

Forest Lake Girls' Basketball Records

Season/Career Records

Most Points/Season	Katie Alsdurf	520	96-01
Most Points/Career	Bailey Norby	1,934	09-14
Average Pts./Game	Jill Nelson	20.5	81-82
Most FG Made/Season	Michelle Sigstad	197	92-93
Best FG%/Season (87 Att.)	Anna Haines	57.5%	96-97
Most FT Made/Season	Logan Anderson	149	19-20
Most FT Attempt/Season	Bailey Norby	192	11-12
Most Rebounds/Season	Annie Berner	285	08-09
Most Rebounds/Career	Bailey Norby	904	09-14
Most Assists/Season	Jennifer Hesse	114	90-91
Most Assists/Career	Renee Frericks	370	01-06
Most Steals/Season	Sara Joesting	135	92-93
Most Steals/Career	Renee Frericks	312	01-06
Most Blocks/Season	Christina Odegard	104	03-04
Most Blocks/Career	Annie Berner	229	05-09
Best 3 Pt. %/Season	Greta Krieger (15-29)	51.7%	19-20

Singe Game Records

Most Points	Katie Alsdurf	40	00-01
Most FG Made	Jill Nelson	14	81-82
	Michelle Sigstad	14	92-92
	Katie Alsdurf	14	00-01
Most FG Att.	Paula Schrom	29	89-90
Best FG%	Deb Westrum (10-10)	100%	91-92
Most FT Made	Joyce Wistrill	15	80-81
	Logan Anderson	15	19-20
Most FT Att.	Joyce Wistrill	20	80-81
	Carrie Plantz (10-10)	100%	89-90
Best FT %	Bailey Norby (10-10)	100%	12-13
	Maddy Rice (10-10)	100%	16-17
	Logan Anderson (10-10)	100%	19-20
	Logan Anderson (15-15)	100%	19-20
	Logan Anderson (10-10)	100%	20-21 (twice)
Most Rebounds	Logan Anderson (12-12)	100%	20-21
	Robin Swenson	29	74-75
	Annie Berner	9	08-09
Most Blocks	Sara Joesting	11	92-93
Most Steals	Renee Frericks	11	01-02
Most Assists	Renee Frericks	11	05-06
	Katie Alsdurf	9	97-98
	Amy Nord	9	98-99

1,000 points scorers club

Bailey Norby	2014	1,934	Jill Nelson	1982	1,169
Katie Alsdurf	2001	1,804	Gina Lange	2009	1,166
Renee Frericks	2006	1,291	Logan Anderson	2021	1,124
Abigail Groeneweg	2019	1,236	Annie Berner	2009	1,024

State

2021 Participate

2019 Consolation Champs/5th place

2018 Participate

2001 Participate

1993 Participate

Conference

2001 Champions

Sections

2021 Champions

2001 Academic Award

2020 2nd place

2000 2nd place

2019 Champions

1993 Champions

2018 Champions

2014 2nd place

2013 2nd place

2007 2nd place

2006 Academic Champions

2002 Academic Award

2001 Champions

We're Loyal to you

We're loyal to you, Forest Lake.
To you we'll be true, Forest Lake.
We'll fight to the gun.
We are Rangers each one,
and we love the Maroon and Gold.
RAH! RAH! RAH!

We're fighting for you, Forest Lake.
We'll always be true, Forest Lake.
All hail to the Rangers bold.
Hail to the Maroon and Gold.
We're loyal to you, Forest Lake.
R-A-N-G-E-R-S
GO RANGERS!!!