

TRAVELING MEETING

2025 Summer Season



Agenda



- About LFSA
- Board Introduction
- Volunteer Policy
- Youth First
- 2025 Season Overview
- League & Practices
- Equipment

- Player Rotation
- Tournaments
- Fundraising
- Traveling Coaches
- Team Managers
- Looking Ahead
- Conduct Guidelines





About LFSA



Lakeville Fastpitch Softball Association (LFSA) is a non-profit organization whose purpose is to offer supervised, recreational, and competitive fastpitch softball programs for the youth of Lakeville in order to instill in them the principles of sportsmanship, honesty, loyalty, courage, and respect. LFSA offers two softball programs: In-House and Traveling.





About LFSA





IN-HOUSE

Our In-House program is designed to provide a quality softball experience for younger players ages 4 to 8. It teaches the fundamentals of the game to build a foundation for future levels. Players are taught basic softball skills, sportsmanship, and team play. From 6U (Tee-ball) to 8U (machine pitch), our young athletes will have fun playing softball!



About LFSA





TRAVELING

The Traveling program is designed to provide a quality, competitive fastpitch softball experience to players ages 7-16. This league is intended for players who are motivated and interested in playing at the next level. Traveling teams will compete against other local and regional teams of similar skills and commitment.



Board Members



STEVE	NICK	HEIDI	
Schumacher	Borsdorf	Hebert	
President	Vice President	Secretary	
RICHIE Brodsky	MARY Klein	AMANDA Gage-Didier In-House Director	
SHARON	CRAIG		
Raasch	Dose	Gunderson	
Communications Director	Development Director	Fields & Maintenance Directo	
DAVE	SUE	SABRINA	
Gindorff	Boxrud	MacFarlane	
Equipment Director	Fundraising & Events Director	Concessions Director	
NICOLE	JENN	KRISTY	
Sederski-Vadnais	Bernard	Kloos	
Tournament Director	Uniforms & Apparel Director	Member-at-Large	





Board





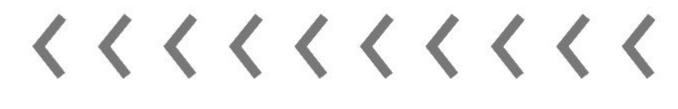
With the help of the LFSA Board and player families, we are able to provide the youth fastpitch softball players in our community with the best experience possible. Our 15-member board of directors holds monthly meetings which are open to the public. See our calendar of events for details.

Interested in becoming a board member? Please reach out to a current member for more information.





LFSA has a volunteer policy to help strengthen the organization and increase participation. The policy is per family. If you have multiple players in LFSA, you must fulfill the volunteer hours required for your oldest player. Volunteers must be 16 years of age or older. Traveling families must fulfill 9 volunteer hours.





More information at: lakevillefastpitch.org/volunteers







Families are required to complete your volunteer requirement. If the volunteer requirement is not met, you will be invoiced for \$500 and a hold will be placed on your account barring registration & team placement. Once payment is made, the hold will be lifted, and players will regain eligibility for team placement.



WE NEED YOUR TIME NOT YOUR MONEY!!







Volunteer opportunities include field preparation, tournaments, and other events determined by LFSA. All shifts will be posted in the online volunteer system (Dibs) on the LFSA website and notification of new shifts will be sent via e-mail. There will be a sign-in sheet at each event to ensure your hours are recorded.

Hours:

- Traveling: 6 hours with a max of 9 hours for a family
- In-House: 3 hours with max of 6 hours for a family

- Example: If you have a daughter in Travel and In-House, it's maximum number of 9 hours
- If you have a 3 daughters- 2 in Travel and 1 In-House, you will do a max of 9 hours.



Volunteer Requirements:

- Once you commit to a shift, it's your responsibility to cover it.
- Cancellations are allowed if made at least 7 days before your shift.
- Only shifts tracked on Dibs will count toward the requirement.
- Plan to arrive 10 minutes before your shift starts.
- If a friend/neighbor is completing a shift on your behalf have them send you a picture of the sign-in for your records.
- 12 & Older only allowed to work the cash register
- Must be 16 years of age to sign up for a DIBS shift
- 1 kid/adult permitted in the concession stand





LFSA is excited to partner with:



We put Youth 1st by promoting an atmosphere in communities where children have the opportunity to participate in programs that encourage them to be active, build relationships and develop into the best version of themselves.

