy**

EYH has some teams that travel regularly to play individual games, two or three games at a time, or in tournaments. Some team’s travel is limited to only a few events per year, and some team’s travel is local travel to and from local rinks. EYH has established policies to guide such travel, minimize one-on-one interactions and reduce the risk of abuse or misconduct. Adherence to this travel policy will increase player safety and improve the player’s experience while keeping travel a fun and enjoyable experience.

We distinguish between travel to training, practice and local games or practices (“local travel”), and team travel involving a coordinated overnight stay (“team travel”).

**Local Travel**

Local travel occurs when EYH or one of its teams does not sponsor, coordinate, or arrange for travel.

- Players and/or their parents/guardians are responsible for making all arrangements for local travel. The team and its coaches, managers or administrators should avoid responsibility for arranging or coordinating local travel. It is the responsibility of the parents/guardians to ensure the person transporting the minor player maintains the proper safety and legal requirements, including, but not limited to, a valid driver’s license, automobile liability insurance, a vehicle in safe working order, and compliance with applicable state laws.

- The coaches, team manager, administrator and/or volunteers of EYH or one of its teams, who are not also acting as a parent, should not drive alone with an unrelated minor player and should only drive with at least two players or another adult at all times, unless otherwise agreed to in writing by the minor player’s parent.

- Where a coach, team manager, administrator and/or volunteer is involved in an unrelated minor player’s local travel, efforts should be made to ensure that the adult personnel are not alone with the unrelated player, by, e.g., picking up or dropping off the players in groups. In any case where a coach, team manager, administrator and/or volunteer is involved in the player’s local travel, a parental release should be obtained in advance.

- Coaches, team managers, administrators and/or volunteers who are also a player’s parent or guardian may provide shared transportation for any player(s) if they pick up their player first and drop off their player last in any shared or carpool travel arrangement.

- It is recognized that in some limited instances it will be unavoidable for a coach, team manager, administrator and/or volunteer of EYH or one of its teams to drive alone with an unrelated minor player. However, efforts should be made to minimize these occurrences and to mitigate any circumstances that could lead to allegations of abuse or misconduct.

**Team Travel**

Team travel is overnight travel that occurs when EYH or one of its teams sponsors, coordinates or arranges for travel so that our teams can compete locally, regionally, nationally or internationally. Because of the greater distances, coaches, staff, volunteers and chaperones will often travel with the players.

- When possible, EYH will provide reasonable advance notice before team travel. Travel notice will also include designated team hotels for overnight stays as well as a contact person within EYH or the team. This individual will be the point of contact to confirm your intention to travel and to help with travel details.
- EYH or the team manager will post specific travel itineraries when they become available. These will include a more detailed schedule as well as contact information for team travel chaperones. EYH or the team manager will make efforts to provide adequate supervision through coaches and other adult chaperones. EYH or the team manager will make efforts so that there is at least one coach or adult chaperone for each five to eight players. If a team is composed of both male and female players, then we will attempt to arrange chaperones of the both genders. However, we rely on parents to serve as chaperones and may be limited in providing this match.

- Regardless of gender, a coach shall not share a hotel room or other sleeping arrangement with a minor player (unless the coach is the parent, guardian or sibling of the player).

- Because of the greater distances, coaches, staff, volunteers, and chaperones will often travel with the players. No coach, team manager, administrator and/or volunteer will engage in team travel without the proper safety requirements in place and on record, including valid drivers’ licenses, automobile liability insurance as required by applicable state law, a vehicle in safe working order, and compliance with all state laws. All chaperones shall have been screened in compliance with the USA Hockey Screening Policy and all team drivers shall have been screened and the screen shall include a check of appropriate Department of Motor Vehicle records. A parent that has not been screened may participate in team activities and assist with supervision/monitoring of the players, but will not be permitted to have any one-on-one interactions with players.

- Players should share rooms with other players of the same gender, with the appropriate number of players assigned per room depending on accommodations.

- The coach will establish a curfew by when all players must be in their hotel rooms or in a supervised location. Regular monitoring and curfew checks will be made of each room by at least two properly screened adults.

- The team personnel shall ask hotels to block adult pay per view channels.

- Individual meetings between a player and coach may not occur in hotel sleeping rooms and must be held in public settings or with additional adults present.

- All players will be permitted to make regular check-in phone calls to parents. Team personnel shall allow for any unscheduled check in phone calls initiated by either the player or parents.

- Family members who wish to stay in the team hotel are permitted and encouraged to do so.

- The team will make every effort to accommodate reasonable parental requests when a child is away from home without a parent. If any special arrangements are necessary for your child, please contact the team personnel who can either make or assist with making those arrangements.

- Meetings do not occur in hotel rooms, but the team may reserve a separate space for adults and athletes to socialize.

