

NFHS Girl's Lacrosse - Official's Arms Signals



**ALTERNATE  
POSSESSION**



**BLOCKING**



**CHECK TO THE HEAD**



**COVER**



**CROSSE INTO/  
THROUGH SPHERE**



**DANGEROUS FOLLOW THROUGH  
& DANGEROUS PROPELLING**



**DANGEROUS CONTACT**



**DANGEROUS PLAY**



**DANGEROUS SHOT  
ON GOALKEEPER**



**DETAINING**



**EARLY ENTRY ON DRAW**



**EMPTY CROSSE CHECK**



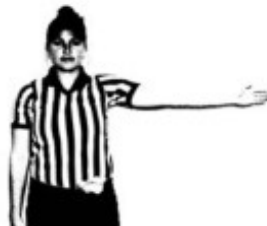
**FORCING THROUGH**



**GOAL**



**GOAL CIRCLE FOUL**



**HELD WHISTLE**



**HOLDING**



**ILLEGAL BALL OFF  
THE BODY**



**ILLEGAL CRADLE  
IN SPHERE**



**ILLEGAL DRAW**



**ILLEGAL PICK**



**ILLEGAL PROCEDURE/  
FASE START**



**ILLEGAL STICK TO BODY CONTACT**



**MISCONDUCT**



**NO GOAL**



**OBSTRUCTION OF  
FREE SPACE TO GOAL**



**OFFENSIVE FOUL**



**OFFSETTING FOULS**



**OFFSIDE**



**POSSESSION**



**PUSHING OR  
BODY CONTACT**



**REDRAW**



**ROUGH CHECK/  
ILLEGAL CHECK ON BODY**



**SLASH**



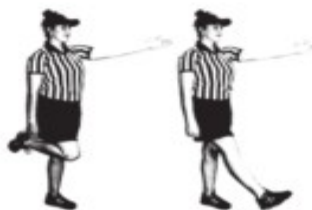
**THREE SECOND RULE**



**TIME IN**



**TIME OUT**



**TRIP**



**WARDING**



**10 SECOND GC  
COUNT**