Much less of a priority than simply having a chance to play.

- Parents (40%)
- Coaches (30%)
- Fans (19%)

MORE FUN

- TRYING YOUR BEST
- WHEN COACH TREATS PLAYER WITH RESPECT
- **GETTING PLAYING TIME**
- PLAYING WELL TOGETHER AS A TEAM
- **GETTING ALONG WITH YOUR TEAMMATES**
- **EXERCISING AND BEING ACTIVE**

LESS FUN

WINNING

- PLAYING IN TOURNAMENTS
- PRACTICING WITH SPECIALTY TRAINERS AND COACHES
- **EARNING MEDALS OR TROPHIES**
- TRAVELING TO NEW PLACES TO PLAY
- **GETTING PICTURES TAKEN**



Youth Sports Done Right #play4fun2025





REMEMBER: IT'S ABOUTTHE KIDS

I WILL:

KEED MY COMPETITIVE ENERGY IN CHECK

AND ALWAYS: TREAT OFFICIALS & OPPONENTS WITH RESPECT











youth1stalliance.com







Season Overview

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Important Dates

- Tri County 14U League: May 22 July 8
- Tri County 12U League: April 30 June 18
- Tri County 10U League: May 1 June 17
- Metro Area 8U League: April 30 June 25
- LFSA Spring Fundraiser: April 12 12-4pm
- LFSA at the Saints Game: April 24
- Saints Spotlight Game: May 1
- Lakeville Classic: May 10 11
- Lakeville Grand Slam: June 27 29

- 8U State June 28 29
- 10U/12U Qualifiers June 28 29
- 10U/12U State July 12 13
- · 14U/HS Qualifiers July 19 20
- 14U/HS States July 26 27
- Monsta Championships 8U/10U July 24 27
- Monsta Championships 12U/14U July 31 Aug 3
- NAFA 8U/10U/12U Nationals July 17 20
- NAFA 14U Nationals July 24 -27





League Info



The Tri-County League is affiliated with Minnesota Softball, a subset of USA Softball. The league schedules games between member associations along with hosting a State Qualifier and the largest State Tournament in Minnesota. In 2024, the Tri County league has over 320 teams participating between the 10U-16U levels and Minnesota Softball has 124 teams competing at the 8U level.





League Info



League games are held throughout the Twin Cities Metro and into parts of Wisconsin. Games consist of double headers for 10U and 12U with start times at 6:00 and 7:00 pm. Practice start/end times are at the discretion of the coach. Home fields include Aronson Park, Kenwood Trail, Kensington Park and the North & South High Schools.

LEAGUE GAMES & PRACTICE SCHEDULE

- 8U Monday practice and Wednesday games.
- 10U Tuesday and Thursday.
- 12U Monday and Wednesday.
- 14U- Tuesday and Thursday.





League Info

Rostering on MN Softball

 Parent/Guardian creates and account utilizing the email used for LFSA registration.

From the Dashboard

- Parent/Guardian creates a dependent account within their profile.
- Parent/Guardian accepts roster invite from MN Softball.
- Parent/Guardian has the option to upload birth certificate to validate playing age.
 - One time upload and is good for athletes entire MN Softball playing career.

 If Parent/Guardian opts out of uploading, a copy of the birth certificate must be always available during tournament play along with a photo. We advise to give to team manager.



Tournaments	Games	Roster	Staff
15-3/1/3/10-1/25		.,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	

Roster

	Name	Location	Roster Age
<u> </u>	<u>#18 —</u>	Lakeville, MN	10
N/A	<u>#15 —</u>	Lakeville , MN	10
N/A	<u>#25 —</u>	Lakeville, MN	10
N/A	#2—	Lakeville, MN	10



Equipment



Players are required to attend games with the required uniform including cleats, fielder's mask, glove and batting helmet with face mask. Players are required to attend practices in appropriate attire as deemed by the coaching staff. Failure to obtain and use the required equipment may result in loss of playing time.

LFSA can provide helmets, bats and catcher's gear upon request. Any borrowed equipment must be returned at the end of the season. Players should report any damaged or unsafe equipment immediately.