- If disciplinary action against a player is required while the player is traveling without his/her parents, then except where immediate action is necessary, parents will be notified before any action is taken or immediately after the action.

- No coach or chaperone shall at any time be under the influence of alcohol or drugs while performing their coaching and/or chaperoning duties.

- In all cases involving travel, parents have the right to transport their minor player and have the minor player stay in their hotel room.
During team travel, coaches, team personnel and chaperones will help players, fellow coaches and team personnel adhere to policy guidelines, including, without limitation, the Travel Policy, Locker Room Policy and Reporting Policy.

Prior to any travel, coaches will endeavor to make players and parents aware of all expectations and rules. Coaches will also support chaperones and/or participate in the monitoring of the players for adherence to curfew restrictions and other travel rules.

**Prohibited Conduct, Reporting and Whistleblower Policy**

EYH prohibits all types of physical abuse, sexual abuse, emotional abuse, bullying, threats, harassment and hazing, as described in the USA Hockey SafeSport Handbook. Coaches, players, parents, family members, administrators or volunteers in EYH may be subject to disciplinary action for violation of these policies and/or for engaging in any misconduct or abuse or that violates the USA Hockey SafeSport Policies. Reports of any actual or suspected violations, may be submitted through the USA Hockey SafeSport website [http://www.usahockey.com/safesport](http://www.usahockey.com/safesport), by email USA Hockey at SafeSport@usahockey.org or may call 1-800-888-4656. Regardless of outcome, it is the policy of EYH in cooperation with USA Hockey and all USA Hockey Member Programs to support the complainant(s) and anyone's right to express concerns in good faith. Neither USA Hockey nor any USA Hockey Member Program will encourage, allow or tolerate attempts from any individual, group or organization to retaliate, punish, or in any way harm any individual(s) who reports a concern in good faith or otherwise participates in an investigation (e.g., a witness). Such actions against a complainant, witness or other complainant will be considered a violation of the USA Hockey SafeSport Program and grounds for disciplinary action, and may also be subject to civil or criminal proceedings.

The USA Hockey Annual Guide is available for all to review on the USA Hockey website. The USA SafeSport Program Handbook is available online at [https://www.usahockey.com/safesportprogram](https://www.usahockey.com/safesportprogram).

**Codes of Conduct**

**From the USA Hockey Participant Codes of Conduct**

**Player’s Code of Conduct**

- Play for fun.
- Work hard to improve your skills.
- Be a team player – get along with your teammates.
- Learn teamwork, sportsmanship and discipline.
- Be on time.
- Learn the rules and play by them. Always be a good sport.
- Respect your coach, your teammates, your parents, opponents and officials.
- Never argue with an official’s decision.

**Coaches’ Code of Conduct**

- Winning is a consideration, but not the only one, nor the most important one. Care more about the child than winning the game. Remember, players are involved in hockey for fun and enjoyment.
- Be a positive role model to your players. Display emotional maturity and be alert to the physical safety of players. Be generous with your praise when it is deserved; be consistent and honest; be fair and just; do not criticize players publicly; learn to be a more effective communicator and coach; don’t yell at players.
- Adjust to personal needs and problems of players; be a good listener; never verbally or physically abuse a player or official; give all players the opportunity to improve their skills, gain confidence and develop self-esteem; teach players the basics.
- Organize practices that are fun and challenging for your players. Familiarize yourself with the rules, techniques and strategies of hockey; encourage all your players to be team players.
- Maintain an open line of communication with your players’ parents. Explain the goals and objectives of your association.
● Be concerned with the overall development of your players. Stress good health habits and clean living.
● To play the game is great, to love the game is greater.

**Parents’ Code of Conduct**

- Do not force your children to participate in sports, but support their desires to play their chosen sports. Children are involved in organized sports for their enjoyment. Make it fun.
- Encourage your child to play by the rules. Remember, children learn best by example, so applaud the good plays of both teams.
- Do not embarrass your child by yelling at players, coaches or officials. By showing a positive attitude toward the game and all of its participants, your child will benefit.
- Emphasize skill development and practices and how they benefit your young athlete. De-emphasize games and competition in the lower age groups.
- Know and study the rules of the game and support the officials on and off the ice. This approach will help in the development and support of the game. Any criticism of the officials only hurts the game.
- Applaud a good effort in both victory and defeat, and enforce the positive points of the game. Never yell or physically abuse your child after a game or practice – it is destructive. Work toward removing the physical and verbal abuse in youth sports.
- Recognize the importance of volunteer coaches. They are important to the development of your child and the sport. Communicate with them and support them.
- If you enjoy the game, learn all you can about hockey – and volunteer.

