



5 SEPTEMBER 2021

RACE NO **NAME** **SURNAME**
PRO MEN

1	Matt	Trautman
3	Gerhard	De Bruin
4	Frederik	Henes
5	James	Mccallum
6	Cameron	Macnair
7	Michael	Ferreira

PRO FEMALE

8	Annah	Watkinson
9	Mariella	Sawyer
10	Magda	Nieuwoudt
11	Natia	Van Heerden

MEN 25 - 29

18	Robert	Alexander
19	Alasdair	Allen
20	Thinus	Appel
21	Lee	Badenhorst
22	John	Bailie
23	Jarryd	Bates
24	Matthew	Bates
25	Travis	Benn
26	Ryan	Botha
27	Ruben	Bouwer
28	Matthew	Budden
29	Nico	Burden
30	Pierre Willem	Cronje
31	George	De Kock
32	Matthew	De La Rey
33	Marcell	Du Preez
34	Richard	Emslie
35	Frederik	Ferreira
36	Markus	Fourie
37	Ayrton	Good
38	Sebastian	Greeff
39	Graham	Green
40	Anthony	Haralambous
41	Gerhard	Hefer
42	Jan-Louis	Janse Van Vuuren
43	Carl	Joone
44	Aphiwe	Katikati
45	Luke	Kirk
46	Christiaan	Kleinhans
47	Johan	Koegelenberg
48	Ezra	Krause
49	Vincent	Kruger



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50	Manfred	Lambrechts
51	Dylan	Bowles
53	Inus	Lutz
54	Du Toit	Maree
56	Steven	Meiring
57	Francois	Mienie
59	Tysen	O'Sullivan
60	Dale	Russell
61	Matthew	Ralphs
62	Reagan	Robinson
63	Alex	Rossouw
65	Haralambos	Sfakianakis
66	Tyler	Sims
67	Jesse	Soicher
69	Brendan	Steyn
70	Shaun	Swartz
71	Niël	Terblanche
72	Hayden	Tharratt
73	André	Van Der Walt
74	Jan-Hendrik	Van Der Wateren
76	Tristan	Van Moerkerken
78	Wickus	Vorster
79	Tim	Welsh
80	Kyndal	White

FEMALE 35 - 39

81	Johesta	Aspeling
82	Faye	Brajevich
83	Jessica	Broodryk
84	Jacqui	Bunge
85	Sanri	Carstens
86	Lara	Chant
88	Johanet	Cilliers
89	Carla	Coetzee
90	Zoli	De Kock
91	Jeanne	De Waal
92	Tarryn	Drabble
93	Samantha	Eleftheriou
95	Eulali	Gouws
96	Katherine	Hardy
97	Angela	Hattingh
99	JD	Kruger
100	Sulette	Kruger
101	Shannon	Lourens
102	Relita	Maree
103	Lindi	Mc Dowell
104	Charne	Nel



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106	Samantha	Rosenstein
107	Kelly	Scates
108	Talitha	Seddon
109	Sonet	Steyn
110	Elzabe	Van Den Heever
111	Toinette	Van Niekerk
112	Anzelle	Wessels

MEN 30 - 34

114	Jeff	Atkinson
115	Morne	Botha
117	Juandre	Brand
118	Justin	Butler
119	Bruce	Campbell
121	Pieter	Claassen
122	Jeff	Davenport
123	Henri	De Kock
124	Kasey	Dewing
125	Gareth	Dias
126	Danie	Du Plessis
127	Riaan	Du Toit
129	Pieter	Engelbrecht
130	Matt	Franzsen
132	Martin	Goodwin
133	Mark	Goosen
134	Kylen	Gounder
135	Marthinus	Helberg
137	Travers	Henrick
138	Joshua	Kendall
139	Richard	Lawrie
140	Stephan	Le Roux
141	Nico	Louw
143	Carl	Mangan
144	Johannes	Maree
145	Taigh	Marshall
146	Jonathan	Metcalfe
147	Lebogang	Mphahlele
148	Royce	Muller
149	Rudolf	Naude
150	Charles	Nel
152	Charl	Olivier
153	Willem	Pretorius
155	Ahmed	Sali
156	Kyle	Sanders
158	Marco	Schepers
159	Basil	Spanellis
160	Arno	Stander