Equipment

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EQUIPMENT LIST

- Defensive facemask
- Fastpitch glove
- Softball bat (USA/ASA)
- Cleats (non-metal for 8U-12U)
- Black softball pants
- Carolina blue socks & belt
- Helmet with mask & chinstrap (black preferred)
- Optional: Bat bag, catchers gear, batting gloves







Playing Time



During regular season league games, players will play approximately equal time. Players will be given the opportunity to play different infield and outfield positions. During tournaments and post season games, players will play approximately equal time, but they will play positions that help the team be most competitive. All players will sit out their fair share of time. Teams will bat the entire roster, unless the DP/Flex rule is in play.

Playing time can be affected by missing practices or games, poor sportsmanship or displaying a poor attitude.

Help Coaches out by RSVP'ing on the the SE app!





Playing Time



Softball is a TEAM sport. Good outfielders are just as important to the team as good infielders and developing skills in both areas is beneficial for the players.

If players or parents have concerns regarding playing time, please contact the head coach. Concerns about playing time will not be addressed during games or practices, please use the 24-hour rule. Communication between the head coach, parents, and players is important to overall team success. Any concerns not addressed by the head coach should be brought to the Traveling Director in a timely manner.

Kevin Eastman - College and NBA coach <a href="https://www.instagram.com/reel/DGdlhWpOcDv/?igsh=MW9tNjQwMTZsbzkxbw=="https://www.instagram.com/reel/DGdlhWpOcDv/?igsh=MW9tNjQwMTZsbzkxbw=="https://www.instagram.com/reel/DGdlhWpOcDv/?igsh=MW9tNjQwMTZsbzkxbw=="https://www.instagram.com/reel/DGdlhWpOcDv/?igsh=MW9tNjQwMTZsbzkxbw=="https://www.instagram.com/reel/DGdlhWpOcDv/?igsh=MW9tNjQwMTZsbzkxbw=="https://www.instagram.com/reel/DGdlhWpOcDv/?igsh=MW9tNjQwMTZsbzkxbw=="https://www.instagram.com/reel/DGdlhWpOcDv/?igsh=MW9tNjQwMTZsbzkxbw=="https://www.instagram.com/reel/DGdlhWpOcDv/?igsh=MW9tNjQwMTZsbzkxbw=="https://www.instagram.com/reel/DGdlhWpOcDv/?igsh=MW9tNjQwMTZsbzkxbw=="https://www.instagram.com/reel/DGdlhWpOcDv/?igsh=MW9tNjQwMTZsbzkxbw=="https://www.instagram.com/reel/DGdlhWpOcDv/?igsh=MW9tNjQwMTZsbzkxbw=="https://www.instagram.com/reel/DGdlhWpOcDv/?igsh=MW9tNjQwMTZsbzkxbw=="https://www.instagram.com/reel/DGdlhWpOcDv/?igsh=MW9tNjQwMTZsbzkxbw=="https://www.instagram.com/reel/DGdlhWpOcDv/?igsh=MW9tNjQwMTZsbzkxbw=="https://www.instagram.com/reel/DGdlhWpOcDv/?igsh=MW9tNjQwMTZsbzkxbw=="https://www.instagram.com/reel/DGdlhWpOcDv/?igsh=MW9tNjQwMTZsbzkxbw=="https://www.instagram.com/reel/DGdlhWpOcDv/?igsh=MW9tNjQwMTZsbzkxbw=="https://www.instagram.com/reel/DGdlhWpOcDv/?igsh=MW9tNjQwMTZsbzkxbw=="https://www.instagram.com/reel/DGdlhWpOcDv/?igsh=MW9tNjQwMTZsbzkxbw=="https://www.instagram.com/reel/DGdlhwpOcDv/?igsh="https://www.instagram.com/reel/DGdlhwpOcDv/?igsh="https://www.instagram.com/reel/DGdlhwpOcDv/?igsh="https://www.instagram.com/reel/DGdlhwpocDv/?igsh="https://www.instagram.com/reel/DGdlhwpocDv/?igsh="https://www.instagram.com/reel/DGdlhwpocDv/?igsh="https://www.instagram.com/reel/DGdlhwpocDv/?igsh="https://www.instagram.com/reel/DGdlhwpocDv/?igsh="https://www.instagram.com/reel/DGdlhwpocDv/?igsh="https://www.instagram.com/reel/DGdlhwpocDv/?igsh="https://www.instagram.com/reel/DGdlhwpocDv/?igsh="https://www.instagram.com/reel/DGdlhwpocDv/?igsh="https://www.instagram.com/reel/DGdlhwpocDv/?igsh="https://www.instagr





Player Rotation



During **regular season league games**, the following rotation rules should be followed. The development of our players is important to building a strong program.

