



Hockey Club  
Est. 1979

2015 Section 1A Championship and State Consolation Champions  
2014 Section 1A Champions and 3rd place 2014 Class A State Tournament

## **TROJAN TRAINING PROGRAM 2019**

Chris Lonke and New Prague Trojans Boys' High School Hockey Coaching Staff along with guest coaches is once again pleased to be offering the Trojan Training Program (TTP) for the summer of 2019.

Camp will run the weeks of *June 10th, June 17th*. **Camp is off the weeks of June 24th and July 1st!**  
Camp is back on for the weeks of *July 8th, 15th and 22nd*.

The Trojan Training Program (TTP) will be 5 weeks with Ice and dryland each week. Camp will meet every *Monday, Tuesday and Thursday*.

**Please read dryland note below!**

**Dryland will be Tuesdays and Thursdays at NPACC.**

**Mondays is ICE ONLY-NO DRYLAND**

**TTP will be divided into 2 sessions. All ICE sessions will be held at Dakotah Ice Rink in Prior Lake.  
The base schedule is below.**

### **Session Groups:**

Session 1-Mites and Squirts/U10- **Dryland on Tuesdays and Thursdays from 10-11am, Ice @11:45am**

Session 2-Pee Wee/U12 and Bantams- **Dryland on Tuesdays and Thursdays from 11-Noon, Ice @1pm**

\*The Dryland and Ice schedule is the same every week of camp!

**Session 1:** ice is always at **11:45am** and **Session 2:** ice is always at **1pm**

TTP will focus on all aspects of a players skill set: Skating and Quickness, Stick Skills, Competitive situations all over the ice and Physical Development of a Hockey Body and overall Athleticism. We will have specialized goalie training with our guest coaching staff as well!

We look forward to seeing your son or daughter on the ice with us and working to continue our winning tradition!!

**CLINIC COST: \$335- 30+ hours of professional training**

**Goaltenders: \$150**

**Two Player Families: \$550**

***\*call Coach Lonke if you have more than 2 players or other scenarios***

**CAMP IS NEVER ALL OR NOTHING! IF YOUR PLAYER CAN ONLY MAKE 2, 3 OR 4 WEEKS WORK OR CERTAIN DAYS, PLEASE CONTACT COACH LONKE TO WORK OUT DETAILS.**

Contact Coach Lonke with questions- 612-859-6852 or [clonke@gmail.com](mailto:clonke@gmail.com)

Send registration along with payment to:

Chris Lonke  
15370 Danville Avenue  
Rosemount, MN 55068

**Please register by May 1st if possible or indicate intent**

Player Name \_\_\_\_\_ 2019-2020 Level \_\_\_\_\_

Clinic (please circle)      Full Clinic- \$335                      Goalie- \$150

Phone \_\_\_\_\_                      Emergency Contact # \_\_\_\_\_

Parent/Guardian(s) \_\_\_\_\_                      Birthdate \_\_\_\_\_

Medical Insurance Provider \_\_\_\_\_                      Policy # \_\_\_\_\_

**2019 Trojan Training TTP**

**In consideration of the acceptance of (player's name)**

\_\_\_\_\_

**As a player in New Prague Hockey TTP, the applicant agrees that New Prague TTP Hockey and/or their staff, coaches, or employees will not be held responsible for any accidents or loss of personal property, however caused, and agrees to release the New Prague TTP from all claims for damages which may arise as a result of such accidents or loss. It is further agreed that all risks attendant to watching and/or participating in the New Prague TTP are assumed by the students and his or hers parents and/or guardians. This assumption is acknowledged, approved by their signature hereto. We have read the foregoing, and have explained its meaning to our player, and agree to the terms and conditions stated. We, the parents and/or guardians of the above applicant, give our consent to his participation in the New Prague TTP and understand that as a condition of enrollment, I am responsible for providing any medical expense incurred.**

**Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_**

