

# RMU Island Sports Center

## COVID-19

### Safety Protocols and Procedures

October 7, 2020 Update



Robert Morris University, in accordance with guidelines and recommendations from respected experts in the health field such as UPMC, the Centers for Disease Control and Prevention (CDC), Governor Wolf’s Process to Reopen Pennsylvania plan, the Allegheny County Health Department, and in the recreational sports field such as Ice Sports Industry, USA Hockey, and US Figure Skating, has developed protocols and procedures for the Robert Morris University Island Sports Center (ISC). These protocols and procedures are designed to provide a recreational and training complex to guests, athletes, and the ISC staff that is safe by minimizing exposure to the risk of contracting or spreading COVID-19. They will be continually updated as new information and data is introduced and will be in place until further notice. These protocols and procedures will be in addition to any specific ISC programming, activity, league, or services protocols and procedures. We take the health of our customers, students, and staff very seriously. We will continue to follow, utilize, and adhere to instructions, guidance, and orders provided by our health agencies.

**Warning:** An inherent risk of exposure to COVID-19 exists in any public location where people are present; we cannot guarantee you will not be exposed during your visit. COVID-19 is an extremely contagious disease that can lead to severe illness and death, and people who show no symptoms can spread COVID-19 if they are infected. According to the CDC, older adults and people of any age who have serious underlying medical conditions might be at higher risk for severe illness from COVID-19. Visit the CDC website for the latest guidance. By visiting the RMU Island Sports Center you voluntarily assume all risks related to exposure to COVID-19.

**Attention:** RMU management reserves the right to remove patrons if not compliant with facility requirements.

## **Customer/Participant Safety Guidelines, Policies, and Procedures**

### **Before Arriving**

- Do not visit the Island Sports Center and please stay home if anyone in your family has any COVID-19 symptoms, or if they are not feeling well, or if you or your family member have been exposed to someone who tested positive for COVID-19.
- Please stay home if you have a weakened immune system or you are living with someone who is considered vulnerable.
- The Allegheny County Health Department recommends that people take precautions while traveling and quarantine for 14 days after returning.
- We require that all guests practice social distancing by staying at least 6 feet away from other people not in your group while in the facility and on the premises.
- The Governor's and health department's orders require all patrons to wear masks while on the premises. Exempted are those who have a medical condition that precludes them from wearing a mask (including children under the age of 2 years per CDC guidance).

### **Parents/Guardians - Indoor & Outdoor Facilities**

- Parents/guardians should refrain from entering the indoor and outdoor facilities. Players should be dropped off and picked up whenever possible.
- If necessary, only one parent/guardian per child may enter the facility and remain, but must wear a mask at all times and practice 6 feet social distancing. Additional non-skating siblings should not enter the facility. However, if a sibling must attend, **the child must wear a mask, stay with the parent at all times**, and social distance from others in the facility.

- Parents should arrive no more than 10-15 minutes prior to their child's activity start time, proceed directly to the designated/applicable area, and remain in that area as much as possible.
- Parents shall not enter a locker/changing room nor surrounding hallways unless necessary to help their young child with skates and helmet before and after activity. It is strongly encouraged and advised that the child learn as soon as possible how to tie and untie his/her skates and secure their helmet.
- Nonessential visitors and spectators are not permitted to enter the facility. Family or friends are not permitted in the facility.
- Parents/guardians are not to congregate inside or outside the facility without practicing 6 feet social distancing.
- Parents are not to congregate before or after activities. Please leave immediately after the activity is over.
- Parents and spectators are encouraged to watch their child or acquaintance on the **LiveBarn** streaming service (use ISC sign-up code: **df08-72b8**).

#### **Players & Coaches - Indoor & Outdoor Facilities**

- Coaches and athletes must wear face coverings in the facility - indoor and outdoor - which includes entering and exiting the facility.
- Coaches who are on the bench or on the playing surface must wear masks.
- Athletes are required to wear masks while changing into or out of equipment. They are not required to wear masks when actively engaged in workouts and competition that prevent the wearing of them, and where doing so jeopardizes their health.
- Players wearing a hockey helmet do not need to wear a mask while migrating between locker room/changing area and the playing surface.
- Players should arrive no more than 15 minutes prior to their activity start time. They are to proceed directly to their designated/applicable area and remain in that area as much as possible.
- Do not congregate before and after activities. Leave immediately after the activity is over.
- Although some of our locker/changing rooms are open, we ask that players arrive fully or partially dressed in gear, including skates, if possible. Due to reduced occupancy limits in these locker and changing rooms, additional chairs and benches are placed throughout the facility to also use.
- Locker and changing room occupancy limits are posted outside of each room. Masks must be worn while in the room, and **locker room doors must remain open at all times**.
- Locker room bathrooms and showers are not available.

- Please leave equipment bags at home or use a much smaller bag to carry only a few items, such as helmet, skates, and gloves.

### **Practices, Scrimmages & Games - Indoor & Outdoor Rinks**

- **Practices**
  - Teams are allowed to have full rostered practices as well as shared practices with other teams.
  - Teams are encouraged to enter and exit through separate doors or stagger going on and off the rink.
- **Scrimmages & Games**
  - Scrimmages and games are allowed under the following protocols:
    - Teams must enter and exit the playing surface through separate doors or stagger going on and off the rink.
    - Players must arrive fully or partially dressed in their hockey gear, including skates, if possible.
    - Due to reduced occupancy limits in the locker/changing rooms, some players will need to finish getting dressed and undressed using the additional chairs and benches in the hallways.
    - Teams are not to engage in the traditional pre or post game handshake line.
  - Referees must wear a mask everywhere in the facility, including the locker room and surrounding hallways, but not while on the playing surface.
  - Team managers and game personnel (medic, scorekeeper, PA announcer, penalty box attendants, etc.) must keep masks on at all times while inside the facility.
  - Parents/guardians who need to attend – no more than one per player – must sit or stand in the respective seating section of their child’s team. They must wear a mask and social distance from others.
  - It is the hosting organization’s responsibility to inform its members of the ISC’s policies and procedures, and to enforce them.
  - It is the home team’s responsibility to inform the visiting team of ISC’s policies and procedures, and to enforce them.
  - High school and amateur hockey leagues, such as the PIHL, PAHL and PIRHL, may impose stricter or different policies for their games. Any policies they implement will have been approved by ISC management.
- **All the safety guidelines and procedures are applicable to Youth and Adult Hockey.**

## **Other Info**

- Some ISC programs may have limits and other policies and procedures that slightly differ and are designed more specific to each program. Always refer to and abide by the specific details of the program or activity you are registering for.
- We do not loan equipment out.
- We do not maintain a Lost & Found. All found articles are thrown away.
- The pro shop is open for purchases.
- Follow all posted signage.

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