- 8U players should rotate through all positions during the season.
- 10U players should rotate 4-5 positions during the season.
- 12U players should rotate 2-3 positions during the season.
- 14U, 16U & 18U players earn their positions.
- Players will not sit more than 1 inning in a row, unless due to disciplinary action, injury or unforeseen circumstances.
- A player can play most of the game in one position.





Player Rotation



During tournaments and post season games, coaches should play to win these games and put players in positions that help the team be most competitive.

Coaches will submit their rotation charts for all regular season league games and tournaments to the Traveling Director on a weekly basis.





Tournaments

All traveling teams will participate in tournaments. Tournaments are based on coach's selection. Your tournament schedule will be provided at the start of the season.

- For 10U and older, expect to participate in 4-5 tournaments: including 3 local tournaments, a qualifier and state tournament.
- 8U plays 2 local tournaments, state, and Nationals if qualified.

Teams may join additional tournaments at their expense.



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Tournaments

During the season, teams will compete to earn National Tournament berths. If a team earns a National Tournament berth during the summer season, LFSA will pay the registration and gate fees for one tournament, up to \$650. Additional expenses including pins, gift bags, and travel are the responsibility of the team.

These highly-competitive tournaments provide a fun experience for the players!



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Registration fees cover the majority, but not all costs associated with operating the LFSA programs. In order to keep registration fees affordable, fundraising and sponsors may be solicited to help cover additional program costs. These funds may be used towards field improvements and maintenance, equipment, facility rental, player development, coaching clinics, tournament registration fees, concession and storage buildings, offseason development, umpire fees, etc.

Member participation is key to the success of these events!







HOSTED TOURNAMENTS

One of the largest fundraisers for the LFSA program is our hosted tournaments. Two major tournaments are hosted in the summer; Lakeville Classic in May and Lakeville Summer Grand Slam in June. We may also apply to host additional tournaments including State Qualifiers, State Tournaments and Nationals Tournaments.









LAKEVILLE CLASSIC

Early season tournament with great attendance!

Tournament Dates: May 10-11, 2025

Location: Aronson Park, Lakeville, MN

Levels of Play: 10U A, B & C / 12U A, B & C

SUMMER GRAND SLAM

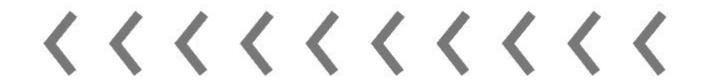
Major tournament in MN with over 70 teams expected!

Tournament Dates: June 27-29, 2025

Locations: Aronson Park, Lakeville North & South

Level of Play: A & B (12U, 14U, 16U, 18U)





Heggies Pizza Sales

The girls did a great job with the pizza sale this year and hopefully you have been able to get them all out to your customers if you participated!

Restaurant Giveback nights

We are working with local restaurants where on a designated night LFSA will get a percentage of the revenue for everyone that comes in on behalf of LFSA that night. More to come on these

Hinkemeyers

LFSA has partnered with Hinkemeyer's Holiday décor. For every order Hinkemeyer's receive they donate to LFSA.

Spring Fundraiser

LFSA hosts a spring fundraiser with a silent auction items, a raffle, 50/50 and FUN!





When: Saturday, April 12th 12-4pm

Where: Lakeville Links

Open to all 21+ LFSA Families, Friends & Supporters

\$10 : Soda Ticket

\$20 : Beer Bash Ticket

\$120: 4 Hours of Golf + 2 Person Scramble Entry

This will be a fun event with:

- Silent Auction: Baskets full of goodies to bid on
- Raffle: Purchase Raffle Tickets for Local Gift Cards

- 50/50: Straight Cash Homie 50% of it.
- FREE BEER from our keg & Free Soda!







Here is what we have raised for 2024/2025

Heggie's Pizza	\$4,455(2025)
Local Sponsorships/Donations	\$2,500 (2024)
Lakeville Classic/Grand Slam	\$52,400 (2024)
Fall Classic	\$3,250 (2024)
Lakeville Brewing Night	Coming in September
Hinkemeyer (Holiday Greenery)	\$862 (2024) / \$1528 (2025)
Swing FORE the Fence	\$5675 (2025)

Thanks to all that volunteered or donated we could not have done it without you!