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161	Daniel	Stapelberg
162	Nico	Sterk
163	Niel	Swart
164	Wesley	Swartz
165	Matthew	Thomson
166	Alexander	Thomson
167	Jason	Thoresen
168	Mark	Trollope
169	Allan	Van Den Berg
170	Dylan	Van Graan
171	Jaun	Van Loggerenberg
172	Hendrik	Van Zyl
173	Brendan	Van Zyl
174	Stegmann	Van Zyl
175	Ruan	Venter
176	Jason	Vermeulen
177	Ferdinand	Vogts

MEN 18 - 24

178	Frans-Hendrik	Badenhorst
179	Jacques	Badenhorst
180	Anru	Botha
181	Ryan	Carolin
182	Daniel	Carter
183	Kobus	Engelbrecht
185	James	Gerber
186	Brandon	Gill
187	Timothy	Hayward
188	Rudolph	Janse Van Rensburg
189	Stephan	Joubert
190	Marco	Lanfranchi
191	Tom	Kirk
192	Samuel	Kuhn
193	Alakhe	Tshemese
194	Joshua	Lowe
195	Nico	Marais
196	Cayden	Marquis
197	Luke	Mcelroy
198	Connor	Mercer
199	Robert	Moubray
200	Aidan	Neill
201	Matthew	Pitt
202	Thomas	Posen
203	Andre	Pretorius
204	Edward	Schemel
205	Craig	Smit
206	James	Spiro



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207	Morgan	Tebbutt
208	Caleb	Townsend
209	Reuben	Van Der Merwe
210	Nicolaas	Van Der Walt
211	Johan	Van Eeden
212	Michael	Walsh
213	Jacob	Webster

MEN 35 - 39

215	Yusuf	Arendse
216	Patrick	Atherton
217	Dane	Bannister
218	Laurie	Blake
219	Ian	Blignaut
220	Thabo	Booi
221	Govann	Botha
222	Ruark	Botha
223	Craig	Brown
224	Sanjeev	Budhram
225	James	Burns
226	Gareth	Chapple
227	Jaco	Cilliers
228	Clayton	Clayton
229	Rudi	Craps
230	Jaco	Crous
231	Neil	Cuninghame
232	Willem	De Kock
233	Charl	De Lange
234	Gida	De Swardt
236	Bradley	Fleming
237	Wayne	Goldschmidt
238	Jerone	Govender
239	Gareth	Harrington
241	Shaun	Hollander
242	Ferdie	Huisamen
243	Benjamin	Janse Van Rensburg
244	Shamik	Jeewa
245	Chris	Johnson
246	Josh	Kent
247	Ewert	Kleynhans
248	Koot	Klopper
249	Kobus	Koch
250	Johannes	Krugell
251	Edwin	Kruger
252	SJ	Kruger
253	Zako	Kruger
254	Heinrich	Lategan



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255	Jonty	Low
256	Frans	Luck
257	Ross	Lutsch
258	Zolisa	Madasa
259	Loyiso	Manjezi
260	Andy	Manzi
261	Gerhard	Maritz
262	Hanno	Mattheus
263	Eric	Meyer
264	Siyabulela	Mpengesi
265	Anele	Mtshewu
266	Avela	Ndamase
268	Andries	Nel
269	Shannon	Peters
270	Ryan	Pfeifer
271	Nico	Pretorius
272	Ulrich	Roux
273	JP	Schlebusch
274	Theuns	Smit
275	Jono	Stephen
276	Brook	Stevens
277	Danie	Van Der Merwe
278	Xylon	Van Eyck
279	Charl	Van Heerden
280	Rikus	Van Rensburg
281	Coert	Vorster
282	St John	Wallis
284	Barry	Wolmarans
285	Adriaan	Wooding

FEMALE 25 - 29

287	Amy	Bartlet
288	Ashley-Rae	Baxter
290	Jessica	Boardman
292	Anne	Budden
293	Mare	Cheminais
294	Sarah	Dobson
295	Philippa	Dods
296	Victoria	Dreyer
297	Lara	Flood
298	Natasja	Fox
299	Nicola	Freitas
300	Veroné	Grobler
301	Dedre	Hanekom
302	Christine	Harding
303	Helé	Niehaus
305	Cecilé	Olivier



