

sections 10-24-2019 24/36 PR'D, 17 PRs from 2018, 15 career PRs - good conditions, 40F, slight breeze, partly sunny

Place	First Name	Last Name	Section	Average Mile	Mile 1	Mile 2	Mile 2-1	Mile 3.1	Adj 3 mile	Split Breakdown
1	Greta	Freed	20:21.9	06:32.9	06:22.0	13:09.0	06:47.0	07:12.9	06:30.0	F/S/F
2	Caitlin	Graves	21:20.6	06:51.8	06:35.0	13:38.0	07:03.0	07:42.6	06:56.8	F/S/M
3	Lydia	Bergerson	21:40.0	06:58.0	06:44.0	13:56.0	07:12.0	07:44.0	06:58.0	F/S/MF
4	Alexa	Hoyme	22:14.3	07:09.0	07:02.0	14:17.0	07:15.0	07:57.3	07:10.0	F/S/MF
5	Abby	Frei	22:21.9	07:11.5	07:03.0	14:18.0	07:15.0	08:03.9	07:15.9	F/M/M
6	Taylor	Adams	22:46.6	07:19.4	07:04.0	14:40.0	07:36.0	08:06.6	07:18.4	F/S/MF
7	Halle	Squires	23:10.7	07:27.2	07:23.0	15:03.0	07:40.0	08:07.7	07:19.4	F/S/F
8	Maddie	Thompson	23:20.8	07:30.4	07:22.0	15:07.0	07:45.0	08:13.8	07:24.9	F/S/F
9	Xan	Frei	23:21.8	07:30.7	07:24.0	15:04.0	07:40.0	08:17.8	07:28.5	F/S/F
11	Kaylee	Rauchwarter	23:29.6	07:33.2	07:05.0	14:50.0	07:45.0	08:39.6	07:48.1	F/M/S
10	Caroline	Soltis	23:32.6	07:34.2	07:21.0	15:09.0	07:48.0	08:23.6	07:33.7	F/S/MF
12	Phia	Haugen	23:58.4	07:42.5	08:02.0	15:53.0	07:51.0	08:05.4	07:17.3	M/MF/F
13	Samantha	Padnros	24:11.0	07:46.6	07:21.0	15:14.0	07:53.0	08:57.0	08:03.8	F/M/S
14	Holland	Tanner	24:16.5	07:48.3	07:51.0	16:10.0	08:19.0	08:06.5	07:18.3	F/S/F
16	Sophie	Gilbertson	24:24.4	07:50.9	07:39.0	15:43.0	08:04.0	08:41.4	07:49.7	F/M/M
15	Brandy	Sutter	24:45.5	07:57.7	08:03.0	15:52.0	07:49.0	08:53.5	08:00.6	M/MF/F
17	Livi	Hoelzle	24:50.7	07:59.3	08:02.0	15:56.0	07:54.0	08:54.7	08:01.7	M/MF/M
18	Olivia	Cox	24:51.2	07:59.5	07:47.0	16:00.0	08:13.0	08:51.2	07:58.6	F/S/MF
19	Kiera	Derr	24:56.8	08:01.3	07:47.0	16:01.0	08:14.0	08:55.8	08:02.7	F/S/MF
20	Annika	Kjer	25:00.9	08:02.6	07:57.0	16:11.0	08:14.0	08:49.9	07:57.4	F/S/F
21	Sydney	Kuester	25:03.4	08:03.4	07:57.0	16:11.0	08:14.0	08:52.4	07:59.6	F/S/F
22	Paige	Oenning	25:44.0	08:16.5	08:26.0	16:44.0	08:18.0	09:00.0	08:06.5	M/MF/F
23	Emma	Stanton	25:54.6	08:19.9	08:15.0	16:42.0	08:27.0	09:12.6	08:17.8	F/S/F
24	Ellie	Burns	26:11.4	08:25.3	08:05.0	16:46.0	08:41.0	09:25.4	08:29.4	F/S/MF
25	Ashleigh	Lueder	26:11.6	08:25.3	08:01.0	16:47.0	08:46.0	09:24.6	08:28.6	F/S/MF
26	Brea	Schad	27:48.7	08:56.6	08:31.0	17:44.0	09:13.0	10:04.7	09:04.8	F/S/M
27	Sophia	Marschall	28:02.3	09:00.9	08:23.0	17:51.0	09:28.0	10:11.3	09:10.7	F/S/M
28	Keira	Roth	28:17.8	09:05.9	08:39.0	18:05.0	09:26.0	10:12.8	09:12.1	F/S/M
29	Anna	Willman	29:08.2	09:22.1	09:13.0	18:52.0	09:39.0	10:16.2	09:15.1	F/S/F
30	Kaydence	Gilles	29:53.9	09:36.8	09:22.0	19:07.0	09:45.0	10:46.9	09:42.8	F/S/S
31	Suheyly	Sheikhibrahim*	31:28.1	10:07.1	09:30.0	20:02.0	10:32.0	11:26.1	10:18.1	F/S/M
32	Ellie	Willman	31:28.5	10:07.2	09:55.0	20:26.0	10:31.0	11:02.5	09:56.8	F/S/F
33	Gabby	Dokken*	31:55.8	10:16.0	09:47.0	20:26.0	10:39.0	11:29.8	10:21.4	F/S/M
34	Lizzie	Chadwick	32:50.0	10:33.4	09:16.0	20:15.0	10:59.0	12:35.0	11:20.2	F/M/S
35	Sahra	Jilaow	33:50.2	10:52.8	09:57.0	20:49.0	10:52.0	13:01.2	11:43.8	F/M/S
36	Elianna	Anderson	33:54.8	10:54.3	09:51.0	21:28.0	11:37.0	12:26.8	11:12.8	F/S/M