

Santa Barbara Friday Night Lights FOOTBALL SKILLS ACADEMY



READY FOR NIGHT #1

Friday, October 9th

Location: Pershing Park 100 Castillo Street. Santa Barbara

Drop Off / Check In: 5:15pm-5:45pm

Pick Up: 7:30pm-7:45pm

*Hello and thank you for signing up for the **FNL Football Skills Academy** taking place at **Pershing Park Friday, October 9th, 16th and 23rd**. We are excited to have the kids back on the field with Santa Barbara FNL! Here is some important information regarding our program and the protocols that are in place to keep everyone safe during the very fun night!*

The Football Academy must be a drop-off / pick-up event only. If your child is not comfortable with you leaving, we will have a small area off the field for parents to remain. If you plan to stay, please know that masks are **mandatory and social distancing is required**. Please understand that FNL is following *extremely strict guidelines* provided to us by city & state officials. **Our #1 priority is the health and safety of our kids, coaches and staff.**

Arrival/Check-In between 5:15pm-5:45pm

There will be a secure entrance/exit area that kids will arrive to. Parents are welcome to sign in their child but it is not necessary. NO player will be turned away and we will contact you if we have questions regarding your registration. Every player, coach, and FNL staff will have their temperature checked upon arrival. If your child has a temperature higher than 99.9, we will wait 10 minutes and then check again. If they have any fever, they will be asked to come back the following week. We will safely stay with your child until you arrive for pick up.

Restrooms are not available:

Due to COVID-19, no public restrooms are available.

Disinfectant & Hand Sanitizing Stations:

All players, coaches and staff will use our hand sanitizing station at the entrance and

when they exit the field. We are only using WHO-approved formula for 80% ethanol liquid hand sanitizer in accordance with the FDA's strict guidelines.

Small Pods of Players:

FNL will have only (1) adult coach for every 10-12 kids. This POD of players will stay together and participate all 3 nights.



Football Equipment:

Each POD will have their own sanitized equipment that will remain with their coach all 3 nights. All FNL equipment provided to our volunteer coaches will be brand new and will be completely sanitized before and after each night.

Field Activity:

The Skills Academy is designed so that there is no physical contact between our players and adults as required by the CDC. There will not be any games or flag pulling. Our kids will be going through different stations on the field that will focus on stretching, speed & agility drills, throwing, catching, running and full-field awareness. In typical FNL fashion, each station will be FUN for all the kids.

What to bring. What to wear.

Kids should wear their FNL Jersey (if they have one), athletic shorts and cleats are highly recommended. Mouth guards required and will be available at check-in for \$5.00. Players should bring their own water bottle with their name on it. A jacket/sweatshirt if needed.



FNL FOOTBALL SKILLS ACADEMY

Providing kids with a SAFE, fun evening of physical activity, friends and football!

SAFELY BACK ON THE FIELD!

VERY SAFE. SUPER FUN. FLAG FOOTBALL ACADEMY

Football Skills Academy
FAQ



KIDS ONLY!

Visit our
website

READY FOR FRIDAY NIGHT FNL!