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306	Kyla	Purdon
307	Louise	Rall
308	Kimm	Taljaard
309	Melissa	Thompson
310	Tatum	Treloar
311	Hanre	Van Der Vyver
312	Nicolette	Van Heerden
313	Liza	Visser

FEMALE 30 - 34

315	Lauren	Bartle
316	Andrea	Buhr
317	Sharnelle	Byles
319	Michelle	Cremer
320	Leandrie	Du Plessis
321	Rezaan	Lotz
322	Maxine	Luck
323	Clara	Machado
324	Sonisca	Maree
325	Nicola	Mattheus
326	Siobhan	Momberg
327	Maryke	Mouton
328	Megan	Newman
329	Shannon	Sanders
330	Jo	Shadwell
331	Nakita	Swait
332	Rebecca	Van Huyssteen
333	Melissa	Viljoen
334	Carla	Wreghitt

FEMALE 18 - 24

335	Alexandra	Albrecht
336	Olivia	Burger
337	Alexandra	Claasen
339	Jani	Heslinga
340	Anelda	Lourens
341	Megan	Mccarley
343	Miche	Pretorius
344	Anne	Spring

FEMALE 50 - 54

346	Ursula	Botha
347	Michelle	Enslin
348	Sanet	Griesel
349	Jeannine	Ruffels
350	Magdalena	Shlesinger
351	Genelle	Van Der Riet

MEN 40 - 44

352	Steve	Attwell
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353	Petrus	Badenhorst
354	Barry	Badenhorst
355	Wesley	Bahlmann
356	Ambrose	Bates
357	Bradley	Birkholtz
360	Lawrence	Bosch
361	Braam	Colyn
362	Guy	Crichton
363	Andrew	Crowe
364	Jamie	De Jong
365	Bensa	Didier
366	Jacque	Du Plessis
367	Terry-Andre'	Eleftheriou
368	Jason	Ensor
369	Robert	Etzinger
370	Stuart	Fowles
371	Donovan	Geldenhuis
372	Wayne	Gerber
373	Grant	Guerin
375	Mark	Hibbert
376	Chappie	Jackson
377	Heinrich	Janse Van Rensburg
379	Reeg	Kemp
382	Daniel	Kruger
383	Jannie	Leach
384	Rickus	Lubbe
385	Herman	Maré
387	Robin	Matthews
388	John	Middlewick
389	Paul	Muller
390	Nicholas	Newman
392	Rahul	Patel
393	Louis	Pfeiffer
394	Riaan	Pienaar
395	Thoza	Qwanyashe
396	Ewerd	Ras
397	Danie	Rossouw
398	Ewan	Scott
399	Thomas	Shaw
400	Hal	Snyman
401	Eugene	Tondolo
402	Warwick	Van Breda
403	Mark	Van Der Kaag
404	Daniel	Van Der Merwe
405	Shawn	Van Der Meulen
406	Lourens	Van Der Nest



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407	Jaco	Van Heerden
408	Lourens	Van Zyl
409	Jaco	Venter
411	Clinton	Verhoog
413	Andre	Vrey
415	Izak	Wessels
416	James	Winstanley
417	Gawie	Wolmarans

MEN 60 - 64

419	Kevin	Dewar
420	Roger	Hooke
421	Johan	Jacobs
422	Jules	Kieser
423	Tony	Lederle
424	Carl	May
426	Stephen	Meijers
427	Gert	Meiring
428	Russell	Spring
429	Michael	Webb

MEN 45 - 49

430	Bradley	Allison
431	Craig	Anders
432	Andrew	Botha
433	Eugene	Botha
434	Nick	Chapman
435	Abraham	Coetzee
436	Stephan	Coetzee
438	Hennie	De Beer
439	Owen	Dicks
441	Cobus	Fourie
442	Colin	Frye
443	Wayne	Galant
445	Daniel	Grobler
446	Nicholas	Hafner
447	Johan	Herselman
448	Andy	Iverson
449	Nicolaas	Janse Van Rensburg
450	Monro	Jansen
451	Jacobus	Leibbrandt
452	Smiley	Marais
453	Jade	Mardon
454	David	Mccallum
455	Gavin	Meistre
456	Arvind	Mittal
457	Kwezi	Mpuhlu
458	Jaco	Muller