LFSA Night Out with the Saints - 4-24-2025

Grab your tickets and show up early because LFSA gets to play around on the field with your own St. Paul Saints!

LFSA Spotlight Game - 5-1-2025

Come on down to Aronson to watch our 12U Lightning Teams take on Apple Valley at 6pm and 7pm on Field 4. Concessions will be open and the Saints will bring their announcers, personalities and more to add to the fun!

Pan-O-Prag Grand Parade - 7-12-2025 (usually an event, but not this year due to 10U/12U State)

Player Celebration - 7-14-2025

Held this year on July 14 (Monday) at the Antler's Park Pavillion, this is a potluck dinner. We take a moment after the season (for most) to celebrate the girls and all of their accomplishments during the season.





Expenses

- <u>League Fees</u> This year the league fee for Tri-County was \$300 per 8U team and \$650 per team 10U and older. For 2024 it was \$7,400
- Umpire Costs With the current shortage every sport is seeing in officials, prices continue to increase annually.
- Field Usage Fees Fields for practices and tournaments. \$4,500 (2023).
- <u>Tournament Fees</u> LFSA covers tournament fees for our traveling teams. This year LFSA covered \$15,250 in tournament fees
- Concession supplies Food and supplies. \$22,000 last season
- <u>Field prep supplies</u> chalk, quick dry, gas for the Kubotas, and tools. \$6,500 (2023).
- Uniforms Coach, Fall Ball, and In-House shirts. \$12,700 last year.
- <u>Gear</u> Softballs, catcher gear, training supplies. \$12,700 last year.

- Offseason Training Space and instructors. \$36,000 this year.
- Offseason Team Building \$1,000 per traveling team

Other projects LFSA has funded - \$25,000 donated to City of Lakeville in FY2024 • New scoreboards on fields 1-4 at Aronson (2018)

- Irrigation installed on fields 5-8 at Aronson (2019)
- New storage garage (2020)
 Replace backstop and install dugouts on field 9 (2021)
 New JoBoxes for In-House (2023)
 New pavilion between fields 6,7, and 8 (2024)

- Irrigation installed on fields 1-4 & 9 at Aronson (2024)





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Coaches

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The traveling program strives to provide the highest level of coaching for its teams. Parent or non-parent candidates are encouraged to apply for coaching positions. LFSA provides mandatory clinics for all coaches. As well as additional resources to ensure the best experience.

- Background Check ALL head and assistant coaches.
- Concussion Awareness ALL head and assistant coaches.
- Safe Sport Training ALL head and assistant coaches.
- ACE Training Head coaches only.

Interested in becoming a coach?
Reach out to Craig@lakevillefastpitch.org







Team Managers



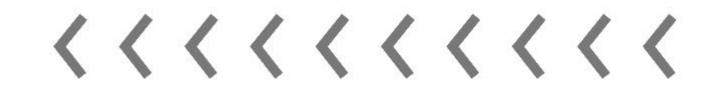
Team Managers play an important role in our Association. Good communication and organizational skills are essential to the role. This role is responsible for a variety of team activities as directed by the coach. There is a guide on our website intended to help provide resources and ideas for new Team Managers.

Visit <u>lakevillefastpitch.org/team-managers</u> to learn more.





Looking Ahead: Travel Evaluations



In 2023 LFSA changed the timing of player evaluations to the fall. We will continue hosting evaluations this fall for the 2026 season.

There are a few reasons for this change

- The girls are at their peak performance after playing throughout summer and fall.
- This gives teams a chance to come together over the winter and build cohesiveness as a team by doing some team building activities.
- Provides team specific off-season development opportunities.

We understand that many of our girls are multi-sport athletes, and we encourage and support them in their other interests. Participation of all off-season activities are optional. More information will be released closer to the tryout dates which will be slated for the early October.

Stay tuned...





