

Newington Knights' COVID-19 Protocols

NOTE: These precautionary procedures are supplemental to the guidelines directed from the Shoreline Youth Football & Cheer Conference. These guidelines are subject to change and are to be implemented upon the start of practice, Monday, August 17, 2020.

Families are encouraged to check players' temperatures before attending practice/games. Family members and players must stay at home if experiencing any fever, flu-like symptoms, or loss of sensory taste. The CDC considers a person to have a fever when he or she has a measured temperature of 100.4°F (38°C) or higher.

- All football players and cheerleaders are required to wear a mask from the point of entry to the complex. Their mask will remain on until they are ready to take the field. Every player should bring a backpack to place a mask or other personal items they need to store.
- All football players and cheerleaders will maintain a six foot physical distancing from others until they are ready to take the field.
- During the first week of practice, parents will walk their child to the main entrance to check their child in. Per Shoreline guidelines, parents who are not fulfilling an official task necessary to help facilitate practice, will be asked to remain outside of the complex during the first week of practice (tentatively scheduled to begin Monday, August 17, 2020).
- After the first week of practice, only one parent/guardian is allowed into the facility to watch practice. Spectators must wear a mask if unable to maintain a six foot physical distancing from others who are not members of their immediate family. Spectators will also need to wear a mask if they are moving about the complex.
- All coaches and on-field volunteers will wear masks during practices.
- Check-in: Non-handicap parking spaces near the main entrance will be coned off to allow added space near the main entrance check-in area. Families in line to check-in must maintain a six-foot distance from other groups.
 - (a) Check-in staff will wear masks and take child's temperature. Any adult needing access to the facility will also be temperature checked.
 - (b) Once checked-in, the child will be instructed to report directly to his/her team's designated practice section on the field.
 - (c) Hand sanitizer will be available at the check-in table.
 - (d) If there is already a sizable line at the check-in area, parents are encouraged to wait in their vehicles with their children
- Water: Each player must bring their own water bottle and equipment. There will be no sharing of equipment or water. Water bottles should be clearly labeled and placed within the section of the field designated for a player's specific team.
- Squirt bottles and water jugs owned by the Knights program on the field are only to be handled by designated personnel.
 - (a) Designated personnel will use squirt bottles to apply moisture to an athletes head and neck during hot weather.
 - (b) During team water breaks, designated personnel will refill players' water bottles when necessary. Players will be asked to open the lid to their bottle prior to refill. Designated personnel servicing the water stations will wear gloves and masks. Gloves, hand sanitizer, and a trash receptacle will be available at each water station. Gloves will be discarded at the end of each team's water break.
- Practice: Players must leave the field right after the practice/game.

- Each team will have a designated predetermined area of the field on which to practice. Players should remain within their team's designated practice area. Each team and cheer squad should practice individually and apart from other teams/squads.
- Only coaches and designated adults are allowed to transport tackle dummies and bags to and from designated practice areas. Practice equipment, including footballs, must be disinfected before and after usage at the end of practice. Larger practice equipment will be disinfected using a sprayer. Before a team uses equipment already used by another squad during that specific practice, the equipment must be disinfected.
- Sanitizing of Facilities: At least once every 30 minutes that the facilities are used for practice or games, designated personnel will sanitize the bathrooms using a spray method. All door handles will be wiped down at least every 30 minutes.
- Only one child will be allowed into the bathroom at a time.

REMINDER: These protocols are in addition to rules that will be imposed by our Shoreline Conference.