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460	Michael	Price
461	Abdul	Rawoot
462	Paul	Reed
463	Markus	Reiss
464	Brandon	Schlimper
465	George	Smit
466	Oliver	Stegmaier
467	Alastair	Stewart
468	Christiaan	Strydom
469	David	Suarez
470	Raynard	Tissink
471	Marius	Van Der Merwe
472	Wikkie	Van Der Merwe
473	Barry	Van Der Merwe
474	Johannes	Van Der Wateren
475	Jacques	Van Loggerenberg
476	Henry	Van Niekerk
477	Craig	Ward
478	Rodney	Westgate
479	Niel	Weyers

FEMALE 55 - 59

480	Joanie	Coetzee
481	Linda	Potts
482	Tina	Van Wyk
483	Jolandé	Viljoen

MEN 50 - 54

484	Mark	Alderman
485	Shaun	Attenborough
486	Thomas	Barlow
487	Edward	Berry
488	Grant	Bezer
489	Gavin	Biggs
490	Derek	Bouwer
491	Roy	Brennon
492	Zunaid	Bulbulia
493	Trevor	Carolin
495	Zainodien	Cook
496	Clive	Dawkins
497	Andries	De Ridder
498	Tobias	Doerfler
499	Andre	Ellis
500	Craig	Goliath
501	Justin	Hand
502	JC	Heslinga
503	Alan	Hibbert
504	Johannes	Horn



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505	Kai	Kohler
506	Chris	Moody
507	Andrew	Moss
508	Jacobus	Myburgh
509	Craig	Mynhardt
510	Rhys	Naude
511	Peter	Neethling
512	Ashraf	Orrie
514	Wouter	Pentz
515	Kobie	Pruis
516	Bradley	Ryder
517	Craig	Sim
518	Jono	Skews
519	Russel	Smit
520	Marlon	Starr
521	Daniel	Steenkamp
522	Thomas	Stow
524	Johan	Van Biljon
526	Jacobus	Van Der Wateren
527	Wayne	Venter
528	Michael	Webb
529	Michael	Webster
530	Hein	Wessels

FEMALE 40 - 44

531	Louise	Axon
532	Adele	Beytell
533	Carika	Burton
535	Janine	Kallis
536	Monika	Kraushaar
537	Thania	Le Roux
538	Hannelie	Maré
539	Rohanda	Oosthuizen
540	Amanda	Pieterse
541	Corne	Ras
543	Thuthuka	Songelwa
544	Odette	Truter
545	Yolande	Van Heerden
546	Monica	Visser
548	Cindy	Williamson

FEMALE 60+

549	Althea	Bacchialoni

FEMALE 45 - 49

550	Carmen	Burger
551	Paddy	Cloete
552	Gertjie	De Beer



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553	Natachya	Du Toit
555	Lauren	Friedman
556	Lisa	Hen-Boisen
557	Annemarie	Kropman
558	Chantal	Nosworthy
559	Lizette	Odendaal
560	Antonette	Piek
561	Nicky	Puffett
562	Cavell	Steenkamp
563	Catherine	Sweetnam
564	Lara	Van Heerden
565	Lucy	Van Wezel
566	Nicolle	Weir
567	Marsha	Wessels

MALE 55 - 59

568	Clené	Van Wyk
569	Andrew	Barends
570	Paul	Bredell
571	Hannes	Burger
572	James	Cammell
573	Cornelius	De Ridder
574	Leon	Froneman
575	Peter	Gordon
576	Craig	Granville
578	Eric	Jarvie
579	Alan	Klette
580	Wayne	Mac Farlane
581	Paul	Miller
582	Cassim	Parak
583	Andre	Pruis
584	Carl	Schultz
585	Patrick	Seddon
586	Gary	Stephenson
587	Kobus	Van Wezel
588	Christopher	Vosloo
589	Gert	Wilkins
590	George	Winship
591	Gerbe	Zerwick

MEN 65 - 69

592	Guy Talbot	Nottingham
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