



UPDATED PGCBGC COVID-19 SAFETY PROCEDURES AND PROTOCOLS

In conjunction with Governor Hogan's "Maryland Strong: Roadmap to Recovery" and following the Center for Disease Control (CDC), State of Maryland, and Prince George's County guidelines, the Prince George's County Boys and Girls Club (PGCBGC) has developed a plan for recreational sporting events in public facilities.

The following are GUIDELINES for PGCBGC sports leagues and participants. It is the responsibility of all league participants to follow the recommendations below.

General Protocols: Participation in PGCBGC events is only allowed if you have had no signs or symptoms of COVID-19, and you have not been exposed to someone who has had signs or symptoms of COVID-19.

- We are encouraging staff and participants to self-screen/test prior to arrival at our events.
- If you are sick or feel sick, you should remain home.
- Participation in all PGCBGC leagues require a signed COVID-19 Waiver Form, which can be found on our website at (www.pgcbgc.com)
- **Masks are MANDATORY for all coaches, staff members, and volunteers working with children 16 and under.** PGCBGC **strongly recommends** mask/ face coverings on the sidelines, in benched areas, or when players are not engaged.

Note: CDC recommends masks for those who are not vaccinated or those that cannot maintain social distance.

- Social distancing should continue to be practiced when appropriate.
- A list of players, coaches and volunteers who attend each practice and game should be maintained for tracing purposes. This list will be requested by the PGCBGC and the Health Department/CDC in the event someone tests positive for COVID-19.
- No sharing of drink bottles or any personal equipment; No centralized hydration or refreshment areas.
- At the conclusion of each game, we are asking all players, coaches, and spectators to quickly exit the field to create space for the next teams scheduled to play.



2021 PGCBGC COVID-19 Game Policy

Tackle Football and Fall Soccer:

- PGCBGC will implement risk assessment strategies, and openly communicate with all participants in the event of any suspected/confirmed exposures of COVID-19.
- All PGCBGC teams will be required to communicate all suspected/confirmed COVID-19 cases to **PGCBGC COVID-19 Notification** (COVID-19@pgcbgc.com) within **24 hours** of occurrence/notice.
- Any PGCBGC COVID-19-related game postponements can be rescheduled up to **Week 6** of the regular season.

COVID-19 postponed games **will only be played on Tuesdays and Thursdays.**

- After **Week 6** of the regular season, PGCBGC games that cannot be played on its originally scheduled date due to COVID-19 **WILL NOT** be rescheduled and a forfeiture will be indicated by a loss assigned to the ineligible team and applied to the division standings.
- Any team deemed ineligible due to COVID-19 will be placed in a *suspended* state, and not eligible for competition until said team has completed the appropriate CDC mandatory quarantine period (see image of CDC quarantine timelines- 7 days with testing on day 5 or later of exposure and a negative result; 10-14 days without testing), and/or can provide minimum roster of COVID-19 **NEGATIVE** players for competition.
- Teams with a minimum number of “eligible” players (**i.e., enough to field a team***) will be considered available for PGCBGC competitions.
 - Player Eligibility:
 - Appropriately rostered with PGCBGC.
 - Players with a Negative COVID-19 status.

***Minimum number of eligible players to field a team is determined by sport and at the discretion of the PGCBGC Executive Director.**

Please note that PGCBGC has the authority to enforce forfeitures, cancellations, suspensions and/or deny all players, teams, organizations participation due to failure to comply with these guidelines.

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| Exposure date (Day 0) |
| Day 5 (earliest test date) |
| Day 7 (last day of quarantine if negative test on or after Day 5) |
| Day 10 (last day of quarantine without testing) |
| Day 14 (last day of quarantine if exposed individual cannot comply with other recommendations or if otherwise required to quarantine for 14 days) |