**Spectators’ Code of Conduct**

- Display good sportsmanship. Always respect players, coaches and officials.
- Act appropriately; do not taunt or disturb other fans; enjoy the game together.
- Cheer good plays of all participants; avoid booing opponents.
- Cheer in a positive manner and encourage fair play; profanity and objectionable cheers or gestures are offensive.
- Help provide a safe and fun environment; throwing any items on the ice surface can cause injury to players and officials.
- Do not lean over or pound on the glass; the glass surrounding the ice surface is part of the playing area.
- Support the referees and coaches by trusting their judgment and integrity.
- Be responsible for your own safety – be alert to prevent accidents from flying pucks and other avoidable situations.
- Respect locker rooms as private areas for players, coaches and officials.
- Be supportive after the game – win or lose. Recognize good effort, teamwork and sportsmanship.

**EYH Discipline Committee**

Any time a player or coach is assessed a penalty or penalties that results in the player or coach being suspended for more than one game shall be required to attend an EYH Discipline Committee meeting. Each EYH Discipline Committee shall consist of at least 3 individuals who are reasonably disinterested from the situation for which the meeting is to be held and the outcomes of the meeting. The members of the EYH Discipline Committee may be current or previous youth hockey coaches from EYH or other local youth hockey organizations, members of the EYH Advisory Committee or a combination of these individuals. The current EYH Director shall be the administrator for the processes and procedures required for each discipline committee meeting, including but not limited to the selection of the members of the committee and setting the date, time and location of the meeting.

EYH Discipline Committee has the authority to assess supplemental discipline in accordance with USA Hockey Rule 410. In addition, the committee will meet with parents or spectators who knowingly and willfully violate any USA Hockey rules or EYH rules contained in this manual or other EYH documentation.

**EYH Concussion Policy**

The State of Washington was the first to implement concussion protocol in 2009. EYH has every intention to abide by the Washington State law for the protection of all players, coaches and Team Managers.
USA Hockey’s Pacific District has adopted concussion protocol in all five (5) of its affiliates (Alaska, California, Hawaii, Nevada, Oregon & Washington), and USA Hockey has added a concussion acknowledgement requirement to its online registration process for all members. The Pacific District concussion protocol meets the requirements of the legislation in Washington for youth sports organizations. In PNAHA, implementation of the protocol includes the following, effective with the 2017-18 season.

- **Parents/Guardians:** Concussion protocol acknowledgement form must be signed annually.
- **Coaches:** Concussion protocol acknowledgement form must be signed annually. Note: The USA Hockey CEP and coaching modules meet concussion education requirements in all states throughout USA Hockey, but the annual acknowledgement must still be signed within the Pacific District.
- **Concussion Evaluation and Return To Participation Protocol:**
  - This form is a tool for coaches, managers and parents when an athlete needs to be evaluated for a potential concussion. While medical providers do not have to complete this form, it does provide valuable information. Medical providers may release an athlete using their own discharge paperwork.
  - The new USA Hockey concussion management program Return to Sport criteria has been added to the back of the evaluation and return to participation form.

PNAHA and the Pacific District of USA Hockey have additional concussion information on their websites. Here is a link to the PNAHA concussion protocol webpage.

https://www.pnaha.com/page/show/3617489-concussion-protocol

If any EYH player, coach or team manager suffers a concussion they are not eligible to return to any EYH ice time (practice or game) until EYH has received notification from a medical physician stating the individual is eligible to return to regular activity. Notification must consist of a document (paper or electronic) that states the player is eligible to return to regular athletic activity.

**EYH Recognition and Celebrations**

The recognition of team and individual efforts of players, coaches and volunteers is important to EYH. During the youth hockey season, USA Hockey recognizes players’ individual efforts through the “Hat Trick”, “Playmaker” and “Zero Club” patches. Each player is eligible to earn 1 of each patch. During the season, coaches or team managers review game score sheets and send notification to the EYH Director. At the conclusion of the season, a list of players who have earned an award are submitted to PNAHA and patches are sent to EYH. These patches are handed out to players during the EYH season celebration activities. Annually EYH presents three individual awards in recognition of players' efforts during the season. These EYH awards are the “Stick-to-it-iveness”, “Pioneer” and “Comeback Player”. Players are nominated and voted on by coaches and administrators. These awards are presented during the EYH season celebration activities. In addition, EYH presents the “Dwyer-Shaw Coaches” award. EYH coaches nominate and vote for the EYH coach in recognition for their outstanding volunteering and coaching excellence.

Teams or individuals that choose to hold additional celebration events outside of the annual EYH Season Celebration do so knowing that EYH, ECIR and Spectra Venue Management are not financially responsible in part or whole. All financial responsibility is assumed by the individuals who participate in any such events.

EYH reserves the right to update any information and policies in this manual at any time. The most current revision of this manual will be available online.

https://www.everettyouthhockey.com/page/show/4501011-eyh-handbook