Looking Ahead: Travel Evaluations



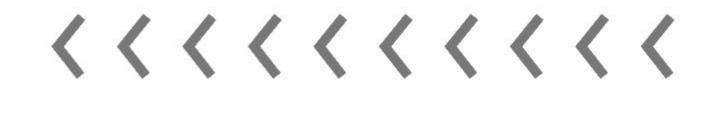
8U Evaluations:

- LFSA <u>STRONGLY</u> encourages players to play at their age level and any request to "Play Up" is subject to Player Evaluation Scores <u>and</u> Board Approval.
- If there is a desire to "Play Up"
 - Player will be required to participate in the 10U & Up evaluations in October
 - Player will be required to pay the <u>non-refundable</u> evaluation fee regardless of team placement
 - If player doesn't make the 10U team, they can still go to the FREE 8U Evaluation.
- 8U Evaluations will continue to be held separately in February 2026
- * This review of our process was brought forward through parent requests and questions as we shifted into our new evaluation format.





In-Season and Off-Season Training



LFSA is committed to the ongoing development of our athletes. We offer several training opportunities through our in-season and off-season clinics. Partnering with Strike Zone Sports, here are some of the clinics we offer...

- In-Season: Total skills camp in August led by Strike Zone Sports. LFSA also provide access to 8-weeks of pitching and catching clinics in June & August through Strike Zone Sports at KTMS.
- Off-Season: Pitching, Catching, Hitting, and Defense were offered and held at The Cages, North Dome, & Strike Zone Sports. All clinics were led by instructors from Strike Zone Sports.
- Team Budgets: This past winter teams were provided a team budget that could be utilized for team bonding or development. The majority of teams took advantage of the opportunity through team outings, winter dome tournaments, and additional training space.



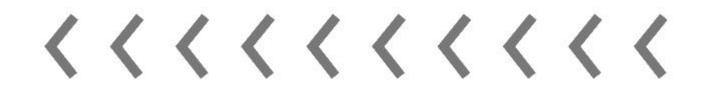




Parent, Player, & Coaches Commitment to Conduct

Parents

- I will demonstrate a positive attitude toward coaches, game officials, players and other parents on the team.
- I will treat our opponents (players, coaches and parents) with respect.
- I will address ANY concerns regarding game or practice participation with the coach first.
- I will address all concerns regarding officiating and fair play with the team's coaches only.
- I will respect the game officials and refrain from addressing them or commenting on their decisions during the play of the game.
- I will maintain control my emotions, avoiding the use of abusive language or profanity, humiliating remarks, or gestures of ill temper.
- I will make every effort to assist my child in attending practices and games on time.
- I will demand a sports environment that is free of drugs, tobacco, and alcohol, and will refrain from their use at all youth sports events.
- I understand there may be consequences if my player is tardy or misses practices or games and it may result in her not being able to play in a game.
- I understand that there is a volunteer commitment or associated fee if my volunteer commitment isn't met during the year.
- I will help my player understand the values needed in a successful team sport. Among them are the following:
 - Unselfishness
 - Fair play and sportsmanship
 - Sense of team play
 - Emotional support of teammates
 - Positive attitude
 - o Respect for coaches and officials



Players:

- I will be coachable.
- I will listen to my coach's direction and comments willingly and make every effort to improve myself.
- I will be, first and foremost, a team player dedicated to a spirit of oneness and helping others feel a sense of belonging.
- I will be a positive role model for younger players.
- I will practice with the same effort and determination as in a game.
- I will realize that practice requires hard work and sweat. I will be on time to all practices and games.
- I understand there may be consequences to being tardy or missing practices or games and may result in me not being able to play in a game.
- I will arrange my schedule so it does not interfere with practices and games.
- I will treat players, coaches, fans and officials with respect regardless of race, sex, age or ability.
- I will demand a sports environment that is free of drugs, tobacco, and alcohol.
- I will accept my coach's decisions as final.
- If I disagree with my coach, I will talk with him/her away from the field and with respect.
- I will respect the game officials and refrain from addressing them or commenting on their decisions during the play of the game.
- I will maintain control of my emotions, avoiding the use of abusive language or profanity, humiliating remarks, gestures of ill temper, and physical assault.
- I will believe in myself and will play with confidence.
- I will not let the fear of failure hold me back or dwell on my mistakes.
- I will have fun!





Behavior Expectations < < < < < < < < <

As a program, we have been fortunate to not have many problems, but IF there is an instance where a coach or family member is kicked out of a game due to behavior, that family member will be required to fulfill additional DIBS hours with LFSA Board PRIOR to coming to cheer on their child







Let's Play Ball!



We are looking forward to a great season ahead! Let's play ball!

QUESTIONS?
Please direct questions to:

Mary Klein

Traveling Director mary@lakevillefastpitch.org



